

NCHSAA 3A Track & Field Championships

North Carolina A&T State University

May 16, 2025

Women - NCHSAA 3A Girls - Team Rankings

Name	Points	Name	Points
1 Dudley	81	28 St. Stephens	9
2 Northside (3A)	38	29 Kings Mountain	9
2 North Lincoln	38	31 Central Davidson	8
4 A.C. Reynolds	33	31 Fike High School	8
5 Atkins	27	33 South Rowan	6
6 Jay M Robinson	25	34 Tuscola	5
6 Franklin	25	34 Lake Norman Charter School	5
7 Orange	25	35 Cedar Ridge	5
9 E.E. Smith	24	36 South Point	5
10 Jacksonville	22	37 Smithfield-Selma	5
10 Northwest Cabarrus	22	39 Charles B. Aycock	4
12 Northeast Guilford	20	39 West Charlotte	4
13 Union Pines	19	40 Franklinton	4
14 First Flight	18	41 Scotland County	4
14 Piedmont	18	42 North Iredell	4
16 Croatan	17	44 Richlands	3
16 Statesville	17	44 Rose, J.H.	3
18 West Carteret	15	45 Pisgah	3
19 Southern Sch of Energy/Sustainability	14	46 White Oak	3
20 Terry Sanford	12	47 Western Alamance	3
21 Southern Guilford	10	48 Rocky Mount	3
21 Westover	10	49 West Henderson	3
22 Seventy-First	10	50 North Davidson	3
23 East Rowan	10	52 Oak Grove High School	2
24 Lee County	10	53 West Rowan	1
25 Ashe County	10	53 Carrboro	1
27 Durham School of the Arts	9	54 Swansboro	1
27 North Buncombe	9		

Girls 100 Meter Dash NCHSAA 3A

Preliminaries

Name	Yr	School	Seed	Prelims	Wind	H#
1 Jalee Brown	12	Dudley	11.76	11.77Q	-0.6	2
2 Briana St Louis	12	Union Pines	11.86	11.91Q	0.4	1
3 Nilijah Darden	12	Dudley	11.94	11.93Q	-0.6	2
4 Coryn Tucker	11	Jay M Robinson	11.86	11.96Q	0.4	1
5 Natalie Brown	12	Northwest Cabarrus	12.13	12.05q	-0.6	2
6 Nakirah Adams	12	Statesville	12.28	12.22q	-0.6	2
7 Taliyha Brown	11	Western Alamance	12.17	12.27q	0.4	1
8 Paris Barber	11	Seventy-First	12.16	12.39q	0.4	1
9 Aminata Morgan	12	Terry Sanford	12.27	12.43	-0.6	2
10 Kailyn Campbell	10	Stuart W. Cramer	12.35	12.58	0.4	1
11 Mya Horsley	11	West Charlotte	12.55	12.60	-0.6	2
12 Iyanna Mitchner	10	Smithfield-Selma	12.41	12.63	0.4	1
13 Tamia Parks	11	Hunter Huss	12.58	12.65	0.4	1
14 Amani Dawson	11	Currituck County	12.75	12.66	-0.6	2
15 Sydney Hyman	10	Smithfield-Selma	12.73	12.67	0.4	1

Girls 100 Meter Dash NCHSAA 3A

Finals

Name	Yr	School	Prelims	Finals	Wind	Points
1 Jalee Brown	12	Dudley	11.77	11.53	1.9	10
2 Briana St Louis	12	Union Pines	11.91	11.65	1.9	8
3 Nilijah Darden	12	Dudley	11.93	11.78	1.9	6
4 Coryn Tucker	11	Jay M Robinson	11.96	11.83	1.9	5
5 Natalie Brown	12	Northwest Cabarrus	12.05	11.98	1.9	4
6 Taliyha Brown	11	Western Alamance	12.27	12.10	1.9	3 12.094
7 Nakirah Adams	12	Statesville	12.22	12.10	1.9	2 12.097
8 Paris Barber	11	Seventy-First	12.39	12.24	1.9	1

