

NCHSAA 4A Track & Field Championships

North Carolina A&T State University

May 13, 2026

Women - NCHSAA 4A Girls- Team Rankings

Name	Points	Name	Points
1 Cummings, Hugh M.	104	21 East Burke	11
2 First Flight	61.5	21 Washington	11
3 T.W. Andrews	46	23 Salisbury	9
4 Eastern Wayne	44	24 East Gaston	8
4 Lake Norman Charter School	44	25 Lincoln Charter	7
6 Bandys	37	26 Lexington	6.5
7 Tuscola	35	27 Bunn	6
8 West Stokes	32	27 West Iredell	6
9 Pisgah	24	28 Forbush	6
10 Anson	22	29 Morehead	6
11 North Lenoir	21	31 Randleman	5
12 R-S Central	20	32 Hibriten	4
13 Ashe County	17	32 Mount Pleasant	4
14 Nash Central	14	33 Uwharrie Charter Academy	4
14 Brevard	14	34 South Rowan	4
16 North Pitt	13	36 Southwest Onslow	3
17 Stuart W. Cramer	12	36 East Duplin	3
17 West Stanly	12	38 Southwest Edgecombe	2
19 Wilkes Central	11.5	39 Burns	1
19 Carrboro	11.5		

Girls Shot Put NCHSAA 4A

NAME	YR	TEAM	MARK	H#	WIND
1 Alena Jimerson	11	R-S Central	39-6	1	
2 Zihanna Lightfoot	12	North Pitt	36-3.75	1	
3 Nylah Mitchell	10	Bunn	33-7	1	
4 Alexis Vaughn	12	Randleman	32-10.75	1	
5 Brennan Thomas	11	Uwharrie Charter	32-8.50	1	
6 Aliyah Abernathy	12	Morehead	32-6.25	1	
7 Whitney Griffis	12	Cummings, Hugh M.	31-11.50	1	
8 Jaleesa Perry	9	Nash Central	31-7.75	1	
9 Samora Griffin	10	Brevard	31-6.50	1	
10 Andrea Scarborough	12	East Duplin	31-2.50	1	
11 Sanaa Davis-Sutton	11	Eastern Wayne	31-0.25	1	
12 Chloe Henson	12	Ashe County	30-8.50	1	
13 Shadae Davis-Sutton	10	Eastern Wayne	30-8.25	1	
14 Taylor Hopper	10	Morehead	30-7.50	1	
15 Jayla Williams	12	Nash Central	28-2	1	
16 Amaysa Gard	10	Bandys	28-0.75	1	

Girls Discus Throw NCHSAA 4A

NAME	YR	TEAM	MARK	H#	WIND
1 Alena Jimerson	11	R-S Central	136-5	1	
2 Georgia Crowder	12	Tuscola	126-7	1	
3 Dakota Peterman	12	Ashe County	117-2	1	
4 Zihanna Lightfoot	12	North Pitt	107-6	1	
5 Leah Grace Whitt	11	West Stokes	106-2	1	
6 Leilany Hernandez	12	First Flight	103-2	1	
7 Ka'Mariya Gandy	11	Southwest Edgecombe	102-9	1	
8 Abigail Miller	11	Ashe County	100-11	1	
9 Andrea Scarborough	12	East Duplin	98-6	1	
10 Brennan Thomas	11	Uwharrie Charter	95-11	1	
11 Chloe Henson	12	Ashe County	92-11	1	
12 Nylah Mitchell	10	Bunn	90-4	1	
13 Ellie Schell	10	West Stokes	87-5	1	
14 Aniyah Gilbert	11	Washington	82-3	1	
15 Laila Carter	11	Clinton High School	82-1	1	
16 Aliyah Abernathy	12	Morehead	80-11	1	

Girls Long Jump NCHSAA 4A

NAME	YR	TEAM	MARK	H#	WIND
1 D'Anna Cotton	12	Cummings, Hugh M.	20-6	1	
2 Diamond Moore	12	Cummings, Hugh M.	18-9.25	1	-0.0
3 Avariah Bryant	10	Eastern Wayne	18-5.25	1	
4 Kaili Payne	10	Cummings, Hugh M.	18-3.25	1	
5 Kaliyah Pollard	11	Mount Pleasant	17-4.75	1	
6 Mika Langdon	12	Bandys	16-9	1	
7 Destini Spencer	12	Washington	16-4	1	

