

Triad Area Athletic 5A/6A Conference

TAAC 6 Winter, 2025-26

SWIMMING

WOMENS SWIMMING

Swimmer of the Year

Abigail Schilling Northern Guilford

Coach of the Year

Veronica Farrell Northern Guilford

Northern Guilford

Helena Goddard
Lauren Lovati
Player Morris
Abigail Schilling
Lillian Wright
Jada Sheppard
Sydney Bassett

Southeast Guilford

Anna Dimmick
Adah Zimmer
Anya Dawson
Brittyn Schicker
Elin Dimmick

MENS SWIMMING

Swimmer of the Year

Henry Cooper Northern Guilford

Coach of the Year

Charles Neighbors Asheboro

Northern Guilford

Jake Lovati
Asher Tobin
Bryson Gaines
Henry Cooper
Dale Gaines
William Guyler
Frederik Knaeuper
Shane Dettinger
Wyatt Medlin

Southeast Guilford

Avery Mitcham
Killian Piner
Logan Morris
Nicholas Dawson