

# MID-PIEDMONT 3A TRACK & FIELD

## ALL-CONFERENCE 2025

### WOMEN'S TRACK & FIELD

Hannah Creech	Oak Grove
Elsa Helms	Oak Grove
Ann Hrycay	Oak Grove
Brooke Glover	Oak Grove
Makinley Beers	Oak Grove
Emma Hadley	Oak Grove
Cora Hadley	Oak Grove
4x200 Relay Team	Oak Grove
4x400 Relay Team	Oak Grove
4x800 Relay Team	Oak Grove
Jalaya Showers	Asheboro
Nyla Price	Asheboro
Rebecca Wilson	Asheboro
4x100 Relay Team	Asheboro
Zhanaya Gist	North Davidson
Hadley Smith	North Davidson
Alexis Lanning	North Davidson
4x100 Relay Team	North Davidson
4x200 Relay Team	North Davidson
4x400 Relay Team	North Davidson
Jillian Parks	Central Davidson
Rachel Bower	Central Davidson
4x800 Relay Team	Central Davidson
Breanna Allison	Montgomery Central

Runner of the Year - Jillian Parks - Central Davidson

Field Events Athlete of the Year - Emma Hadley - Oak Grove

Coach of the Year - Trey Crook - Central Davidson

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## **MEN'S TRACK & FIELD**

Jayden Epperson	Oak Grove
Hunter Creech	Oak Grove
Luke Vannoy	Oak Grove
Aiden Edwards	Oak Grove
Markes Hardin	Oak Grove
Nathan Welborn	Oak Grove
4x100 Relay Team	Oak Grove
4x200 Relay Team	Oak Grove
4x800 Relay Team	Oak Grove
Elijah Woodle	Asheboro
Jalial Timmons	Asheboro
Aaron Tyson	Asheboro
Jorge Dominguez Caceres	Asheboro
Boone Hinesley	Asheboro
Juan Pablo Munoz	Asheboro
4x100 Relay Team	Asheboro
4x200 Relay Team	Asheboro
Imon Freeman	Montgomery Central
Iziah Davis	Montgomery Central
Aiden Grazette	North Davidson
Isaac Mandzak	North Davidson
4x400 Relay Team	North Davidson
Alonzo Adderton	Central Davidson
4x400 Relay Team	Ledford
4x800 Relay Team	Ledford

Runner of the Year	- Hunter Creech - Oak Grove
Field Events Athlete of the Year	- Aaron Tyson - Asheboro
Coaches of the Year	- Calvin Keller - Oak Grove - Deneal McNair - Asheboro