8 Grace Hodge	11	Burns	16-1.50	1	-0.0
9 A'Noah Henderson	11	Lexington	15-11.50	1	-0.0
10 Sarah Rhinehart	12	Pisgah	15-11.25	1	-0.0
11 Kayden Leggett	11	Lake Norman Charter	15-10.50	1	-0.0
12 Emma Ryan	9	First Flight	15-10.50	1	-0.0
13 Harmony Dupree	9	Nash Central	15-9.75	1	-0.0
14 Jada Harris	11	Eastern Wayne	15-6	1	-0.0
15 Alaysia Caraway	12	Anson	15-5	1	-0.0
16 Gracie Finley	12	Ashe County	15-4	1	-0.0

Girls Triple Jump NCHSAA 4A

NAME	YR	TEAM	MARK	H#	WIND
1 D'Anna Cotton	12	Cummings, Hugh M.	42-10.25	1	
2 Diamond Moore	12	Cummings, Hugh M.	38-10.25	1	
3 Kaili Payne	10	Cummings, Hugh M.	36-6.50	1	
4 Kyah Davis	10	Anson	35-7	1	-0.0
5 Jazrion Wilson	10	Hibriten	34-11.75	1	-0.0
6 Mika Langdon	12	Bandys	33-11	1	-0.0
7 Kayden Leggett	11	Lake Norman Charter	32-10.50	1	-0.0
8 Sarabeth Bradley	9	East Burke	32-8	1	-0.0
9 Alexis Ford	12	East Gaston	32-7.50	1	-0.0
10 Cora Hogan	12	Tuscola	32-1	1	-0.0
11 Trinity Sellers	12	Anson	31-10	1	-0.0
12 Georgia Moffitt	11	West Stanly	31-7	1	-0.0
13 Kate Bivens	10	Wilkes Central	31-4	1	-0.0
14 Janiyah Brooks	11	Randleman	30-11	1	-0.0
15 Perez Juanita	10	Jordan-Matthews	29-3.50	1	-0.0

Girls High Jump NCHSAA 4A

NAME	YR	TEAM	MARK	H#	WIND
1 Ajah Carr	11	West Stanly	5-0	1	
2 Mika Langdon	12	Bandys	5-0	1	
3 Jamilah Ausborne	11	Lexington	5-0	1	
3 Sienna Black	9	First Flight	5-0	1	
5 Camille Siscoe	9	South Rowan	5-0	1	
6 Olivia White	9	Morehead	5-0	1	
7 Kate Bivens	10	Wilkes Central	4-10	1	
8 Ginny Claffey	10	Carrboro	4-10	1	
8 Bailey Osborne	12	Wilkes Central	4-10	1	
10 Tamiya Boone	11	Eastern Wayne	4-8	1	
11 Phoenix Everett	11	Clinton High School	4-8	1	
11 Savannah Price	11	East Gaston	4-8	1	
13 Izzy Smith	11	Ledford	4-8	1	
14 Maddie Beatson	9	First Flight	4-8	1	
14 Amaysa Gard	10	Bandys	4-8	1	
16 Aubrie Lovett	12	Central Davidson	4-6	1	

Girls Pole Vault NCHSAA 4A

NAME	YR	TEAM	MARK	H#	WIND
1 Gracie Finley	12	Ashe County	10-6	1	
2 A'dia Cash	9	Nash Central	9-0	1	
3 Ana Brown	12	Forbush	9-0	1	
4 Kaylin Foster	12	Bandys	9-0	1	
5 Christiana Lynch	12	Nash Central	8-6	1	
6 Zoey Overholzer	11	Bandys	8-0	1	
7 Abby Ausborn	12	West Stokes	8-0	1	
7 Millie McGee	12	West Stokes	8-0	1	
9 Jordan Auldredge	12	East Burke	7-6	1	
9 Avery Milner	9	R-S Central	7-6	1	
11 Addisun Eckard	9	Forbush	7-6	1	
12 Caroline Molesa	9	West Stokes	7-0	1	
13 Natalyah Lawrence		Pisgah	6-0	1	

Girls 4x800 Meter Relay NCHSAA 4A

NAME	YR	TEAM	MARK	H#
1 Lake Norman Charter			9:43.57	1
2 West Stokes			9:46.53	1
3 Tuscola			9:55.74	1
4 Brevard			10:12.69	1
5 Lincoln Charter			10:14.41	1
6 First Flight			10:23.67	1
7 West Stanly			10:25.05	1
8 East Duplin			10:31.12	1
9 South Rowan			10:40.81	1
10 Carrboro			10:48.44	1
11 East Gaston			11:03.10	1
12 Central Davidson			11:27.88	1
13 Pisgah			11:29.60	1
14 Forbush			11:31.23	1
15 Wilkes Central			11:59.51	1

