

Four Rivers Conference Track & Field Meet  
Northwood Host  
Thursday, March 19, 2026

Women - Team Rankings - 18 Events Scored

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1) Northwood	145
2) Jordan-Matthews	80
3) Eastern Randolph High	67
4) Research Triangle	38
5) Chatham Charter High	37
6) Hawbridge School	28
7) Grace Christian Academy	12

Men - Team Rankings - 18 Events Scored

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1) Northwood	229
2) Jordan-Matthews	84
3) Eastern Randolph High	71
4) Chatham Charter High	48
5) Research Triangle	28
6) Grace Christian Academy	19
7) Hawbridge School	14

## Women 100 Meter Dash

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Name Yr	School	Finals	H#
1 Palmer, Synai	Northwood	13.61	1
2 Baldwin, Saniya	Northwood	13.80	1
3 Walden, Aaliyah	Chatham Charter	13.83	1
4 Alston, Lizzie	Jordan-Matthews	14.29	1
5 White, Saniya	Jordan-Matthews	14.53	1
6 Suggs, Emma	Chatham Charter	15.18	4
7 Teixeira, Reagan	Grace Christian	15.21	1
8 Banana, Selah	Grace Christian	15.82	3
9 Lee, Sanai	Northwood	15.95	3
10 Graves, Anice	Eastern Randolph	16.35	3
11 Brooks, Peyton	Eastern Randolph	16.91	2
12 Crommarty, Keeana	Northwood x	17.03	4
13 Martin, Makayla	Jordan-Matthews	17.66	2
14 McNeill, Michayla	Jordan-Matthews x	18.09	2
15 Kid, Lucy	Chatham Charter	18.16	3
16 Hedgepath, Zana	Jordan-Matthews x	18.29	2
17 Monroe, Jasmine	Northwood x	18.84	2

## Women 200 Meter Dash

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Name Yr	School	Finals	H#
1 Donohue, Augusta	Hawbridge School	29.03	1
2 Walden, Aaliyah	Chatham Charter	29.72	1
3 Palmer, Synai	Northwood	30.13	1
4 Dispennette, Athena	Jordan-Matthews	30.72	3
5 Brooks, Peyton	Eastern Randolph	30.76	2
6 Baldwin, Saniya	Northwood	30.97	1
7 Alston, Lizzie	Jordan-Matthews	31.88	1
8 Suggs, Emma	Chatham Charter	32.11	3
9 Steele, Olivia	Chatham Charter	33.03	2
10 Thompson, Leanna	Hawbridge School	33.33	2
11 Hedgepath, Zana	Jordan-Matthews	33.55	2
12 Graves, Anice	Eastern Randolph	33.69	3
13 McNeill, Michayla	Jordan-Matthews x	33.95	2
14 Striblin, Lanaya	Eastern Randolph	35.39	2
15 Shaw, Selena	Grace Christian	37.53	3
16 Kid, Lucy	Chatham Charter x	40.30	3
17 Lyons, Janiah	Northwood	41.22	4

### Women 400 Meter Dash

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Name Yr	School	Finals	H#
1 Dispennette, Athena	Jordan-Matthews	1:04.85	1
2 Donohue, Augusta	Hawbridge School	1:05.18	1
3 Brooks, Peyton	Eastern Randolph	1:14.41	2
4 Zawada, Ava	Northwood	1:14.58	1
5 Thompson, Leanna	Hawbridge School	1:18.45	1
6 Reyes, Mia	Jordan-Matthews	1:22.46	1
7 Striblin, Lanaya	Eastern Randolph	1:22.92	2
8 Shaw, Selena	Grace Christian	1:29.27	2

### Women 800 Meter Run

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Name Yr	School	Finals
1 Douglas, Caroline	Research Triangle	2:49.55
2 Lee, Olivia	Research Triangle	2:53.46
3 Vickrey, Addison	Chatham Charter	3:04.38
4 Lynch, Riley	Hawbridge School	3:06.25
5 Lozano, Madelaine	Jordan-Matthews	3:23.78

### Women 1600 Meter Run

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Name Yr	School	Finals
1 Wagner, Evie	Research Triangle	6:12.19
2 Vickrey, Addison	Chatham Charter	7:10.47
3 Perry, Ashley	Northwood	7:13.74
4 Lugo, Emma	Grace Christian	7:16.19
5 Ghitta, Gabby	Northwood	7:21.02
6 Lozano, Madelaine	Jordan-Matthews	7:23.22
7 Reyes, Mia	Jordan-Matthews	7:45.79
8 Ventura, Ashley Herrera	Jordan-Matthews	9:06.86