Girls 200 Meter Dash NCHSAA 3A

Name	Yr	School	Seed	Finals	Wind	H#	Points
1 Jalee Brown	12	Dudley	23.67	23.32	+0.0	2	10
2 Briana St Louis	12	Union Pines	24.35	23.98	+0.0	2	8
3 Coryn Tucker	11	Jay M Robinson	24.43	24.20	+0.0	2	6
4 Nilijah Darden	12	Dudley	24.70	24.41	+0.0	2	5
5 Kori Taylor	9	Northeast Guilford	24.83	24.71	+0.0	2	4
6 Paris Barber	11	Seventy-First	25.54	24.97	1.1 1	3	
7 Aminata Morgan	12	Terry Sanford	25.93	25.05	1.1 1	2	
8 Nakirah Adams	12	Statesville	25.24	25.08	+0.0 2	1	
9 Kailyn Campbell	10	Stuart W. Cramer	25.98	25.36	1.1	1	
10 Rachel Tolbert	12	South Point	25.53	25.64	1.1	1	
11 Lakeiya Sanders	12	E.E. Smith	25.41	25.70	+0.0	2	
12 Iyanna Mitchner	10	Smithfield-Selma	26.08	25.75	1.1	1	
13 Sydney Hyman	10	Smithfield-Selma	26.34	25.77	1.1	1	
14 Kaydence Daniels	12	Northside (3A)	25.45	25.92	+0.0	2	
15 Jaliyah Bradley	11	Havelock	26.14	26.40	1.1	1	

Girls 400 Meter Dash NCHSAA 3A

Name	Yr	School	Seed	Finals	H#	Points
1 Tianna Spinks	12	Southern Guilford	54.62	54.86	2	10
2 Coryn Tucker	11	Jay M Robinson	56.06	55.69	2	8
3 Z'Niyah Taylor	9	Dudley	57.02	56.66	2	6
4 Rachel Tolbert	12	South Point	56.95	56.79	2	5
5 Natalie Brown	12	Northwest Cabarrus	58.29	56.82	2	4
6 Shaleeah Kinsey	9	Rose, J.H.	58.97	58.71	2	3
7 Kelani Carter	9	Franklinton	59.60	58.83	1	2
8 Lela Besemer	10	Croatan	58.12	59.28	2	1
9 Piper Jillings	10	Hickory	59.74	59.49	1	
10 Lakeiya Sanders	12	E.E. Smith	59.09	59.52	1	
11 Sophia Banks	12	North Buncombe	59.95	1:00.47	1	
12 Michelle Ortega	11	Franklin	1:00.31	1:00.51	1	
13 Asia Whitsett	10	Orange	1:01.43	1:01.86	1	
14 Angel Harmon	12	Southern Wayne	1:00.76	1:04.98	1	

Girls 800 Meter Run NCHSAA 3A

Name	Yr	School	Seed	Finals	Points
1 Zoe Dorsey	11	Terry Sanford	2:20.29	2:10.48	10
2 Jillian Parks	12	Central Davidson	2:12.65	2:10.55	8
3 Bella Green	12	North Lincoln	2:16.65	2:15.44	6
4 Olivia Ferraro	11	North Lincoln	2:14.86	2:16.03	5
5 Adelyn Alvis	11	Orange	2:23.14	2:17.11	4
6 Kamrey Watkins	10	Richlands	2:21.36	2:19.04	3
7 Joli Rossi	10	Croatan	2:20.31	2:19.89	2
8 Emma Sanders	10	Swansboro	2:22.36	2:20.26	1
9 Lillian Broadway	10	Piedmont	2:22.00	2:21.41	
10 Lucy Skierczynski	9	A.C. Reynolds	2:20.15	2:22.40	
11 Sally King	12	West Carteret	2:26.06	2:23.43	
12 Ava Childress	12	Williams, Walter	2:24.06	2:25.52	
13 Lylah Dennis	10	West Rowan	2:21.53	2:26.18	
14 Elizabeth McKinzey	10	E.E. Smith	2:30.39	2:28.84	
15 Delaney Schie	10	Piedmont	2:21.94	2:30.36	

Girls 1600 Meter Run NCHSAA 3A

Name	Yr	School	Seed	Finals	Points
1 Olivia Ferraro	11	North Lincoln	5:11.40	4:59.74	10
2 Georgy Helmers	11	E.E. Smith	4:57.16	5:01.01	8
3 Bella Green	12	North Lincoln	5:17.14	5:03.09	6
4 Kayla Folkes	10	First Flight	5:02.51	5:03.72	5
5 Reagan Clifton	9	Croatan	5:13.56	5:11.50	4
6 Reilly Jermyn	9	Orange	5:14.45	5:15.62	3
7 Naomi Dyreng	12	Cedar Ridge	5:15.34	5:15.66	2

