NCHSAA 6A Central Regional

Womens Cross Country

Ivey Redmon Sports Complex, Kernersville

Hosted by Phoenix Academy High School

Saturday, October 31, 2025

6A Girls 5000 Meter Run Team Scores

Place	Team	Pts
1	East Chapel Hill	40
2	Northern Guilford	50
3	Union Pines	69
4	Ragsdale	83
5	Southern Alamance	127
6	Walter M. Williams	170
7	Western Harnett	196
8	Asheboro	220

6A Girls 5000 Meter Run

Place	Athlete		Team	Mark	Pts
1	Elle Dawson	JR	Ragsdale	16:18.69	1
2	Elorie Minter	SO	East Chapel Hill	19:41.55	2
3	Amelia Lockamy	SO	East Chapel Hill	19:48.73	3
4	Harper Caffery	FR	Union Pines	19:52.31	4
5	Reagan Woodliff	JR	Northern Guilford	19:55.18	5
6	Lilly McKim	SO	Northern Guilford	19:56.40	6
7	Camille Sinnott	SO	East Chapel Hill	19:58.44	7
8	Ndanu Pope	SO	Ragsdale	20:13.24	8
9	Evelyn Decktrah	JR	East Chapel Hill	20:19.76	9
10	Lyric Troy	FR	Ragsdale	20:48.81	10
11	Alexandra Henz	FR	Northern Guilford	20:51.38	11
12	Kaylee Bason	FR	Southern Alamance	20:54.96	12
13	Avery Holder	FR	Northern Guilford	21:29.09	13
14	Abier Nassar	SR	Union Pines	21:55.75	14
15	Inaya Ejaz	SR	Northern Guilford	21:56.85	15
16	Charlotte Garner	SO	Union Pines	22:15.65	16
17	Marie Weber	SR	Union Pines	22:42.36	17
18	Keziah Chambers	SR	Union Pines	22:47.73	18
19	Kennley Dye	FR	Ben L. Smith	22:52.70	
20	Norah Parnell	SO	East Chapel Hill	22:54.37	19
21	Avery Simpson	JR	Northern Guilford	22:59.00	20
22	Lucy Lowe	SR	Walter M. Williams	23:02.08	21
23	Addy Carlson	FR	Union Pines	23:04.91	22
24	Cecilia Wright	FR	Northern Guilford	23:08.02	23

25	Rosalind Van Pelt	JR	Southern Alamance	23:17.99	24
26	Rachel Armstrong	SR	Union Pines	23:20.42	25
27	Khloe Lopez	FR	Walter M. Williams	23:21.97	26
28	Eleanor Woodside	FR	East Chapel Hill	23:24.37	27
29	Sophia Jenkins	FR	Southern Alamance	23:38.14	28
30	Claire Graznak	SO	Ragsdale	23:48.28	29
31	Remi Smith	SO	Western Harnett	23:58.74	30
32	Ali Bason		Southern Alamance	24:11.53	31
33	Mara Lalone	SO	Southern Alamance	24:17.38	32
34	Waverly Adams	JR	Asheboro	24:25.58	33
35	Lillian Parker	FR	Walter M. Williams	24:35.85	34
36	Marifel Merida	FR	Ragsdale	24:45.87	35
37	Jozie Lindhout	JR	Western Harnett	24:59.91	36
38	Allison Hay	SO	Ragsdale	25:02.47	37
39	Lauren Raynor	FR	East Chapel Hill	25:43.79	38
40	Madilyn Hix	SO	Ragsdale	26:09.50	39
41	Gianella Lopez	JR	Southern Lee	26:23.94	
42	Madison Hicks	SO	Asheboro	26:27.69	40
43	Aarianna Brown	SO	Western Harnett	26:38.14	41
44	Abigal Morris	JR	Southern Alamance	27:02.83	42
45	Linda Paz Gomez Gaviria	FR	Western Harnett	27:28.36	43
46	Grace Santos	FR	Walter M. Williams	27:33.98	44
47	Solanah Cedeno	JR	Walter M. Williams	28:21.27	45
48	Danielle Richardson	SR	Western Harnett	28:30.87	46
49	Carleigh Ireton	SO	Western Harnett	29:02.06	47
50	Aria Polakoff	SO	Asheboro	29:18.42	48
51	Jaquelin Rebollar Cruz	JR	Asheboro	29:51.70	49
52	Wendy Servellon	SO	Asheboro	31:28.95	50
53	Scottlynn Steele	SR	Walter M. Williams	32:40.73	51
54	Anai Garcia Bamaca	SO	Asheboro	34:08.55	52