### Women 3200 Meter Run

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Name Yr	School	Finals
1 Gray, Sydney	Northwood	12:20.67
2 Lugo, Emma	Grace Christian	16:44.04

### Women 100 Meter Hurdles

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Name Yr	School	Finals
1 Woods, Khamya	Jordan-Matthews	18.58
2 Perry, Taylor	Northwood	19.77
3 Zawada, Ava	Northwood	20.91
4 Becker, Evelyn	Northwood	21.67
5 Harrison, Lelyn	Northwood x	21.84

### Women 300 Meter Hurdles

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Name Yr	School	Finals
1 Dispennette, Athena	Jordan-Matthews	55.25
2 Woods, Khamya	Jordan-Matthews	55.80
3 Perry, Taylor	Northwood	56.79
4 Harrison, Lelyn	Northwood	1:00.23
5 Becker, Evelyn	Northwood	1:00.60
6 Zawada, Ava	Northwood x	1:01.53

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### Women 4x100 Meter Relay

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School	Finals
1 Jordan-Matthews 'A'	55.55
2 Northwood 'A'	58.36
3 Northwood 'B' x	1:05.67

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### Women 4x200 Meter Relay

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School	Finals
1 Northwood 'A'	2:09.65
2 Northwood 'B' x	2:17.92

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### Women 4x800 Meter Relay

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School	Finals
1 Research Triangle 'A'	11:37.50
2 Northwood 'A'	12:05.11

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### Women High Jump

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Name Yr	School	Finals
1 Davis, Roxanne	Eastern Randolph	5-04.00
2 Craven, Callie	Eastern Randolph	4-06.00

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### Women Pole Vault

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Name Yr	School	Finals
1 Waldstein, Chloe	Northwood	7-06.00

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## Women Long Jump

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Name Yr	School	Finals
1 Alston, Lizzie	Jordan-Matthews	14-08.50
2 Craven, Callie	Eastern Randolph	12-09.50
3 Becker, Evelyn	Northwood	12-06.75
4 Thompson, Leanna	Hawbridge School	12-06.00
5 Brooks, Peyton	Eastern Randolph	12-03.00
6 Striblin, Lanaya	Eastern Randolph	11-03.00
7 Sheef, Remus	Chatham Charter	10-03.00
8 Steele, Olivia	Chatham Charter	10-01.25
9 Graves, Anice	Eastern Randolph x	9-04.75

## Women Triple Jump

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Name Yr	School	Finals
1 Craven, Callie	Eastern Randolph	28-00.00

## Women Shot Put

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Name Yr	School	Finals
1 Corea, Mirianna	Eastern Randolph	36-11.50
2 Everson, Jada	Northwood	26-05.75
3 Monroe, Jasmine	Northwood	18-08.00
4 Webster, Eleanor	Northwood	18-00.75
5 Jones, Ada	Northwood x	17-06.75
6 Martin, Makenzie	Jordan-Matthews	17-03.00
7 Monroe, Jade	Northwood x	16-09.50
8 Farris, Nylah	Jordan-Matthews	16-06.00
9 Jones, Sa'Mya	Jordan-Matthews	15-02.50
10 Wright, Armani	Jordan-Matthews x	14-06.50
11 Nava, Zuri	Jordan-Matthews x	13-08.00

## Women Discus Throw

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Name Yr	School	Finals
1 Corea, Mirianna	Eastern Randolph	115-09
2 Everson, Jada	Northwood	94-05
3 Sheef, Remus	Chatham Charter	66-08
4 Scott, Jada	Jordan-Matthews	57-00
5 Steele, Olivia	Chatham Charter	48-11
6 White, Janiyah	Jordan-Matthews	43-10
7 Kid, Lucy	Chatham Charter	42-07
8 Madrid, Litzy	Jordan-Matthews	34-04
9 Hernandez, Betsy	Jordan-Matthews x	31-05
10 Farris, Nylah	Jordan-Matthews x	30-00