8 Paige Kiesling	11	Atkins	5:18.87	5:16.01	1
9 Delaney Horton	12	Swansboro	5:12.59	5:16.96	
10 Aimery Coffey	9	Lake Norman	5:18.98	5:24.77	
11 Hannah Creech	11	Oak Grove High	5:31.52	5:28.09	
12 Ava Bishop	9	Orange	5:35.78	5:28.65	
13 Ella Myers	9	North Lincoln	5:23.87	5:32.22	
14 Julia Wells	10	Tuscola	5:30.09	5:40.17	

Girls 3200 Meter Run NCHSAA 3A

Name	Yr	School	Seed	Finals	Points
1 Georgy Helmers	11	E.E. Smith	10:46.36	10:35.65	10
2 Morgan Miller	11	First Flight	10:42.32	10:38.28	8
3 Hope Julian	9	South Rowan	11:09.89	11:09.56	6
4 Kayla Folkes	10	First Flight	11:32.25	11:14.83	5
5 June Leis	9	A.C. Reynolds	11:28.76	11:15.30	4
6 Naomi Dyreng	12	Cedar Ridge	11:46.22	11:30.37	3
7 Reagan Clifton	9	Croatan	11:43.30	11:35.01	2
8 Reilly Jermyn	9	Orange	11:38.76	11:45.43	1
9 Audrey Cadeau	9	A.C. Reynolds	11:44.88	11:45.60	
10 Amron Rice	11	West Henderson	11:37.18	12:00.37	
11 Ava Bishop	9	Orange	12:08.14	12:06.75	
12 Megan Stowe	10	North Buncombe	11:46.94	12:06.81	
13 Kara Crotts	10	Jesse Carson	11:59.10	12:08.16	
14 Andy Tepera	12	Piedmont	12:04.86	12:20.93	
15 Elsa Helms	10	Oak Grove High	12:25.44	12:48.08	

Girls 100 Meter Hurdles NCHSAA 3A Preliminaries

Name	Yr	School	Seed	Prelims	Wind	H#
1 Samone Arrington	11	Southern School	14.38	14.32Q	-0.4	2
2 Madison Crowder	12	Dudley	14.43	14.52Q	-1.3	1
3 Ogechi Ezeigbo	12	Atkins	14.54	14.69Q	-1.3	1
4 Layla Jones	12	Lake Norman	14.60	14.74Q	-0.4	2
5 Laura Covarrubias	12	Franklin	15.18	14.82q	-1.3	1
6 Jamia Witcher-Knox	12	Statesville	14.66	15.18q	-0.4	2
7 Kaela Tyson	11	Piedmont	15.02	15.22q	-1.3	1
8 Lexi Tripp	11	Croatan	15.27	15.24q	-0.4	2
9 Saoirse Runne	12	Havelock	15.64	15.47	-0.4	2
10 Adelyn Alvis	11	Orange	15.75	15.96	-1.3	1
11 Olivia Powell	11	Pisgah	16.20	16.27	-0.4	2
12 Camryn Keon	10	West Johnston	16.07	16.34	-0.4	2
13 Destyni Harris	12	Person	16.56	16.52	-1.3	1
14 Leah Woods	12	East Wake	16.91	17.11	-1.3	1
15 Nylah Roberts	9	Rocky Mount	15.87	17.15	-1.3	1
16 Aubrey Graham	9	Statesville	17.49	17.92	-0.4	2

Girls 100 Meter Hurdles NCHSAA 3A Finals

Name	Yr	School	Prelims	Finals	Wind	Points
1 Samone Arrington	11	Southern School	14.32	14.14	-0.3	10
2 Madison Crowder	12	Dudley	14.52	14.38	-0.3	8
3 Ogechi Ezeigbo	12	Atkins	14.69	14.59	-0.3	6
4 Laura Covarrubias	12	Franklin	14.82	14.65	-0.3	5
5 Layla Jones	12	Lake Norman	14.74	14.68	-0.3	4
6 Jamia Witcher-Knox	12	Statesville	15.18	14.89	-0.3	3
7 Kaela Tyson	11	Piedmont	15.22	14.96	-0.3	2
8 Lexi Tripp	11	Croatan	15.24	15.06	-0.3	1