Girls 100 meter Hurdles NCHSAA 4A

Finals

NAME	YR	TEAM	MARK	H#	WIND
1 D'Anna Cotton	12	Cummings, Hugh M.	14.28	1	-1.9
2 Kaili Payne	10	Cummings, Hugh M.	14.34	1	-1.9
3 Honesti Trollinger	11	Cummings, Hugh M.	14.87	1	-1.9
4 Janiyah Little	12	Washington	15.19	1	-1.9
5 Raelle Brown	12	Bandys	15.36	1	-1.9
6 Joselyn Boyd	12	T.W. Andrews	15.84	1	-1.9
7 Taliyah Freeman	10	Salisbury	16.02	1	-1.9
8 Annie Bailey	11	West Iredell	16.06	1	-1.9

Prelims

NAME	YR	TEAM	MARK	H#	WIND
1 D'Anna Cotton	12	Cummings, Hugh M.	14.41	2	
2 Kaili Payne	10	Cummings, Hugh M.	14.83	1	
3 Honesti Trollinger	11	Cummings, Hugh M.	15.57	1	
4 Janiyah Little	12	Washington	15.69	2	
5 Raelle Brown	12	Bandys	15.82	2	
6 Taliyah Freeman	10	Salisbury	15.88	2	
7 Joselyn Boyd	12	T.W. Andrews	16.02	1	
8 Annie Bailey	11	West Iredell	16.41	1	
9 Kyah Davis	10	Anson	16.57	2	
10 Olivia Powell	12	Pisgah	16.59	2	
11 Sa'rai Bivens	11	T.W. Andrews	16.90	1	
12 Keynai Ambers	12	Salisbury	17.51	1	
13 Ashanti Williams	12	Bandys	18.04	2	
14 Molly Mayes	12	Central Academy of Tech	18.71	2	
15 Kayla Lee	11	Carver	19.90	1	

Girls 100 meter Dash NCHSAA 4A

Finals

NAME	YR	TEAM	MARK	H#	WIND
1 Cassidee Fraser	10	North Lenoir	12.06	1	-1.0
2 Valerie Gainey	10	T.W. Andrews	12.12	1	-1.0
3 Kailyn Campbell	11	Stuart W. Cramer	12.38	1	-1.0
4 Mariah Hoy	10	T.W. Andrews	12.44	1	-1.0
5 Renee Fitzpatrick	9	Eastern Wayne	12.55	1	-1.0
6 Jada Harris	11	Eastern Wayne	12.72	1	-1.0
7 Shekiya Woodruff	11	Salisbury	12.76	1	-1.0
8 Janiyah Little	12	Washington	13.15	1	-1.0

Prelims

NAME	YR	TEAM	MARK	H#	WIND
1 Cassidee Fraser	10	North Lenoir	12.07	1	
2 Valerie Gainey	10	T.W. Andrews	12.27	2	
3 Mariah Hoy	10	T.W. Andrews	12.21	1	
4 Kailyn Campbell	11	Stuart W. Cramer	12.36	2	
5 Jada Harris	11	Eastern Wayne	12.40	1	
6 Renee Fitzpatrick	9	Eastern Wayne	12.41	2	
7 Shekiya Woodruff	11	Salisbury	12.59	1	
8 Janiyah Little	12	Washington	12.94	1	
9 Kendall McFalls	11	East Burke	12.96	2	
10 Nazaiah Hatfield	11	Cummings, Hugh M.	12.98	1	
11 McKenna Brock	10	Wilkes Central	13.14	1	
12 Da'Nya Respus-Hand	10	Southwest Onslow	13.22	2	
13 Chloe Deans	10	North Johnston	13.33	1	
14 Rhylea Maness	12	Southwestern Randolph	13.38	2	
15 Mahleah Champion	10	R-S Central	13.53	2	

Girls 4x200 Meter Relay NCHSAA 4A

NAME	YR	TEAM	MARK	H#
1 T.W. Andrews			1:41.42	2
2 Eastern Wayne			1:46.62	2
3 Anson			1:46.74	2
4 Cummings, Hugh M.			1:47.59	2
5 East Gaston			1:49.94	2
6 Southwest Onslow			1:50.50	2
7 East Burke			1:50.73	2
8 Lexington			1:50.82	1
9 Southwest Edgecombe			1:51.00	2
10 East Duplin			1:51.51	1
11 Fred T. Foard			1:51.97	1
12 North Johnston			1:53.28	1
13 Nash Central			1:53.95	1
14 Ledford			1:55.09	1
15 R-S Central			1:55.13	1
16 West Stokes			2:01.80	1

