

NCHSAA 3A Central Regional

Mens Cross Country

Ivey Redmon Sports Complex, Kernersville

Hosted by Phoenix Academy High School

Saturday, October 31, 2025

3A Boys 5000 Meter Run Team Scores

Place	Team	Pts
1	Northwood	37
2	Union Academy	58
3	NC School of Science & Math	83
4	Wheatmore High School	89
5	West Davidson	146
6	East Davidson	147
7	North Moore	158
8	Trinity High	194
9	McMichael	251
10	East Surry	300

3A Boys 5000 Meter Run

Place	Athlete	Team	Mark	Pts
1	Jarett Price	SR NC School Science & Math	16:54.45	1
2	Cameron Willis	JR Union Academy	17:00.01	2
3	Drew Yell	SO Northwood	17:02.89	3
4	Ayden Fitzgerald	JR Wheatmore High School	17:03.80	4
5	Max Syrrist	SR NC School Science & Math	17:11.23	5
6	Leo Drust	SO Northwood	17:17.10	6
7	Liam Patterson	SO Northwood	17:18.61	7
8	Trevor Mills	JR Union Academy	17:22.70	8
9	Sam Gunter	SR McMichael	17:31.85	9
10	Blake Baldwin	SR North Stanly	17:33.51	
11	Tanner Gilchrist	SO Northwood	17:37.68	10
12	Sam Bacheler	SR Northwood	17:54.45	11
13	Ethan Williams	SR Union Academy	18:03.03	12
14	Daylan Rada	JR Wheatmore High School	18:07.65	13
15	Parker Swicegood	SR East Davidson	18:11.35	14
16	Ben Parsons	JR North Moore	18:14.04	15
17	JR, Jose Leon	FR Union Academy	18:15.67	16
18	Caleb Lankford	SR West Davidson	18:21.03	17
19	Tyler McCormick	SR Wheatmore High School	18:23.48	18
20	Jake Hollingsworth	FR Wheatmore High School	18:24.31	19
21	Tyler Lindley	JR Union Academy	18:24.43	20
22	Edward Burton	JR NC School Science & Math	18:33.66	21

23 Korbin Everhart	FR	West Davidson	18:36.27	22
24 Sawyer Gibbons	JR	North Moore	18:41.22	23
25 Jake Callicutt	FR	North Stanly	18:42.57	
26 Liam Bradley	SO	Northwood	18:49.70	24
27 Evan Wilson	SR	West Davidson	18:52.01	25
28 Tommy Smithers	SR	Trinity High	18:54.51	26
29 Kiprutto Chongwony	JR	NC School Science & Math	18:57.27	27
30 Hudson Hege	SO	East Davidson	18:59.43	28
31 Keegan Shoptaw	SO	Providence Grove	19:00.68	
32 Xavier Rezulko	JR	NC School Science & Math	19:01.21	29
33 Wyatt Williamson	JR	Union Academy	19:05.91	30
34 Riley May	FR	Bartlett Yancey	19:15.27	
35 Preston Young	SO	East Davidson	19:24.31	31
36 Dwayne Allen	FR	Trinity High	19:25.94	32
37 Omar Dionisio	SR	East Davidson	19:32.90	33
38 Jordan Autry	SR	Walkertown	19:35.32	
39 Jeffrey Johnson	JR	NC School Science & Math	19:36.67	34
40 Gabe Mason	FR	Wheatmore High School	19:38.35	35
41 Adrian Gamboa	JR	NC School Science & Math	19:39.51	36
42 David Flynn	JR	North Moore	19:43.58	37
43 Jacob Perry	JR	North Moore	19:47.53	38
44 Noah Cogswell	JR	Union Academy	19:48.57	39
45 Zack Allen	SR	West Davidson	20:04.11	40
46 Dallas Younts	FR	East Davidson	20:22.84	41
47 Logan Sheets	JR	West Davidson	20:24.23	42
48 Fletcher Stratton	SO	Trinity High	20:35.63	43
49 Ezekiel Martinez	SO	Trinity High	20:36.10	44
50 Liam White	FR	Providence Grove	20:38.78	
51 Aaron Hussey	FR	North Moore	20:53.72	45
52 Thomas Parsons	FR	North Moore	20:56.47	46
53 Kenneth Mills	SR	North Moore	21:04.51	47
54 Cayden McCready	SO	West Davidson	21:08.21	48
55 Logan Wooley	FR	Trinity High	21:10.15	49
56 Elthon Rodriguez	SR	Walkertown	21:15.06	
57 Grayson Decker	SR	West Davidson	21:15.79	50
58 Chase Westmoreland	SR	McMichael	21:16.09	51
59 Levi Hurt	FR	Wheatmore High School	21:26.50	52
60 Alvon Thigpen	SR	North Stanly	21:31.83	
61 James Tarner	SR	Walkertown	21:35.32	
62 Max Tosi	FR	Trinity High	21:57.17	53
63 Juan Sanchez	SR	Northwood	22:03.22	54
64 James Wild	JR	East Davidson	22:04.86	55
65 Bryson Thompson	JR	East Surry	22:11.19	56
66 Caleb Gray	JR	East Surry	22:21.60	57
67 Daniel Wicker	JR	Providence Grove	22:22.57	
68 Conner Carter	JR	McMichael	22:24.62	58
69 Chandler Holland	FR	Wheatmore High School	22:30.01	59
70 Andrew Snow	SO	East Surry	22:39.72	60
71 Collin Warner	SO	Trinity High	22:45.55	61
72 Ryan Sink	FR	East Davidson	23:05.43	62
73 Lucas White	JR	Providence Grove	23:07.23	
74 Ryder Voss	SO	East Surry	23:29.53	63
75 Xander Crist	FR	North Stanly	23:34.29	

76 Kyndon Penny	JR	East Surry	24:11.04	64
77 Klifton Penny	FR	East Surry	24:50.73	65
78 John Franklin	SO	McMichael	25:43.21	66
79 Sam Wray	SR	McMichael	26:07.02	67
80 Charles Hart	JR	East Surry	27:13.51	68
81 Randall Humphries	FR	Bartlett Yancey	27:54.25	