

# NCHSAA 3A Track & Field Championships

North Carolina A&T State University

May 14, 2026

## Women - NCHSAA 3A Girls- Team Rankings

Name	Points	Name	Points
1) Union Academy	89	20) Northwood	11
2) Shelby	64	20) North Stanly	11
3) Wake Prep Academy	55	22) Madison	10.50
4) Northeastern	49	23) Pender	10
5) Pine Lake Preparatory	32	23) Draughn	10
6) Kinston	26	25) West Caldwell	9
7) Ayden-Grifton	24	26) Heide Trask	8
7) Mountain Heritage	24	26) Hertford County	8
7) Eastern Randolph High	24	26) West Lincoln	8
7) Patton	24	29) South Lenoir	7
11) Hendersonville	21	29) Wallace-Rose Hill	7
12) Walkertown	20	29) Wheatmore High School	7
13) West Davidson	18	32) Pasquotank County	6
14) East Davidson	17	33) Owen, Charles D.	5
14) Princeton	17	33) Polk County	5
16) NCSSM	16	33) East Rutherford	5
17) Providence Grove	15	36) Beddingfield, E.T.	4
18) West Wilkes	13.50	36) Goldsboro	4
19) Mount Airy	13	38) Louisburg	2
		38) Chase	2

Girls Shot Put Finals NCHSAA 3A

<u>Pl Name</u>	<u>Gr</u>	<u>Team</u>	<u>Mark</u>	<u>Ht</u>	<u>Wind</u>
1 Mirianna Corea	12 f	Eastern Randolph High	38-3	1	
2 Saniya Alston	10 f	Wake Prep Academy	34-1	1	
3 Mariclaire Smith	11 f	Madison	32-9	1	
4 Grace McMullens	10 f	East Rutherford	32-2.50	1	
5 Trinity Robinson	10 f	North Stanly	31-9.75	1	
6 Shelby Woodrum	12 f	East Davidson	31-7.25	1	
7 Carley Davis	10 f	Heide Trask	31-0.25	1	
8 Maraya Laws	9 f	Mountain Heritage	30-9.50	1	
9 Kimayiah Johnson	10 f	Hertford County	30-8	1	
10 Erica Gallimore	10 f	East Davidson	30-1	1	
11 Serenity Ellis	11 f	Martin County High	29-6.25	1	
12 Kyla Jackson	12 f	North Stanly	29-4.25	1	
13 Mayce Williams	12 f	West Caldwell	28-7	1	
14 Auriyanna Outlaw	11 f	Ayden-Grifton	28-2	1	
15 J'riyana Edwards	10 f	Kinston	27-5.75	1	
16 Jada Everson	11 f	Northwood	24-0.25	1	

Girls Discus Throw Finals NCHSAA 3A

<u>Pl Name</u>	<u>Gr</u>	<u>Team</u>	<u>Mark</u>	<u>Ht</u>	<u>Wind</u>
1 Mirianna Corea	12 f	Eastern Randolph High	121-11	1	
2 Callie Capps	12 f	Mountain Heritage	108-1	1	
3 Kyla Jackson	12 f	North Stanly	106-2	1	
4 Jaysha Wilson	12 f	Pasquotank County	106-1	1	
5 ZaMiya Glasper	12 f	Northeastern	104-1	1	
6 Jada Everson	11 f	Northwood	102-10	1	
7 Shelby Woodrum	12 f	East Davidson	99-5	1	
8 Mayce Williams	12 f	West Caldwell	94-11	1	
9 Kara Harper	12 f	South Lenoir	88-3	1	
10 Kimayiah Johnson	10 f	Hertford County	86-9	1	
11 Saniya Alston	10 f	Wake Prep Academy	85-0	1	
12 Anna Cuesta	11 f	Pine Lake Preparatory	80-2	1	
13 Grace DeMoss	11 f	Union Academy	77-8	1	
14 Evangelia Tsomos	12 f	Pine Lake Preparatory	76-9	1	