Girls 300 Meter Hurdles NCHSAA 3A

Name	Yr	School	Seed	Finals	H#	Points
1 Sadie Featherstone	12	East Rowan	43.91	43.32	2	10
2 Laura Covarrubias	12	Franklin	44.51	43.39	2	8
3 Brianna Lofton	11	Jacksonville	45.75	44.43	2	6
4 Narayana Haukka	11	A.C. Reynolds	45.73	45.20	2	5
5 Samone Arrington	11	Southern School	45.77	45.34	2	4
6 Lexi Tripp	11	Croatan	46.51	46.08	1	3
7 Kaela Tyson	11	Piedmont	46.42	46.29	2	2
8 Olivia Powell	11	Pisgah	46.85	46.48	1	1
9 Charlotte Langdon	11	Harnett Cent	48.44	47.06	1	
10 Saoirse Runne	12	Havelock	48.28	47.32	1	
11 Miley Carrico	10	East Rowan	46.78	47.67	1	
12 Nylah Roberts	9	Rocky Mount	48.45	47.85	1	
13 Aviona Scott	12	Scotland Cou	47.75	47.99	1	
14 Amaiya Williams	12	White Oak	47.86	48.34	1	
15 Kate Champion	10	Lake Norman	46.29	48.64	2	
16 Sahanna McLeod	11	Harding Univ	46.22	54.21	2	

Girls 4x100 Meter Relay NCHSAA 3A

School	Seed	Finals	H#	Points
1 Northside (3a) 'A'	48.99	48.29	2	10 48.282
1) Taylor Cooper 10 2) Cheyenne Walker 12 3) MaCaela Claxton 12 4) Kaydence Daniels 12				
2 Northeast Guilford 'A'	49.39	48.29	2	8 48.287
1) Navia Coles 11 2) Kori Taylor 9 3) Treasure Duff 9 4) Trinity Duff 9				
3 Seventy-First 'A'		48.51	1	6
1) Amiyah Green 10 2) Kyla Banks 12 3) Miyona Beamon 10 4) Paris Barber 11				
4 Jay M Robinson 'A'	49.94	48.65	1	5
1) Micha Blackmon 11 2) Zarriya York 10 3) Chelsea McLeod 12 4) Alivia Johnson 12				
5 West Charlotte 'A'	48.44	48.91	2	4
1) Chloe Stitt 10 2) Mya Horsley 11 3) McKinley Sutton 10 4) Jaselle Matthews 10				
6 Scotland County 'A'		49.65	1	3
1) Madison Mackie 12 2) Aviona Scott 12 3) Ray-Ahnna Kirk 11 4) Angel Scott 12				
7 Jacksonville 'A'	49.66	49.74	2	2
1) Sanaa Mosley 12 2) Lauryn Gholston 12 3) Destini Benton 10 4) Brianna Lofton 11				

8 Lake Norman Charter School 'A'	50.40	49.90	1	1
1) Layla Jones 12 2) Samaria Watson 12 3) TaNiyha Sanders 12 4) Keira Rooney 11				
9 White Oak 'A'	49.49	50.25	2	
1) Alexis Myers 11 2) Jazaria Nixon 12 3) Joneisha Eberhardt 11 4) Hayleigh Fonville 12				
10 Western Alamance 'A'		50.33	1	50.321
1) Sydnie Graves 10 2) Jada Webb 9 3) Ava Mitchell 9 4) Taliyha Brown 11				
11 Statesville 'A'	49.65	50.33	2	50.326
1) Kaziya Cromwell 9 2) Sakari Johnson 12 3) Justice Rucker 10 4) Aubrey Graham 9				
12 West Johnston 'A'	50.75	50.61	1	
1) Madison Baker 9 2) Camryn Keon 10 3) Adreanna Brantley-Smith 12 4) Kaleah James 9				
13 Dudley 'A'	47.25	50.69	2	
1) Bridgette Dow 9 2) Nilijah Darden 12 3) Amaya Wright 12 4) Jalee Brown 12				
14 Terry Sanford 'A'		50.76	1	
1) Janell Boone 11 2) Aminata Morgan 12 3) Jada Cromartie 11 4) Naomi Ward				
15 Franklin 'A'	50.62	50.97	1	
1) Michelle Ortega 11 2) Anna Timan 10 3) Kai Pelletier 10 4) Channing Ray 9				