Girls 1600 meter Run NCHSAA 4A

NAME	YR	TEAM	MARK	H#	WIND
1 Kayla Folkes	11	First Flight	5:04.69	1	
2 Aimery Coffey	10	Lake Norman Charter	5:08.65	1	
3 Kiah Smith	9	First Flight	5:14.05	1	
4 Julia Wells	11	Tuscola	5:16.16	1	
5 Emma Nelson	10	Lake Norman Charter	5:19.78	1	
6 Piper Mathis	10	West Stokes	5:22.39	1	
7 Ava Redies	10	Wilkes Central	5:23.15	1	
8 Alora Honeycutt	12	Carrboro	5:23.74	1	
9 Ryley Bowles	12	West Stokes	5:24.16	1	
10 Naomi Hirsch	11	Carrboro	5:33.84	1	
11 Lorelai Reeb	11	Lincoln Charter	5:34.09	1	
12 Veronica Jacques	10	Brevard	5:35.60	1	
13 Mikayla Freeland	11	Lake Norman Charter	5:36.22	1	
14 Millie McGee	12	West Stokes	5:37.67	1	
15 Addie Rutterford	10	East Henderson	5:44.30	1	
16 Emily Drumheller	9	First Flight	5:44.35	1	

Girls 4x100 Meter Relay NCHSAA 4A

Finals

NAME	YR	TEAM	MARK	H#
1 Eastern Wayne			48.66	2
2 T.W. Andrews			48.77	2
3 Cummings, Hugh M.			49.14	2
4 Pisgah			49.34	2
5 Anson			50.38	2
6 Lake Norman Charter			50.88	2

7 Washington	50.89	2
8 North Lenoir	51.11	2
9 Salisbury	51.19	1
10 Lexington	51.81	1
11 Maiden High	52.32	1
12 R-S Central	52.40	1
13 Bandys	52.49	1
14 Lincoln Charter	53.08	1
15 Hibriten	53.15	1
16 East Gaston	53.22	1

Girls 400 meter Dash NCHSAA 4A

NAME	YR	TEAM	MARK	H#	WIND
1 Avariah Bryant	10	Eastern Wayne	57.21	2	
2 Kendall McFalls	11	East Burke	58.88	2	
3 Essence Davis	11	Anson	59.78	2	
4 Khloe Collins	10	Pisgah	59.82	2	
5 Payton Baker	11	East Gaston	1:00.98	2	
6 Emma Zimmerman	9	West Stokes	1:00.99	1	
7 Giovanna Gunnells	9	First Flight	1:01.30	2	
8 Mikayla Taylor	12	Wilkes Central	1:02.16	1	
9 Kita Torrence	11	Lexington	1:02.34	1	
10 Elise Riera-Gomez	12	Tuscola	1:02.63	2	
11 Sienna Black	9	First Flight	1:02.83	1	
12 Aaralyn Pollay	11	West Stokes	1:03.22	1	
13 A'dia Cash	9	Nash Central	1:03.40	1	
14 Victoria Shushlyakova	11	West Stanly	1:04.07	1	
15 Phoenix Everett	11	Clinton High School	1:04.80	1	

Girls 300 meter Hurdles NCHSAA 4A

NAME	YR	TEAM	MARK	H#	WIND
1 D'Anna Cotton	12	Cummings, Hugh M.	43.51	2	
2 Raelle Brown	12	Bandys	45.27	2	
3 Kaili Payne	10	Cummings, Hugh M.	45.77	2	
4 Annie Bailey	11	West Iredell	45.77	2	
5 Honesti Trollinger	11	Cummings, Hugh M.	45.97	2	
6 Kate Champion	11	Lake Norman Charter	47.47	2	
7 Olivia Powell	12	Pisgah	48.28	2	
8 Kyah Davis	10	Anson	48.32	1	
9 Janiyah Little	12	Washington	48.37	2	
10 Sa'rai Bivens	11	T.W. Andrews	48.62	1	
11 Khamya Woods	10	Jordan-Matthews	48.63	1	
12 Kemora Turner-Williams	11	T.W. Andrews	48.67	1	
13 Jakayla Carr	11	East Duplin	49.55	1	
14 Molly Mayes	12	Central Academy of Tech	50.14	1	
15 Mia Parker	9	Forbush	50.74	1	
16 Gracie Smith	10	East Burke	50.78	1	

