

NCHSAA 4A Central Track & Field Regional

High Point Athletic Complex

Saturday, May 9, 2026

Girls 100 Meter Dash Finals

Place	Athlete	Yr	Team	Mark	Heat
1	Valerie Gainey	10	T.W. Andrews	11.84	1
2	Mariah Hoy	10	T.W. Andrews	12.05	1
3	Shekiya Woodruff	11	Salisbury	12.44	1
4	Keira Rooney	12	Lake Norman Charter	12.67	1
5	Rhylea Maness	12	Southwestern Randolph	12.90	1
6	Taliyah Freeman	10	Salisbury	13.12	1
7	Kiersten Litell	11	Southwestern Randolph	13.13	1
8	Kaliyah Pollard	11	Mount Pleasant	13.37	1

Girls 100 Meter Dash Prelims

Place	Athlete	Yr	Team	Mark	Heat
1	Valerie Gainey	10	T.W. Andrews	12.09	2
2	Mariah Hoy	10	T.W. Andrews	12.12	1
3	Shekiya Woodruff	11	Salisbury	12.59	1
4	Keira Rooney	12	Lake Norman Charter	12.65	2
5	Rhylea Maness	12	Southwestern Randolph	12.81	2
6	Kiersten Litell	11	Southwestern Randolph	12.86	2
7	Kaliyah Pollard	11	Mount Pleasant	12.92	2
8	Taliyah Freeman	10	Salisbury	12.92	1
9	Londyn Hairston	9	Morehead	13.10	1
10	Reagan Butcher	10	Ledford	13.14	1
11	Kemora Turner-Williams	11	T.W. Andrews	13.22	1
12	Angel Cason	10	Anson	13.35	1
13	Taliah Wall	10	Anson	13.38	2
14	Alaysia Caraway	12	Anson	13.43	1

Girls 200 Meter Dash Finals

Place	Athlete	Yr	Team	Mark	Heat
1	Valerie Gainey	10	T.W. Andrews	24.85	2
2	Shekiya Woodruff	11	Salisbury	25.81	2
3	Mariah Hoy	10	T.W. Andrews	26.18	2
4	Keira Rooney	12	Lake Norman Charter	26.62	2
5	Chloe Burton	10	Lake Norman Charter	27.25	1
6	Taliyah Freeman	10	Salisbury	27.29	2
7	Londyn Hairston	9	Morehead	27.61	2
8	Rhylea Maness	12	Southwestern Randolph	27.89	1
9	Essence Davis	11	Anson	28.22	2
10	Kiersten Litell	11	Southwestern Randolph	28.42	1
11	Reagan Butcher	10	Ledford	29.13	1
12	Taliah Wall	10	Anson	30.62	1
13	Angel Cason	10	Anson	30.95	1
14	Abrianna Miller	11	T.W. Andrews	31.50	2

Girls 400 Meter Dash Finals

Place	Athlete	Yr	Team	Mark	Heat
1	Essence Davis	11	Anson	1:01.16	2
2	Victoria Shushlyakova	11	West Stanly	1:02.77	2
3	Emma Zimmerman	9	West Stokes	1:02.93	2
4	Kita Torrence	11	Lexington	1:03.11	2
5	Aaralyn Pollay	11	West Stokes	1:03.63	2
6	Jackson Re	12	Uwharrie Charter Academy	1:07.34	1
7	Ferah DeVoe	10	Lake Norman Charter	1:07.80	1
8	Layla Corbitt	9	T.W. Andrews	1:09.35	2
9	Hope Bostian	9	South Rowan	1:09.46	2
10	Reagan Maiden	12	Mount Pleasant	1:09.74	1
11	Angela Boileau	10	Salisbury	1:10.42	1
12	Sydney Dockery	11	Lake Norman Charter	1:11.17	1
13	Ana Anaya	10	West Stanly	1:13.52	1

Girls 800 Meter Run Finals

Place	Athlete	Yr	Team	Mark	Heat
1	Mary Caroline Williams	11	Lake Norman Charter	2:29.63	1
2	Chloe Shiffert	10	West Stokes	2:29.97	1
3	Abby Maxwell	11	West Stokes	2:30.28	1
4	Daianah Racziu	12	Lake Norman Charter	2:31.85	1
5	Makenna Barham	10	South Rowan	2:32.15	1
6	Abby Ausborn	12	West Stokes	2:37.56	1
7	Caroline Bahr	10	Lake Norman Charter	2:47.82	1
8	Karrigan Cromer	9	South Rowan	2:52.37	1
9	Nevaeh Little	9	Carver	3:20.59	1