Girls 4x200 Meter Relay NCHSAA 3A

School	Seed	Finals	H#	Points
1 Dudley 'A'	1:44.30	1:36.64	2	10
1) Z'Niyah Taylor 9 2) Jalee Brown 12 3) Nilijah Darden 12 4) Shalei Jordan 10				
2 Northeast Guilford 'A'	1:41.18	1:39.96	2	8
1) Treasure Duff 9 2) Navia Coles 11 3) Trinity Duff 9 4) Kori Taylor 9				
3 Northside (3a) 'A'	1:42.44	1:41.77	2	6
1) Taylor Cooper 10 2) Cheyenne Walker 12 3) MaCaela Claxton 12 4) Kaydence Daniels 12				
4 Smithfield-Selma 'A'	1:44.91	1:42.69	1	5
1) Sydney Hyman 10 2) Tatyana Saunders 11 3) Aniya Boyce 12 4) Iyanna Mitchner 10				
5 A.C. Reynolds 'A'	1:42.73	1:42.71	2	4
1) Eva Chudomel 9 2) Jaylee Monteith 10 3) Nara Haukka 11 4) Evva Hamilton 12				
6 Jacksonville 'A'	1:44.02	1:42.91	2	3
1) NaQuayla Stanford 12 2) Lauryn Gholston 12 3) Sanaa Mosley 12 4) Brianna Lofton 11				
7 Statesville 'A'	1:44.34	1:43.22	2	2
1) Jayla Parham 10 2) Nakirah Adams 12 3) Justice Rucker 10 4) Sakari Johnson 12				
8 Jay M Robinson 'A'	1:44.85	1:44.04	2	1
1) Micha Blackmon 11 2) Zarriya York 10 3) Chelsea McLeod 12 4) Alivia Johnson 12				
9 Seventy-First 'A'	1:46.16	1:44.44	1	
1) Gianna Hanson 11 2) Kyla Banks 12 3) Miyona Beamon 10 4) Paris Barber 11				
10 Hunter Huss 'A'	1:46.05	1:45.00	1	
1) Akira Walker 12 2) Aaliyah Lowrance 10 3) Makenzee Montgomery 11 4) Tamia Parks 11				
11 Ashbrook 'A'	1:45.97	1:45.86	1	
1) Kamyah Brown 12 2) Jessaun Williams 10 3) Khaliah Witherspoon 11 4) Bra'Kiyah Kendrick 12				
12 E.E. Smith 'A'	1:45.80	1:46.00	1	
1) Leneshia Durr 10 2) Jimmia Carter 10 3) Zariyah Wilson 11 4) Elizabeth McKinzey 10				
13 White Oak 'A'	1:45.81	1:46.90	1	
1) Ava Spreder 10 2) Hayleigh Fonville 12 3) Nyla Bell 12 4) Amaiya Williams 12				
14 Orange 'A'	1:47.42	1:47.48	1	
1) Gianni Burnette 10 2) Kaleeya Fearrington 10 3) Asia Whitsett 10 4) Clara Fowlkes 10				
15 Atkins 'A'	1:44.89	1:49.49	1	
1) Onyi Ezeigbo 2) Ogechi Ezeigbo 12 3) Amy Niang 11 4) Brooklyn Clemons 10				

