

NCHSAA Men's Wrestling Individual Championships

GREENSBORO – The North Carolina High School Athletic Association hosted the 2026 Men's Individual Wrestling Championships on Friday and Saturday at the First Horizon Coliseum. The 2025-2026 season is the first year that Men's Wrestling competed in seven classifications. The Team Champions, Most Outstanding Wrestlers and the full results are listed below.

Team Champions

1A/2A Men's Champion: Robbinsville (118.5 points)

1A2A Men's Runner-Up: Rosewood (113 points)

3A Men's Champion: Trinity (156.5 points)

3A Men's Runner-Up: Mount Airy (104.5 points)

4A Men's Champion: Pisgah (108.5 points)

4A Men's Runner-Up: R-S Central (86.5 points)

5A Men's Champion: Enka (83 points)

5A Men's Runner-Up: Seaforth (61 points)

6A Men's Champion: Union Pines (161 points)

6A Men's Runner-Up: White Oak (86.5 points)

7A Men's Champion: Lumberton (95 points)

7A Men's Runner-Up: Mooresville (73 points)

8A Men's Champion: William Amos Hough (128 points)

8A Men's Runner-Up: Northwest Guilford (101.5 points)

Most Outstanding Wrestlers

1A/2A: Adair Panama, Robbinsville (120)

3A: Ayden Sumners, Wheatmore (126)

4A: Lorenzo Alston, Uwharrie Charter (175)

5A: Miller Mentee, Currituck (132)

6A: Elijah Oakley, Piedmont (150)

7A: Tye Johnson, Cape Fear (138)

8A: Jekai Sedgwick, Hoke County (120)

Three wrestlers won their fourth state championship on Saturday night.

Bentley Sly, Stuart Cramer (150)

Lorenzo Alston, Uwharrie Charter (175)

Cael Dunn, South Davidson (215)

They represent the 15th, 16th, and 17th wrestlers in the history of the NCHSAA wrestling championships to win a state championship in all four years of their high school career.