Girls 1600 Meter Run Finals

Place	Athlete	Yr	Team	Mark	Heat
1	Aimery Coffey	10	Lake Norman Charter	5:12.51	1
2	Ryley Bowles	12	West Stokes	5:26.70	1
3	Piper Mathis	10	West Stokes	5:28.84	1
4	Emma Nelson	10	Lake Norman Charter	5:34.05	1
5	Mikayla Freeland	11	Lake Norman Charter	5:39.49	1
6	Millie McGee	12	West Stokes	5:49.42	1
7	Katie Mayes	9	Central Academy of Tech	5:50.99	1
8	Grace Krafchek	9	Central Academy of Tech	5:55.10	1
9	Lorelei King	10	West Stanly	6:15.90	1
10	Julia Palmer	11	Central Academy of Tech	6:18.76	1
11	Heidi Neff	11	Forbush	6:21.23	1
12	Sophia Leonard	9	Ledford	6:24.28	1
13	Kaylee Snellings	12	West Stanly	6:24.85	1
14	Reagan Henley	9	Randleman	7:15.72	1

Girls 3200 Meter Run Finals

Place	Athlete	Yr	Team	Mark	Heat
1	Aimery Coffey	10	Lake Norman Charter	11:32.92	1
2	Madalynn Gullede	12	South Rowan	12:04.07	1
3	Rachel Bower	11	Central Davidson	12:05.33	1
4	Piper Mathis	10	West Stokes	12:18.23	1
5	Mikayla Freeland	11	Lake Norman Charter	12:23.52	1
6	Ryley Bowles	12	West Stokes	12:39.29	1
7	Megan Freeland	10	Lake Norman Charter	13:01.96	1
8	Millie McGee	12	West Stokes	13:06.46	1
9	Jessica Floyd	9	Central Davidson	13:51.56	1
10	Lexie Morton	9	West Stanly	14:14.77	1
11	Claire Hargett	12	Uwharrie Charter Academy	16:35.81	1

Girls 100 Meter Hurdles Finals

Place	Athlete	Yr	Team	Mark	Heat
1	Sa'rai Bivens	11	T.W. Andrews	15.38	1
2	Molly Mayes	12	Central Academy of Tech	15.69	1
3	Taliyah Freeman	10	Salisbury	15.74	1
4	Joselyn Boyd	12	T.W. Andrews	15.94	1
5	Keynai Ambers	12	Salisbury	16.06	1
6	Kyah Davis	10	Anson	16.08	1
7	Kayla Lee	11	Carver	16.55	1
8	Kate Champion	11	Lake Norman Charter	17.09	1

Girls 100 Meter Hurdles Prelims

Place	Athlete	Yr	Team	Mark	Heat
1	Keynai Ambers	12	Salisbury	15.53	1
2	Joselyn Boyd	12	T.W. Andrews	15.56	2
3	Taliyah Freeman	10	Salisbury	16.02	1
4	Kate Champion	11	Lake Norman Charter	16.24	2
5	Kyah Davis	10	Anson	16.58	1

6 Sa'rai Bivens	11	T.W. Andrews	16.62	2
7 Molly Mayes	12	Central Academy of Tech	17.11	2
8 Kayla Lee	11	Carver	17.14	1
9 Chloe Dailey	10	Mount Pleasant	18.18	1
10 Karniela Tshibangu	9	Lexington	18.61	2
11 Karel Chenuna	10	West Stanly	18.87	1
12 Addisun Eckard	9	Forbush	18.88	2
13 Zion Douglas	11	Ledford	19.31	1
14 Alivia Garner	12	Ledford	19.36	1
15 Kaydence Moore	10	West Stokes	19.37	2
16 Mia Parker	9	Forbush	19.50	2