Girls 4x400 Meter Relay NCHSAA 3A

School	Seed	Finals	H#	Points
1 Dudley 'A'	3:56.01	3:51.44	2	10
1) Aa'Niyah Massey 12 2) Shalei Jordan 10 3) Amber Williams 9 4) Z'Niyah Taylor 9				
2 Northwest Cabarrus 'A'	4:01.83	3:55.88	2	8
1) Elly Selmer 12 2) Natalie Brown 12 3) Ceaire Barringer 12 4) Mariah Logan 11				
3 A.C. Reynolds 'A'	3:58.02	3:56.48	2	6
1) Nara Haukka 11 2) Eva Chudomel 9 3) Jaylee Monteith 10 4) Evva Hamilton 12				
4 North Lincoln 'A'	4:00.90	4:03.08	2	5
1) Amanda Lutz 10 2) Olivia Ferraro 11 3) Bella Green 12 4) Ella Myers 9				
5 Croatan 'A'	4:03.12	4:03.45	2	4
1) Joli Rossi 10 2) Lexi Tripp 11 3) Nora Smith 10 4) Lela Besemer 10				
6 E.E. Smith 'A'	4:03.96	4:03.76	2	3
1) Elizabeth McKinzey 10 2) Lenesha Durr 10 3) Zariyah Wilson 11 4) Lakeiya Sanders 12				
7 Pisgah 'A'	4:10.76	4:06.21	1	2
1) Mattie Dorlan 12 2) Skylar Ball 12 3) Khloe Collins 9 4) Bailey Conner				
8 Scotland County 'A'	4:04.08	4:06.22	2	1
1) Janiyla McBryde 11 2) Ava Gale 10 3) Angel Scott 12 4) Aviona Scott 12				
9 West Carteret 'A'	4:07.11	4:07.93	1	
1) Anderson Day 12 2) Sally King 12 3) MaryBeth Garrison 12 4) Elaina Sherline 12				
10 Durham School of the Arts 'A'	4:07.32	4:09.11	1	
1) Anieya Bridgers 9 2) Kelci Lucas 11 3) Jaidyn Thomas 10 4) Faith Yon 10				
11 Jay M Robinson 'A'	4:13.82	4:10.62	1	
1) Alivia Johnson 12 2) Parker Greenfield 9 3) Sarea Mcelrath 10 4) Makayla Morrell 10				
12 Rose, J.H. 'A'	4:14.18	4:11.03	1	
1) Shaleeah Kinsey 9 2) Ella Barrow 10 3) Shakeela Daniels 12 4) Carys Carson 11				
13 Lake Norman Charter School 'A'	4:12.01	4:11.32	1	
1) Keira Rooney 11 2) Layla Jones 12 3) Kate Champion 10 4) MC Williams 10				
14 White Oak 'A'	4:09.84	4:13.82	1	
1) Ava Spreder 10 2) Nyla Bell 12 3) Alexis Myers 11 4) Amaiya Williams 12				
15 Seventy-First 'A'	4:07.29	4:14.50	1	
1) Kyla Banks 12 2) Amiyah Green 10 3) Nya Jackson 11 4) Gianna Hanson 11				
-- West Charlotte 'A'	4:04.33	DQ	2	2nd leg broke early
1) Jaselle Matthews 10 2) Jade Foster 9 3) Aniya Higgins 11 4) Chloe Stitt 10				

Girls 4x800 Meter Relay NCHSAA 3A

School	Seed	Finals	Points
1 A.C. Reynolds 'A'	9:35.36	9:35.13	10
1) Evva Hamilton 12 2) Stella Redmond 9 3) Lucy Skierczynski 9 4) June Leis 9			
2 West Carteret 'A'	9:53.57	9:38.82	8
1) Marlena Marson 11 2) Elaina Sherline 12 3) Anderson Day 12 4) Sally King 12			
3 Piedmont 'A'	9:46.26	9:42.55	6
1) Delaney Schie 10 2) Andy Tepera 12 3) Lillian Broadway 10 4) Dylan Tepera 12			
4 Tuscola 'A'	9:41.49	9:43.88	5
1) Olivia Arnold 11 2) Luci Snyder Lowe 12 3) Natalie Jimenez 9 4) Julia Wells 10			
5 Orange 'A'	10:17.74	10:00.47	4
1) Kayla Willey 11 2) Ava Bishop 9 3) Kinsey Ross 9 4) Reilly Jermyn 9			

6 West Henderson 'A' 9:50.41 10:01.11 3
 1) Alysia Madera 12 2) Morgan English 10 3) Sawyer Manuel 10 4) Amron Rice 11
 7 North Iredell 'A' 9:52.73 10:08.36 2
 1) Kayden Madden 12 2) Baylee Steele 10 3) Julia Hollar 12 4) Breanna Sturtevant 11
 8 Northwest Cabarrus 'A' 10:09.97 10:10.20 1
 1) Shaina Chiniwalla 11 2) Lily Manion 12 3) Elly Selmer 12 4) Gabrielle Bailey 9
 9 South Rowan 'A' 10:14.63 10:26.19
 1) Madalynn Gulledege 11 2) Makenna Barham 9 3) Gracie Hinson 10 4) Hope Julian 9
 10 Rose, J.H. 'A' 10:14.51 10:30.04
 1) Mary M Henslee 9 2) Maria Wright 9 3) Carys Carson 11 4) Ella Barrow 10
 11 Lake Norman Charter School 'A' 10:08.61 10:31.69
 1) MC Williams 10 2) Daianah Racziu 11 3) Mikayla Freeland 10 4) Aimery Coffey 9
 12 Havelock 'A' 10:12.24 10:36.69
 1) Kaitlynn Howell 12 2) Timayah Brown 12 3) Marina Lewis 10 4) Sarah Fedyna 11
 13 Union Pines 'A' 10:36.87 10:39.62
 1) Madison Davis 9 2) Natalie Blackmore 11 3) Allyson Flewwellin 12 4) Marie Weber 10
 14 Durham School of the Arts 'A' 10:49.17 11:00.39
 1) Kara Ostrovsky 9 2) Anna Long 11 3) Keira Psichos 9 4) Jaidyn Thomas 10
 15 Rocky Mount 'A' 10:37.18 11:05.20
 1) Kimora Bandy 2) Kennedy Turrentine 11 3) Wyneshia Jones 11 4) NiQuira Bell 11
 16 Croatan 'A' 10:01.68 11:10.49
 1) Ella Richardson 2) Faith Eilertson 3) Maddie Smith 4) Victoria Salas

