

Four Rivers 3A/4A Conference
Winter, 2025 - 26
Mens Wrestling All-Conference

Wrestler of the Year (Lower Weight Class)

David Lambright, Eastern Randolph

Wrestler of the Year (Higher Weight Class)

Lorenzo Alston, Uwharrie Charter

Coach of the Year

Jimmie Long, Jordan-Matthews

Uwharrie Charter

Ayven Chitavong
A J White
Paxton Kearns
Huntley Adcock
Caleb Saldana
Brennan Worrell
Ric Riccardella
Travis Nobles
Lorenzo Alston
Ryan Alvarez
Michael Shropshire
Jesse Bowles

North Moore

Ram Lian
Skylar Murray
Efren Salgado

Northwood

Zach Thelen

Eastern Randolph

Armani Tapia-Sosa
David Lambright
Trevor Crabtree
Jamie Crabtree
Maddox Carson
Lucas Kennedy

Southwestern Randolph

Leland Davis
Nathan Garner
Raphei Flores
Dallas Rambo

Central Carolina Academy

Jean-Marie Murray
Charlie Wright
Esau Martinez

Jordan-Matthews

Christopher Crutchfield
Jhonatan Saldana
Jakari Blue