Girls Long Jump Finals NCHSAA 3A

<u>Pl Name</u>	<u>Gr</u>	<u>Team</u>	<u>Mark</u>	<u>Ht</u>	<u>Wind</u>
1 Abigaelle Midy	12 f	Ayden-Grifton	17-4.50	1	
2 Ayanna Asika	12 f	Northeastern	16-3	1	
3 Makae'Lee Kuhre	11 f	Northeastern	16-1	1	
4 Hannah Huggins	11 f	Patton	15-7	1	
5 Aiyanna Ross	12 f	Shelby	15-6.50	1	
6 LaMaiah Robinson	9 f	East Davidson	15-6	1	
7 Maddy Clifton	10 f	Mount Airy	15-5.50	1	
8 Lillian Dearmen	10 f	Mount Airy	15-5	1	
9 Laura Nunez-Pena	11 f	East Davidson	14-11.50	1	
10 Kennedy Ware	10 f	Union Academy	14-7	1	
11 Emory Freeman	11 f	Hendersonville	14-6.25	1	

12 Anna Cape	12	f	Draughn	14-6	1
13 Alicia Doornewerd	11	f	Shelby	14-4	1
14 Kyla Phillips	10	f	Mountain Heritage	14-4	1
15 Azaria Mumford	12	f	Greene Central	13-10	1
16 Karis Ferguson	11	f	Providence Grove	13-8.50	1

#### Girls Triple Jump Finals NCHSAA 3A

<u>Pl Name</u>	<u>Gr</u>	<u>Team</u>	<u>Mark</u>	<u>Ht</u>	<u>Wind</u>
1 Amoni Saunders	12	f	Northeastern	34-5.50	1
2 Lilly Fruchtenicht	11	f	West Wilkes	33-3.50	1
3 Kennedy Ware	10	f	Union Academy	32-8.50	1
4 Kyla Phillips	10	f	Mountain Heritage	32-4	1
5 Tania Williams	10	f	Beddingfield, E.T.	32-2.50	1
6 Tiyanah Alderman	9	f	Pender	32-1	1
7 Aiyanna Ross	12	f	Shelby	31-10	1
8 Ashlynn Overby	12	f	Ayden-Grifton	30-11	1
9 Bethanie Hardy	11	f	West Wilkes	30-8.50	1
10 Kylyn Surratt	10	f	Wheatmore High	30-5.50	1
11 Azaria Mumford	12	f	Greene Central	30-0	1
12 Alicia Doornewerd	11	f	Shelby	29-11	1
13 Asia Smith	10	f	Whiteville	29-5	1
14 Le' Onna Butler	11	f	Pasquotank County	28-8.50	1
15 Kayla Franklin	11	f	Trinity High	28-2	1
16 Harper Eastridge	10	f	Heide Trask	26-10	1

#### Girls High Jump Finals NCHSAA 3A

<u>Pl Name</u>	<u>Gr</u>	<u>Team</u>	<u>Mark</u>	<u>Ht</u>	<u>Wind</u>
1 Iver Hunt	10	f	Hendersonville	5-2	1
2 Bryanna Poole	11	f	South Lenoir	5-0	1
2 Conleigh Wilhide	11	f	Princeton	5-0	1
4 Ashlynn Overby	12	f	Ayden-Grifton	5-0	1
5 Roxanne Davis	10	f	Eastern Randolph High	5-0	1
6 Adelei Morrow	10	f	Draughn	4-10	1
7 Emory Freeman	11	f	Hendersonville	4-10	1
8 Alex Hester	12	f	West Davidson	4-10	1
9 Azari Astrop	9	f	Wake Prep Academy	4-10	1
10 Kyla Phillips	10	f	Mountain Heritage	4-8	1
11 Anais Pitts	10	f	Shelby	4-8	1
12 Tahlela Bethea	12	f	West Bladen	4-8	1
13 Callie Craven	12	f	Eastern Randolph High	4-8	1
14 Anelia Thompson	10	f	Whiteville	4-8	1
15 Marissa Fisher	12	f	Princeton	4-6	1
16 M'kayla Jones	9	f	Kinston	4-6	1