Girls High Jump NCHSAA 3A

Name	Yr	School	Seed	Finals	Points
1 Asia Mckay	10	Westover	5-07.00	5-09.25	10
2 Lauryn Gholston	12	Jacksonville	5-04.00	5-06.00	8
3 MaCaela Claxton	12	Northside (3A)	5-06.00	5-04.00	6
4 London Brown	12	Kings Mountain	5-02.00	5-02.00	5
5 Jaylee Monteith	10	A.C. Reynolds	5-02.00	J5-02.00	3
5 Candrice Davis	10	Rocky Mount	5-04.00	J5-02.00	3
5 Ellie Chapin	12	Union Pines	5-04.00	J5-02.00	3
8 Eva Chudomel	9	A.C. Reynolds	5-00.00	J5-02.00	1
9 Nora Smith	10	Croatan	4-10.00	5-00.00	
9 Justus Bradford	12	Franklin	5-02.00	5-00.00	
9 Kiara Hill	10	Southern Guilford	5-00.00	5-00.00	
9 Rebecca Wilson	12	Asheboro	4-10.00	5-00.00	
13 Addie Bitsas	12	Durham School	5-02.00	J5-00.00	
14 Jayden Carter	12	West Rowan	5-00.00	J5-00.00	
15 Ariana Washington	9	Northside (3A)	5-00.00	4-10.00	
16 Kaela Tyson	11	Piedmont	5-00.00	4-08.00	

Girls Pole Vault NCHSAA 3A

Name	Yr	School	Seed	Finals	Points
1 Gracie Finley	11	Ashe County	10-06.00	10-06.00	10
2 Clara Fowlkes	10	Orange	9-00.00	J10-06.00	8
3 Blythe Jaworsky	12	North Lincoln	11-00.00	J10-06.00	6
4 Elizabeth Surface	9	Durham School	10-00.00	10-00.00	5
5 Alanna Snelson	12	Kings Mounta	9-06.00	9-06.00	4
6 Hadley Smith	12	North Davids	9-06.00	9-00.00	3
7 Makenna Mayo	10	West Carteret	8-06.00	8-06.00	2
8 Kierstyn Pate	11	Orange	8-06.00	J8-06.00	1
9 Marleigh Patton	11	West Carteret	8-06.00	8-00.00	
9 Kadence Parton	9	West Henderson	8-06.00	8-00.00	
11 Elena McCormick	9	White Oak	8-00.00	J8-00.00	
12 Isbella DiBenedetto Wils	10	Northwest Cabarrus	7-06.00	7-06.00	
12 Lilly-Anne Higgins	12	White Oak	7-06.00	7-06.00	
14 Riley Bauer	10	Union Pines	8-00.00	J7-06.00	

Girls Long Jump NCHSAA 3A

Name	Yr	School	Seed	Finals	Wind	Points
1 Kaydence Daniels	12	Northside (3A)	17-06.00	18-10.50	0.1	10
2 Jewel Brewington	12	Fike High School	17-01.00	17-10.25	0.9	8
3 Laura Covarrubias	12	Franklin	17-03.50	17-06.00	-0.1	6
4 Mariah Logan	11	Northwest Cabarrus	17-09.50	17-05.25	0.3	5
5 Adelyn Alvis	11	Orange	18-04.00	17-03.25	0.4	4
6 Hayleigh Fonville	12	White Oak	16-08.50	17-01.00	0.8	3
7 Telia Fisher	9	Franklinton	17-09.00	16-09.00	NWI	2
8 Arlie Priestley	12	St. Stephens	16-07.50	16-08.25	1.7	1
9 Breana Allison	11	Montgomery Central	17-04.50	16-06.00	1.4	
10 Layla Hasan	11	Northern Nash	17-07.75	16-05.00	0.8	
11 Leila Sifford	12	Central Cabarrus	17-03.00	16-03.50	1.5	
12 Sanaa Mosley	12	Jacksonville	16-11.50	16-03.25	1.9	
13 Kamden Reis	10	Franklin	16-01.75	16-00.50	-0.8	
14 Jordan Johnson	12	Dudley	17-05.00	15-09.75	0.1	
15 Angel Scott	12	Scotland County	17-07.50	15-06.75	1.1	
16 Gracie Finley	11	Ashe County	16-00.50	14-06.75	-0.1	