Girls 800 meter Run NCHSAA 4A

NAME	YR	TEAM	MARK	H#	WIND
1 Kayla Folkes	11	First Flight	2:17.34	1	
2 Olivia Arnold	12	Tuscola	2:20.56	1	
3 Chloe Shiffert	10	West Stokes	2:25.71	1	
4 Naomi Hirsch	11	Carrboro	2:26.35	1	
5 Maddie Galloway	11	Brevard	2:27.29	1	
6 Hadley Merritt	9	Brevard	2:27.62	1	
7 Emma Hayes	9	Wilkes Central	2:27.63	1	
8 Mary Caroline Williams	11	Lake Norman Charter	2:28.22	1	
9 Daianah Racziu	12	Lake Norman Charter	2:30.10	1	
10 Abby Maxwell	11	West Stokes	2:31.16	1	
11 Eve Lloyd	9	Carrboro	2:31.65	1	
12 Anamarie Rodriguez	11	East Duplin	2:33.25	1	
13 Makenna Barham	10	South Rowan	2:35.76	1	
14 Emily Drumheller	9	First Flight	2:39.81	1	

Girls 200 meter Dash NCHSAA 4A

NAME	YR	TEAM	MARK	H#	WIND
1 Cassidee Fraser	10	North Lenoir	24.29	2	-0.9
2 Valerie Gainey	10	T.W. Andrews	24.46	2	-0.9
3 Kailyn Campbell	11	Stuart W. Cramer	25.43	2	-0.9
4 Shekiya Woodruff	11	Salisbury	25.83	2	-0.9
5 Mariah Hoy	10	T.W. Andrews	25.94	2	-0.9
6 Diamond Edwards	11	Eastern Wayne	26.28	2	-0.9
7 Bailey Conner	12	Pisgah	26.62	2	-0.9
8 Destini Spencer	12	Washington	26.89	1	-1.9
9 Aiyana Neilly	10	Graham	27.28	1	-1.9
10 Taliyah Freeman	10	Salisbury	27.31	1	-1.9
11 Chloe Burton	10	Lake Norman Charter	27.63	1	-1.9
12 Ari Miller	9	Bandys	28.09	1	-1.9
13 Da'Nya Respus-Hand	10	Southwest Onslow	28.13	1	-1.9
14 Mya Johnson	10	West Iredell	28.66	1	-1.9

Girls 3200 meter Run NCHSAA 4A

NAME	YR	TEAM	MARK	H#	WIND
1 Morgan Miller	12	First Flight	10:47.44	1	
2 Aimery Coffey	10	Lake Norman Charter	11:09.93	1	
3 Kiah Smith	9	First Flight	11:39.18	1	
4 Alora Honeycutt	12	Carrboro	11:49.28	1	
5 Ava Redies	10	Wilkes Central	11:50.80	1	
6 Lillian Reeb	11	Lincoln Charter	11:57.90	1	
7 Kylie Campbell	10	Brevard	12:19.90	1	
8 Piper Mathis	10	West Stokes	12:21.37	1	
9 Rachel Bower	11	Central Davidson	12:22.33	1	
10 Mikayla Freeland	11	Lake Norman Charter	12:23.86	1	
11 Madalynn Gullledge	12	South Rowan	12:38.48	1	

12 Addie Rutterford	10	East Henderson	12:41.64	1
13 Lillian Lagarde	12	Carrboro	12:48.81	1
14 Rachel Brummer	12	Wilkes Central	13:07.69	1
15 Quinn Wisecarver	9	First Flight	13:24.42	1

Girls 4x400 Meter Relay NCHSAA 4A

NAME YR TEAM	MARK	H#
1 Pisgah	4:02.16	2
2 Tuscola	4:07.58	2
3 First Flight	4:08.17	2
4 Lake Norman Charter	4:11.06	2
5 West Stokes	4:13.19	2
6 Bandys	4:13.56	2
7 East Duplin	4:15.70	2
8 Nash Central	4:24.56	1
9 Wilkes Central	4:24.89	2
10 Lexington	4:26.08	1
11 Brevard	4:27.89	1
12 East Burke	4:30.12	1
13 Lincoln Charter	4:30.39	1
14 Fred T. Foard	4:31.40	1
15 Central Academy of Technology	4:36.08	1