## Men 100 Meter Dash

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Name Yr	School	Finals	H#
1 Revelle, Caden	Eastern Randolph	11.99	1
2 Walker, Justin (Kobe)	Eastern Randolph	11.99	1
3 Hayhurst, Isaac	Chatham Charter	12.01	1
4 Sanchez, Juan	Northwood	12.06	3
5 Girard, Aiden	Northwood	12.08	2
6 White, Jermaine	Jordan-Matthews	12.14	1
7 Wager-Jatta, Kymani	Chatham Charter	12.28	1
8 Fisher, Jayden	Jordan-Matthews	12.29	4
9 Ferguson, Jaden	Grace Christian	12.31	2
10 Little, Geral	Eastern Randolph	12.39	1
11 Brown, Isaiah	Eastern Randolph x	12.40	4
12 Davis, Elijah	Research Triangle	12.46	2
13 Torain, Micah	Grace Christian	12.56	2
14 Burgess, John	Eastern Randolph x	12.62	2
15 Young, Zahiem	Northwood	12.70	3
16 Cavaroc, Evan	Northwood x	12.75	6
17 Lee, Kiyen	Jordan-Matthews	12.80	4
18 Price, Henry	Hawbridge School	12.88	3
19 Schmidt, Michael	Research Triangle	12.96	3
20 Terry, Reed	Research Triangle	12.99	2
21 Knight, Braydon	Grace Christian	13.09	3
22 Alston, Jeremiah	Jordan-Matthews x	13.27	6
23 Markatos, Leonidas	Research Triangle x	13.49	5
24 Cox, Lawson	Eastern Randolph x	13.52	3
25 Ukochovwera, Bradley	Northwood x	13.80	4
26 Wilson, Cooper	Hawbridge School	13.89	5
27 Edwards, Gage	Jordan-Matthews x	14.41	5
28 Sutton, Jaylynn	Chatham Charter	16.51	6

## Men 200 Meter Dash

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Name Yr	School	Finals	H#
1 Revelle, Caden	Eastern Randolph	24.09	1
2 Hearn, Owen	Northwood	24.45	1
3 Girard, Aiden	Northwood	24.81	1
4 Hayhurst, Isaac	Chatham Charter	24.97	1
5 Victorino, Matthew	Jordan-Matthews	25.26	3
6 Eshelman, Ryder	Northwood	25.28	2
7 Burgess, John	Eastern Randolph	25.36	2
8 Lazarek, Tyler	Chatham Charter	25.39	1
9 Fisher, Jayden	Jordan-Matthews	25.55	4
10 Cavaroc, Evan	Northwood x	25.88	3
11 Lee, Kiyen	Jordan-Matthews	26.76	4
12 Price, Henry	Hawbridge School	26.78	2
13 White, Jermaine	Jordan-Matthews x	26.92	1

14 Lopez, Dylan	Eastern Randolph	27.39	3
15 Knight, Braydon	Grace Christian	27.60	2
16 Ukochovvera, Bradley	Northwood x	28.30	5
17 Alston, Jeremiah	Jordan-Matthews x	29.48	4
17 Brown, Isaiah	Eastern Randolph x	29.48	4
19 Cruz, Isaias	Eastern Randolph x	29.68	4
20 Brinson, Levon H	awbridge School	29.91	3

#### Men 400 Meter Dash

Name Yr	School	Finals	H#
1 Moore, Tequone	Northwood	52.73	1
2 Sanchez, Juan	Northwood	53.10	1
3 Lazarek, Tyler	Chatham Charter	56.10	1
4 Victorino, Matthew	Jordan-Matthews	56.10	1
5 McSwain, Markel	Jordan-Matthews	57.44	2
6 Parenti, Austin	Northwood	1:01.47	2
7 King, Caleb	Hawbridge School	1:03.85	1
8 Davis, Aedan	Jordan-Matthews	1:05.18	2
9 Brinson, Levon	Hawbridge School	1:05.74	3
10 Huffines, Benjamin	Grace Christian	1:05.96	1
11 Grimm, Greyson	Grace Christian	1:09.07	3
12 Ramsey, Samuel	Grace Christian	1:14.82	2
13 Patterson, Isaiah	Jordan-Matthews x	1:18.09	3

#### Men 800 Meter Run

Name Yr	School	Finals
1 Becker, owen	Northwood	2:18.25
2 Ellis, Zaire	Northwood	2:23.71
3 McSwain, Markel	Jordan-Matthews	2:39.85
4 Mock, Chad	Grace Christian	2:44.84
5 Davis, Aedan	Jordan-Matthews	2:45.70
6 Tabor, James	Eastern Randolph	2:57.79
7 Thompson, William	Grace Christian	3:04.18
8 Rubio Brown, Orion	Hawbridge School	3:13.34
9 Bradshaw, Charles	Hawbridge School	3:20.99