Girls Pole Vault Finals NCHSAA 3A

<u>Pl Name</u>	<u>Gr</u>	<u>Team</u>	<u>Mark</u>	<u>Ht</u>	<u>Wind</u>
1 Callie Capps	12 f	Mountain Heritage	9-6	1	
2 Danica Vogley	11 f	East Davidson	9-0	1	
2 Anna Cape	12 f	Draughn	9-0	1	
4 Leah Dotson	12 f	Polk County	8-0	1	
5 Chloe Waldstein	11 f	Northwood	7-6	1	
6 Alma Eagle	10 f	West Davidson	7-6	1	
7 Iris Casebere	9 f	Madison	7-6	1	
7 Sofie Estes	12 f	West Wilkes	7-6	1	
9 Lilly Shelton	11 f	Madison	7-6	1	
10 Kylyn Surratt	10 f	Wheatmore High	7-0	1	

Girls 4x800 Meter Relay Finals NCHSAA 3A

<u>Pl Name</u>	<u>Gr</u>	<u>Team</u>	<u>Mark</u>	<u>Ht</u>	<u>Wind</u>
1 Union Academy			10:06.74	1	
2 Pine Lake Preparatory			10:11.25	1	
3 NCSSM			10:22.16	1	
4 Shelby			10:54.31	1	
5 Owen, Charles D.			10:54.83	1	
6 Princeton			10:58.70	1	
7 Providence Grove			11:15.75	1	
8 Wake Prep Academy			11:30.02	1	
9 East Davidson			11:37.90	1	
10 Ayden-Grifton			11:38.37	1	
11 Hertford County			11:47.66	1	
12 Spring Creek			11:50.70	1	
13 West Wilkes			11:54.42	1	
14 Midway High School			11:58.14	1	
15 Northwood			12:04.24	1	
16 Kinston			12:08.19	1	

Girls 100 meter Hurdles Finals NCHSAA 3A

<u>Pl Name</u>	<u>Gr</u>	<u>Team</u>	<u>Mark</u>	<u>Ht</u>	<u>Wind</u>
1 Bridget Flores	9 f	Wake Prep Academy	16.39	1	-0.6
2 Emory Freeman	11 f	Hendersonville	16.83	1	-0.6
3 Peyton St. Clair	11 f	Union Academy	16.98	1	-0.6
4 Anais Pitts	10 f	Shelby	17.25	1	-0.6
5 Amoni Saunders	12 f	Northeastern	17.55	1	-0.6
6 Rayleigh West	12 f	Madison	17.58	1	-0.6
7 Keyanah Moore	10 f	Chase	17.77	1	-0.6
8 Ann Hrycay	11 f	NCSSM	17.94	1	-0.6

## Girls 100 meter Hurdles Prelims NCHSAA 3A

<u>Pl Name</u>	<u>Gr</u>	<u>Team</u>	<u>Mark</u>	<u>Ht</u>	<u>Wind</u>
1 Bridget Flores	9	f Wake Prep Academy	16.74	2	+1.9
2 Emory Freeman	11	f Hendersonville	16.85	1	+0.7
3 Peyton St. Clair	11	f Union Academy	17.07	1	+0.7
4 Amoni Saunders	12	f Northeastern	17.60	2	+1.9
5 Anais Pitts	10	f Shelby	17.76	2	+1.9
6 Ann Hrycay	11	f NCSSM	17.83	1	+0.7
7 Keyanah Moore	10	f Chase	17.91	2	+1.9
8 Rayleigh West	12	f Madison	17.96	1	+0.7
9 Charlize Riddick	9	f Pasquotank County	18.07	2	+1.9
10 Dezerae Thompson	12	f Goldsboro	18.40	1	+0.7
11 D'Azia Jackson	10	f East Rutherford	18.56	2	+1.9
12 Taylor Perry	11	f Northwood	18.58	1	+0.7
13 Natalie Nameth	12	f East Davidson	18.87	2	+1.9
14 Harper Eastridge	10	f Heide Trask	18.89	2	+1.9
15 Chanel Forbes	9	f Kinston	19.38	1	+0.7
16 Kahmarii McNeill	12	f Wheatmore High	23.86	1	+0.7

