

Triad Area Athletic 5A/6A Conference
Fall, 2025
Womens Cross Country All-Conference

Navia Coles	Northeast Guilford
Peyton Simpson	Northern Guilford
Reagan Woodliff	Northern Guilford
Lilly McKim	Northern Guilford
Iman Ismail	Northern Guilford
Inaya Ejaz	Northern Guilford
Avery Simpson	Northern Guilford
Abigail Loflin	Northern Guilford
Kinsley Schultz	Northern Guilford
Mia Hiatt	Northern Guilford
Adah Zimmer	Southeast Guilford
Ivy Bridges	Southeast Guilford
Maria Dunlap	Southeast Guilford
Maddie Smith	Southern Guilford

Runner of the Year	TBA
Coach of the Year	Jacob Lindsay, Northern Guilford