#### Men 1600 Meter Run

Name Yr	School	Finals
1 Bachelor, Sam	Northwood	5:03.76
2 Patterson, Liam	Northwood	5:10.21
3 Yell, Drew	Northwood	5:10.39
4 Heeks, Holden	Research Triangle	5:33.22
5 Hernandez-Chavez, Dylan	Northwood x	5:37.45
6 McDuffie, Aidan	Hawbridge School	5:42.72
7 Mock, Chad	Grace Christian	6:14.38
8 Keene, Isaiah	Research Triangle	6:19.98
9 Thompson, William	Grace Christian	6:50.17
10 Troxler, Logan	Grace Christian	6:57.76

### Men 3200 Meter Run

Name Yr	School	Finals
1 Patterson, Liam	Northwood	11:16.00
2 Drust, Leo	Northwood	11:19.87
3 McDuffie, Aidan	Hawbridge School	12:17.12
4 Hernandez-Chavez, Dylan	Northwood	12:41.88
5 Troxler, Logan	Grace Christian	14:24.25

### Men 110 Meter Hurdles

Name Yr	School	Finals
1 Altenburg, Ben	Northwood	15.24
2 Zayas, Yadiel	Jordan-Matthews	17.00
3 Harris, breylain	Chatham Charter	19.45
4 Hayes, Joshua	Chatham Charter	20.41
5 Markatos, Leonidas	Research Triangle	21.03

### Men 300 Meter Hurdles

Name Yr	School	Finals	H#
1 Zayas, Yadiel	Jordan-Matthews	45.86	1
2 Little, Geral	Eastern Randolph	47.48	1
3 Harris, breylain	Chatham Charter	48.18	2
4 Hayes, Joshua	Chatham Charter	49.33	2
5 Hadley, Kamarie	Jordan-Matthews	50.79	1
6 Parenti, Austin	Northwood	54.74	1
7 Tabor, James	Eastern Randolph	56.33	2

### Men 4x100 Meter Relay

School	Finals
1 Northwood 'A'	46.15
2 Jordan-Matthews 'A'	47.46
3 Research Triangle 'A'	48.52
4 Northwood 'B' x	49.79

### Men 4x200 Meter Relay

School	Finals
1 Northwood 'A'	1:35.05
2 Research Triangle 'A'	1:41.74

### Men 4x400 Meter Relay

School	Finals
1 Northwood 'A'	3:54.25
2 Grace Christian Academy 'A'	4:51.53

## Men 4x800 Meter Relay

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School	Finals
1 Northwood 'A'	9:07.51
2 Research Triangle 'A'	9:54.47
3 Hawbridge School 'A'	11:14.25

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## Men High Jump

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Name Yr	School	Finals
1 Revelle, Caden	Eastern Randolph	5-08.00
2 Tillery, Skyler	Northwood	5-02.00
3 Walker, Zion	Northwood	5-02.00
4 Decker, Colton	Eastern Randolph	5-00.00
4 Burgess, John	Eastern Randolph	5-00.00

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## Men Pole Vault

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Name Yr	School	Finals
1 Pelosi, Aldo	Northwood	8-06.00

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## Men Long Jump

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Name Yr	School	Finals
1 Harris, breylain	Chatham Charter	19-06.50
2 Victorino, Matthew	Jordan-Matthews	19-04.25
3 Hadley, Kamarie	Jordan-Matthews	19-03.00
4 Ferguson, Jaden	Grace Christian	18-08.50
5 White, Jermaine	Jordan-Matthews	18-07.75
6 Moore, Titus	Northwood	18-06.75
7 Powell, Kaleb	Northwood	18-01.00
8 Hayes, Joshua	Chatham Charter	17-00.00
9 Tillery, Skyler	Northwood	15-06.75
10 Little, Geral	Eastern Randolph	15-05.50
10 Snyder, Aedyn	Hawbridge School	15-05.50
12 Mcdonald, Archie (AJ)	Eastern Randolph	15-05.00
13 Torain, Micah	Grace Christian	15-01.25
14 Lee, Edward	Hawbridge School	14-08.00
15 Knight, Braydon	Grace Christian	14-06.25
16 Spinks, Jayden	Eastern Randolph	14-04.25
17 Decker, Colton	Eastern Randolph x	14-03.00
18 Cruz, Isaias	Eastern Randolph x	13-08.50
19 Wilson, Cooper	Hawbridge School	13-06.00
20 Wager-Jatta, Kymani	Chatham Charter	13-04.50
21 Brown, Jamison	Northwood x	12-01.50