Girls 300 Meter Hurdles Finals

<u>Place</u>	<u>Athlete</u>	<u>Yr</u>	<u>Team</u>	<u>Mark</u>	<u>Heat</u>
1	Kate Champion	11	Lake Norman Charter	47.35	2
2	Kyah Davis	10	Anson	48.24	2
3	Sa'rai Bivens	11	T.W. Andrews	48.28	2
4	Molly Mayes	12	Central Academy of Tech	48.42	2
5	Kemora Turner-Williams	11	T.W. Andrews	51.38	2
6	Mia Parker	9	Forbush	51.91	2
7	Chloe Dailey	10	Mount Pleasant	52.47	1
8	Joselyn Boyd	12	T.W. Andrews	52.68	2
9	Kiersten Litell	11	Southwestern Randolph	54.72	2
10	Kylasia Clark	11	Carver	55.19	1
11	Angela Boileau	10	Salisbury	57.57	1
12	Kayla Lee	11	Carver	57.60	1
13	De Asia Wilson	10	Carver	1:03.91	1

Girls 4x100 Meter Relay Finals

<u>Place</u>	<u>Yr</u>	<u>Team</u>	<u>Mark</u>	<u>Heat</u>
1		T.W. Andrews	49.77	2
2		Lake Norman Charter	50.60	2
3		Anson	51.09	2
4		Lexington	51.31	2
5		Salisbury	51.76	2
6		Mount Pleasant	53.39	1
7		Southwestern Randolph	53.52	2
8		West Stanly	53.72	1
9		Reidsville	53.73	1
10		Ledford	54.90	1
11		Morehead	55.06	2
12		Carver	55.26	2
13		Central Davidson	55.60	1
14		West Stokes	55.96	1

Girls 4x200 Meter Relay Finals

<u>Place</u>	<u>Yr Team</u>	<u>Mark</u>	<u>Heat</u>
1	T.W. Andrews	1:42.91	2
2	Anson	1:48.50	2
3	Lexington	1:50.75	2
4	West Stokes	1:51.95	2
5	Ledford	1:53.46	2
6	Lake Norman Charter	1:54.16	2
7	Reidsville	1:54.23	2
8	Mount Pleasant	1:56.44	1
9	Carver	1:56.77	1
10	South Rowan	1:57.05	2
11	West Stanly	1:57.52	1
12	Morehead	1:58.15	1
13	Central Davidson	1:59.75	1

Girls 4x400 Meter Relay Finals

<u>Place</u>	<u>Yr Team</u>	<u>Mark</u>	<u>Heat</u>
1	West Stokes	4:16.34	2
2	Lake Norman Charter	4:16.49	2
3	Lexington	4:31.99	2
4	Central Academy of Tech	4:33.52	2
5	Ledford	4:40.30	2
6	South Rowan	4:40.96	2
7	Mount Pleasant	4:43.76	2
8	West Stanly	4:52.21	2
9	Forbush	4:59.89	1

Girls 4x800 Meter Relay Finals

<u>Place</u>	<u>Yr Team</u>	<u>Mark</u>	<u>Heat</u>
1	West Stokes	9:44.88	1
2	Lake Norman Charter	9:46.27	1
3	West Stanly	10:39.74	1
4	South Rowan	10:56.51	1
5	Forbush	11:16.20	1
6	Central Davidson	11:25.40	1
7	Mount Pleasant	11:59.80	1
8	Uwharrie Charter Academy	13:10.28	1

Girls High Jump Finals

<u>Place</u>	<u>Athlete</u>	<u>Yr Team</u>	<u>Mark</u>	<u>Heat</u>
1	Ajah Carr	11 West Stanly	5-2	1
2	Olivia White	9 Morehead	5-0	1
3	Izzy Smith	11 Ledford	4-10	1
4	Jamilah Ausborne	11 Lexington	4-10	1
5	Camille Siscoe	9 South Rowan	4-8	1
6	Aubrie Lovett	12 Central Davidson	4-8	1
7	Joselyn Boyd	12 T.W. Andrews	4-4	1
8	Kayleigh Draughn	11 South Rowan	4-4	1

Girls Long Jump Finals

<u>Place</u>	<u>Athlete</u>	<u>Yr</u>	<u>Team</u>	<u>Mark</u>	<u>Heat</u>
1	Kayden Leggett	11	Lake Norman Charter	17-6.5	1
2	Kaliyah Pollard	11	Mount Pleasant	16-3.5	1
3	Alaysia Caraway	12	Anson	16-0	1
4	A'Noah Henderson	11	Lexington	15-9.25	1
5	Olivia White	9	Morehead	15-6.25	1
6	Izzy Smith	11	Ledford	15-4.75	1
7	Janiyah Brooks	11	Randleman	15-3.5	1
8	Trinity Sellers	12	Anson	15-3.25	1
9	Zaarah Nayab	11	Lake Norman Charter	14-10	1
10	Georgia Moffitt	11	West Stanly	14-9	1
11	De Asia Wilson	10	Carver	14-8.75	1
12	Bella Paz Mendoza	9	Morehead	14-7	1
13	Nicole Madden	11	Lake Norman Charter	14-6.25	1
14	Layla Corbitt	9	T.W. Andrews	14-5.5	1