## Girls 100 meter Dash Prelims NCHSAA 3A

<u>Pl Name</u>	<u>Gr</u>	<u>Team</u>	<u>Mark</u>	<u>Ht</u>	<u>Wind</u>
1 Shari Jackson	11	f Wake Prep Academy	12.18	1	+2.2
2 Brihanna Ashcraft	10	f Union Academy	12.35	2	+1.6
3 Noni Oliver	11	f Shelby	12.34	1	+2.2
4 Keynia Trammell-Mason	12	f Shelby	12.37	2	+1.6
5 Jordan Caldwell	11	f Walkertown	12.43	2	+1.6
6 Aleyah Grottini	10	f Farmville Central	12.52	1	+2.2
7 LaMaiah Robinson	9	f East Davidson	12.88	1	+2.2
8 Nieirah Smith	11	f Goldsboro	12.90	2	+1.6
9 Jewel Childress	11	f Pasquotank County	12.93	1	+2.2
10 Angelina Cavallaro	12	f Wallace-Rose Hill	12.96	2	+1.6
11 Jamiea Tugman	11	f West Caldwell	13.14	2	+1.6
12 La'Zariyia Graves	11	f Bartlett Yancey	13.19	1	+2.2
13 Synai Palmer	10	f Northwood	13.37	2	+1.6
14 Brooklyn Hittepole	9	f Wheatmore High	13.60	1	+2.2

## Girls 100 meter Dash Finals NCHSAA 3A

<u>Pl Name</u>	<u>Gr</u>	<u>Team</u>	<u>Mark</u>	<u>Ht</u>	<u>Wind</u>
1 Brihanna Ashcraft	10	f Union Academy	12.08	1	+0.7
2 Shari Jackson	11	f Wake Prep Academy	12.12	1	+0.7
3 Keynia Trammell-Mason	12	f Shelby	12.29	1	+0.7
4 Noni Oliver	11	f Shelby	12.43	1	+0.7
5 Jordan Caldwell	11	f Walkertown	12.50	1	+0.7
6 Nieirah Smith	11	f Goldsboro	13.04	1	+0.7
7 LaMaiah Robinson	9	f East Davidson	13.21	1	+0.7

## Girls 4x200 Meter Relay Finals NCHSAA 3A

<u>Pl</u>	<u>Name</u>	<u>Gr</u>	<u>Team</u>	<u>Mark</u>	<u>Ht</u>	<u>Wind</u>
1	Shelby			1:43.62	2	
2	Ayden-Grifton			1:45.66	2	
3	Kinston			1:45.98	2	
4	Union Academy			1:49.45	2	
5	Pender			1:50.24	2	
6	West Davidson			1:52.01	1	
7	West Caldwell			1:52.47	1	
8	Goldsboro			1:52.86	2	
9	Owen, Charles D.			1:53.68	1	
10	Whiteville			1:54.32	1	
11	Wake Prep Academy			1:54.50	1	
12	Hendersonville			1:55.25	2	
13	Trinity High			1:55.82	1	
14	Northeastern			1:59.08	1	
	Hertford County			1:49.17	2	

## Girls 1600 meter Run Finals NCHSAA 3A

<u>Pl</u>	<u>Name</u>	<u>Gr</u>	<u>Team</u>	<u>Mark</u>	<u>Ht</u>	<u>Wind</u>
1	Elisabeth Sawdy	10	f Patton	5:15.82	1	
2	Maya Little	11	f Pine Lake Preparatory	5:16.42	1	
3	Laurel Bernhardt	11	f Providence Grove	5:32.88	1	
4	Abby Isaacs	11	f Union Academy	5:33.78	1	
5	Scarlett Hildreth	10	f Wheatmore High	5:35.39	1	
6	Ana Leon	10	f Union Academy	5:37.67	1	
7	Emma Glumac	9	f Union Academy	5:38.87	1	
8	Kate Camara	9	f Wake Prep Academy	5:40.51	1	
9	Helen Chen	12	f NCSSM	5:41.09	1	
10	Grace Winslow	11	f Wake Prep Academy	6:13.02	1	
11	Sarah Andreassen	12	f Ayden-Grifton	6:28.17	1	