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## Men Triple Jump

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Name Yr	School	Finals
1 Hadley, Kamarie	Jordan-Matthews	43-03.00
2 Powell, Kaleb	Northwood	37-04.50
3 Tillery, Skyler	Northwood	33-05.25
4 Spinks, Jayden	Eastern Randolph	33-04.75
5 Mcdonald, Archie (AJ)	Eastern Randolph	31-02.25

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## Men Shot Put

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Name Yr	School	Finals
1 Brown, Jamison	Northwood	39-00.00
2 Waldstein, Ben	Northwood	36-05.75
3 Green, Jaxon	Northwood	35-08.75
4 Allred, Michael	Eastern Randolph	32-09.25
5 Siler, Joshua	Chatham Charter	32-09.00
6 O'Daniel, Finn	Northwood x	32-01.50
7 McSwain, Urijah	Jordan-Matthews	31-06.50
8 Headen, Trey	Eastern Randolph	30-03.25
9 Godfrey, Jakob	Hawbridge School	29-09.00
10 Bainbridge, Domonick	Hawbridge School	29-01.00
11 Scott, Maurice	Research Triangle	29-00.00
12 Parenti, Austin	Northwood x	28-10.00
13 Brinson, Levon	Hawbridge School	27-06.50
14 Pelosi, Aldo	Northwood x	27-06.00
15 Blue, Jakari	Jordan-Matthews	27-01.75
16 Sangutei, Grier	Hawbridge School x	26-09.00
17 Saint Clair, Henry	Northwood x	26-07.75
18 Moffit, Peyton	Eastern Randolph	26-06.00
19 Meaders, Braylon	Chatham Charter	25-06.50
20 White, Brycen	Jordan-Matthews	25-03.50
21 Hulslander, Aiden	Hawbridge School x	23-07.50
22 King, Caleb	Hawbridge School x	23-05.00
23 DePaz, Joseph	Jordan-Matthews x	22-07.00
24 Sutton, Jaylynn	Chatham Charter	22-05.00
25 Reed, Carter	Northwood x	22-01.50
26 Myers, Kyle	Northwood x	20-01.50
26 Johnson, Scott	Northwood x	20-01.50
28 Walker, Kamden	Eastern Randolph x	17-02.50
29 Smith, Lucas	Eastern Randolph x	17-01.50
30 Smith, Paul	Northwood x	14-09.50

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## Men Discus Throw

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Name Yr	School	Finals
1 Blue, Jakari	Jordan-Matthews	94-10
2 Allred, Michael	Eastern Randolph	89-11
3 Brown, Jamison	Northwood	83-10
4 Waldstein, Ben	Northwood	78-01
5 McSwain, Urijah	Jordan-Matthews	69-11
6 Green, Jaxon	Northwood	69-11
7 Burgess, John	Eastern Randolph	67-04
8 Godfrey, Jakob	Hawbridge School	66-04
9 Siler, Joshua	Chatham Charter	62-10
10 Saint Clair, Henry	Northwood x	61-11
11 Scott, Maurice	Research Triangle	60-04
12 O'Daniel, Finn	Northwood x	58-01
13 Headen, Trey	Eastern Randolph	54-11
13 Hulslander, Aiden	Hawbridge School	54-11
15 Tabor, James	Eastern Randolph x	48-09
16 Smith, Lucas	Eastern Randolph x	47-01
17 Moffit, Peyton	Eastern Randolph x	46-06
18 White, Brycen	Jordan-Matthews	46-05
19 Sangutei, Grier	Hawbridge School	44-03
20 Sutton, Jaylynn	Chatham Charter	43-07
21 Meaders, Braylon	Chatham Charter	40-06
22 Walker, Kamden	Eastern Randolph x	39-03
23 DePaz, Joseph	Jordan-Matthews x	38-09
24 Smith, Paul	Northwood x	33-02
25 Johnson, Scott	Northwood x	28-09
26 Myers, Kyle	Northwood x	26-11