Girls Triple Jump NCHSAA 3A

Name	Yr	School	Seed	Finals	Wind	Points
1 Emmanuelle Whitehead	11	Lee County	37-01.50	38-06.25	-3.8	10
2 Arlie Priestley	12	St. Stephens	35-11.00	37-01.00	-2.0	8
3 Serenitie Johnson	12	Dudley	36-05.50	37-00.50	+0.0	6
4 MaryBeth Garrison	12	West Carteret	35-09.50	36-08.00	+0.0	5
5 Cheyenne Walker	12	Northside (3A)	35-08.00	36-07.00	+0.0	4
6 NaQuayla Stanford	12	Jacksonville	36-00.00	36-00.50	-0.2	3
7 Taylor Cooper	10	Northside (3A)	35-10.00	35-07.25	-0.8	2
8 Jayden Carter	12	West Rowan	35-09.00	34-07.25	+0.0	1

9 Layla Hasan	11	Northern Nash	34-07.50	33-08.50	0.2
10 Breana Allison	11	Montgomery Central	35-05.00	33-08.00	+0.0
11 Victoria Simeonova	11	Durham School	34-07.00	33-02.25	-0.4
12 Nevaeh Thomas	9	Crest	33-00.50	32-05.00	0.1
13 Kamden Reis	10	Franklin	33-08.75	32-03.00	-0.9
14 Ellie Chapin	12	Union Pines	34-11.25	32-00.50	0.3
-- Leila Sifford	12	Central Cabarrus	35-06.50	FOUL	

Girls Shot Put NCHSAA 3A

Name	Yr	School	Seed	Finals	Points
1 Maddison Davis	10	Atkins	40-09.00	42-06.25	10
2 Ava Privette	10	Piedmont	36-06.50	38-02.25	8
3 Charley Seagle	12	Franklin	34-09.00	37-10.75	6
4 Kymari Barham	10	Dudley	37-06.00	37-08.25	5
5 Alonna Frederick	10	Charles B. A	37-01.75	37-07.50	4
6 Brianna Davis	10	E.E. Smith	35-09.00	37-04.75	3
7 Allison Sanders	12	North Iredel	37-04.00	37-02.75	2
8 Promise Lovelace	11	Statesville	37-00.00	37-00.25	1
9 Emma Hadley	11	Oak Grove High	35-07.50	36-05.50	
10 Alanna Massey	12	Smithfield-Selma	34-09.25	34-02.00	
11 AhYanna Jackson	12	West Brunswick	34-10.00	34-01.50	
12 Lily Wilson	10	North Buncombe	35-01.00	33-03.50	
13 Jayla Sumpter	12	Western Harn	33-07.50	32-05.25	
14 Jakira Jacobs	11	Lee County	32-05.00	32-03.25	
15 Katherine Cahall	11	Swansboro	33-08.00	31-03.75	
16 Ka'liyah Speller	12	E.E. Smith	32-08.50	30-06.00	

Girls Discus Throw NCHSAA 3A

Name	Yr	School	Seed	Finals	Points
1 Maddison Davis	10	Atkins	145-03	150-03	10
2 Iyona Reid	11	Statesville	135-05	135-08	8
3 Amelia Smith	12	North Buncombe	125-03	123-05	6
4 Nathalia Small	10	Dudley	112-11	120-09	5
5 Faith Yon	10	Durham School	123-00	118-08	4
6 Bailey Barrett	11	North Buncombe	111-09	113-04	3
7 Cora Hadley	11	Oak Grove High	114-01	109-09	2
8 Finley Sparks	12	Carrboro	102-11	107-04	1
9 Leilany Hernandez	11	First Flight	106-00	102-00	
10 Ka'liyah Speller	12	E.E. Smith	114-08	101-03	
11 Promise Lovelace	11	Statesville	134-04	100-08	
12 Kylie Brock	9	South Brunswick	100-01	99-04	
13 Alison Gallo	11	Swansboro	105-01	93-10	
14 Destyni Harris	12	Person	99-08	75-07	
15 Julianne Christen	9	Swansboro	104-03	73-10	
-- Skyy Ruben	12	West Rowan	118-03	FOUL	