## Girls 4x100 Meter Relay Finals NCHSAA 3A

<u>Pl</u>	<u>Name</u>	<u>Gr</u>	<u>Team</u>	<u>Mark</u>	<u>Ht</u>	<u>Wind</u>
1	Shelby			48.96	2	
2	Kinston			50.53	2	
3	Wake Prep Academy			51.18	2	
4	Heide Trask			51.67	2	
5	Wallace-Rose Hill			52.06	1	
6	Pender			52.20	1	
7	Hertford County			52.24	2	
8	Pasquotank County			52.52	2	
9	Northeastern			52.80	2	
10	West Caldwell			53.28	1	
11	Union Academy			53.31	1	
12	Whiteville			53.39	1	
13	West Wilkes			53.58	1	
14	Hendersonville			54.38	2	
15	East Davidson			54.45	1	
16	West Davidson			55.42	1	

## Girls 400 meter Dash Finals NCHSAA 3A

<u>Pl Name</u>	<u>Gr</u>	<u>Team</u>	<u>Mark</u>	<u>Ht</u>	<u>Wind</u>
1 Brihanna Ashcraft	10 f	Union Academy	58.79	2	
2 Jordan Caldwell	11 f	Walkertown	59.97	2	
3 Emoree Terry	12 f	West Davidson	1:01.37	2	
4 Makae'Lee Kuhre	11 f	Northeastern	1:02.02	2	
5 Marissa Fisher	12 f	Princeton	1:02.07	2	
6 Skyler Brodt	11 f	Union Academy	1:02.20	1	
7 Annabella Lamanna	12 f	Shelby	1:02.72	1	
8 Reese Coble	11 f	North Stanly	1:04.48	1	
9 Aleah Meyers	9 f	Owen, Charles D.	1:04.76	1	
10 Kayla Franklin	11 f	Trinity High	1:05.72	1	
11 Arianna Jones	10 f	Farmville Central	1:06.58	1	
12 Jaylise Campbell	10 f	West Lincoln	1:07.35	2	
13 Tamela Person	9 f	Louisburg	1:07.74	1	
14 Makayla Mott	9 f	Chase	1:10.19	1	

## Girls 300 meter Hurdles Finals NCHSAA 3A

<u>Pl Name</u>	<u>Gr</u>	<u>Team</u>	<u>Mark</u>	<u>Ht</u>	<u>Wind</u>
1 Shari Jackson	11 f	Wake Prep Academy	44.24	2	
2 Ijdah Clark-Lanier	9 f	Kinston	48.11	2	
3 Peyton St. Clair	11 f	Union Academy	48.13	2	
4 Bridget Flores	9 f	Wake Prep Academy	49.34	2	
5 Aly Taylor	12 f	West Wilkes	49.35	1	
6 Lyndsay Browder	10 f	Providence Grove	49.80	2	
7 Amoni Saunders	12 f	Northeastern	50.48	2	
8 Emory Freeman	11 f	Hendersonville	50.89	2	
9 Ava Gillespie	11 f	Mountain Heritage	50.98	1	
10 Kahmarii McNeill	12 f	Wheatmore High	51.13	1	
11 Selena Espinosa	11 f	Union Academy	51.64	2	
12 Ann Hrycay	11 f	NCSSM	51.79	1	
13 Chanel Forbes	9 f	Kinston	52.45	1	
14 Kayla Nicolas	11 f	NCSSM	52.82	1	
15 Alana Seagle	10 f	Lincolnton	53.48	1	
16 Z'Mariah Johnson	9 f	Ayden-Grifton	53.69	1	

## Girls 800 meter Run Finals NCHSAA 3A

<u>Pl Name</u>	<u>Gr</u>	<u>Team</u>	<u>Mark</u>	<u>Ht</u>	<u>Wind</u>
1 Maya Little	11 f	Pine Lake Preparatory	2:20.32	1	
2 Jaylise Campbell	10 f	West Lincoln	2:26.44	1	
3 Lucy McDuffie	10 f	Pine Lake Preparatory	2:26.91	1	
4 Moira Furr	12 f	NCSSM	2:28.19	1	
5 Laurel Bernhardt	11 f	Providence Grove	2:31.15	1	
6 Scarlett Hildreth	10 f	Wheatmore High	2:31.38	1	
7 Helen Chen	12 f	NCSSM	2:33.65	1	
8 Layla McGuire	12 f	Patton	2:34.22	1	
9 Emma GLUMAC	9 f	Union Academy	2:36.06	1	
10 Carly Meredith	11 f	Pine Lake Preparatory	2:36.81	1	