Girls Triple Jump Finals

<u>Place</u>	<u>Athlete</u>	<u>Yr</u>	<u>Team</u>	<u>Mark</u>	<u>Heat</u>
1	Kyah Davis	10	Anson	35-4	1
2	Kayden Leggett	11	Lake Norman Charter	33-10	1
3	Janiyah Brooks	11	Randleman	32-9.75	1
4	Georgia Moffitt	11	West Stanly	32-3.75	1
5	Trinity Sellers	12	Anson	32-1.25	1
6	Chloe Dailey	10	Mount Pleasant	31-3	1
7	Alaysia Caraway	12	Anson	31-2.25	1
8	Bella Paz Mendoza	9	Morehead	30-0.75	1
9	Kylee Kelly	12	Lake Norman Charter	29-1.5	1
10	Olivia White	9	Morehead	29-1	1
11	Abrianna Miller	11	T.W. Andrews	29-0	1
12	Joanna Bernard	12	Lake Norman Charter	28-9.75	1
13	Chasity Duttry	10	South Rowan	28-4	1
14	Alex Fusaro	10	Mount Pleasant	26-10	1

Girls Pole Vault Finals

<u>Place</u>	<u>Athlete</u>	<u>Yr</u>	<u>Team</u>	<u>Mark</u>	<u>Heat</u>
1	Addisun Eckard	9	Forbush	9-0	1
2	Abby Ausborn	12	West Stokes	8-0	1
3	Ana Brown	12	Forbush	8-0	1
4	Millie McGee	12	West Stokes	7-6	1
5	Caroline Molesa	9	West Stokes	7-0	1
6	Emilee Everhart	10	Central Davidson	6-0	1

Girls Discus Finals

<u>Place</u>	<u>Athlete</u>	<u>Yr</u>	<u>Team</u>	<u>Mark</u>	<u>Heat</u>
1	Leah Grace Whitt	11	West Stokes	110-7	1
2	Brennan Thomas	11	Uwharrie Charter Academy	98-2	1
3	Ellie Schell	10	West Stokes	90-10	1
4	Aliyah Abernathy	12	Morehead	89-7	1
5	Nevaeh Herold	10	Forbush	88-5	1
6	Kensley Thomas	9	Mount Pleasant	85-0	1
7	Anna Nickless	9	West Stokes	84-4	1
8	Jah Henry	10	Southwestern Randolph	80-10	1
9	Mayle Willard	11	Forbush	76-6	1
10	Weston McCraw	12	North Surry	75-9	1
11	Carika McNair	9	Anson	75-4	1
12	Mia Parker	9	Forbush	73-9	1
13	Zoe Dailey	9	Mount Pleasant	68-8	1
14	Londyn Faulk	12	Lake Norman Charter	58-11	1

Girls Shot Put Finals

<u>Place</u>	<u>Athlete</u>	<u>Yr</u>	<u>Team</u>	<u>Mark</u>	<u>Heat</u>
1	Brennan Thomas	11	Uwharrie Charter Academy	33-3	1
2	Aliyah Abernathy	12	Morehead	33-1	1
3	Alexis Vaughn	12	Randleman	32-8.25	1
4	Taylor Hopper	10	Morehead	31-3	1
5	Weston McCraw	12	North Surry	29-6.75	1
6	Leah Grace Whitt	11	West Stokes	29-3	1
7	Nevaeh Herold	10	Forbush	28-9	1
8	Carika McNair	9	Anson	28-8.5	1
9	Kensley Thomas	9	Mount Pleasant	28-4.25	1
10	Ariel Wall	12	Anson	27-8.75	1
11	Elaina Lattimore	9	Lexington	27-1.5	1
12	Taniyah Bradley	11	Carver	27-1.5	1
13	Peyton Cameron	9	North Surry	26-10	1
14	Paige Howard	11	Central Davidson	26-8.75	1
15	Zoey Henderson	9	Lexington	25-9.5	1
16	Savannah Allred	9	Mount Pleasant	24-3	1