11 Drea Bowers	10 f	Princeton	2:38.67	1
12 Gracie Noonkester	9 f	Surry Central	2:40.96	1
13 Conleigh Wilhide	11 f	Princeton	2:41.08	1
14 Kate Camara	9 f	Wake Prep Academy	2:41.31	1
15 Abby Isaacs	11 f	Union Academy	2:43.40	1

Girls 200 meter Dash Finals NCHSAA 3A

<u>Pl Name</u>	<u>Gr</u>	<u>Team</u>	<u>Mark</u>	<u>Ht</u>	<u>Wind</u>
1 Brihanna Ashcraft	10 f	Union Academy	25.00	2	+5.6
2 Jordan Caldwell	11 f	Walkertown	25.29	2	+5.6
3 Keynia Trammell-Mason	12 f	Shelby	25.48	2	+5.6
4 Acaisia Weaver	11 f	Hertford County	25.63	2	+5.6
5 Noni Oliver	11 f	Shelby	25.66	2	+5.6
6 Angelina Cavallaro	12 f	Wallace-Rose Hill	26.23	2	+5.6
7 Makayla Carey	9 f	Louisburg	26.28	1	+2.3
8 Taliyah Holley	11 f	Hertford County	26.57	1	+2.3
9 Laila Ballard	9 f	Heide Trask	26.59	1	+2.3
10 Emoree Terry	12 f	West Davidson	27.07	1	+2.3
11 Braelyn McAllister	9 f	Pender	27.65	1	+2.3
12 Brooklyn Hittepole	9 f	Wheatmore High	28.56	1	+2.3
13 Kyasia Jones	12 f	Owen, Charles D.	29.16	1	+2.3

Girls 3200 meter Run Finals NCHSAA 3A

<u>Pl Name</u>	<u>Gr</u>	<u>Team</u>	<u>Mark</u>	<u>Ht</u>	<u>Wind</u>
1 Brooke Haynes	12 f	Mount Airy	11:41.69	1	
2 Elisabeth Sawdy	10 f	Patton	11:41.96	1	
3 Sarah Reynolds	10 f	Wake Prep Academy	11:46.06	1	
4 Ana Leon	10 f	Union Academy	12:00.45	1	
5 Sydney Gray	12 f	Northwood	12:15.01	1	
6 Alyvia Berkowitz	10 f	Shelby	12:17.81	1	
7 Sophie Parker	11 f	NCSSM	12:21.41	1	
8 Jordan Robertson	12 f	Owen, Charles D.	12:49.65	1	
9 Lyla Henneger	11 f	Pine Lake Preparatory	12:52.69	1	
10 Julia Niehoff	9 f	Patton	13:00.18	1	
11 Madyson York	12 f	East Davidson	13:02.95	1	
12 Nora Wykle	10 f	Patton	13:22.88	1	
13 Grace Winslow	11 f	Wake Prep Academy	13:40.49	1	
14 Jessica Zelah	12 f	Goldsboro	13:57.08	1	
15 Stacy Coronel	12 f	North Moore	14:14.46	1	
16 Nayeli Ramirez	10 f	Heide Trask	14:27.07	1	

Girls 4x400 Meter Relay Finals NCHSAA 3A

<u>Pl</u>	<u>Name</u>	<u>Gr</u>	<u>Team</u>	<u>Mark</u>	<u>Ht</u>	<u>Wind</u>
1	Northeastern			4:12.96	2	
2	Union Academy			4:16.43	2	
3	West Caldwell			4:25.29	2	
4	West Davidson			4:26.45	1	
5	Kinston			4:27.18	2	
6	Princeton			4:30.40	1	
7	Shelby			4:30.96	2	
8	Heide Trask			4:32.87	1	
9	NCSSM			4:33.73	2	
10	Mountain Heritage			4:34.31	1	
11	Pine Lake Preparatory			4:35.99	2	
12	Farmville Central			4:41.41	1	
13	Trinity High			4:48.23	1	
14	Providence Grove			4:53.46	1	