

NCHSAA 3A Midwest Track & Field Regional
 Jay M Robinson High School Track
 Concord, NC
 May 11, 2024

Girl's Results

Girls 4 x 800m Relay Finals

ran	Team	Sq	Time
1	Piedmont	A	10:32.83
2	Dudley	A	10:33.22
3	Central Davidson	A	10:35.74
4	Lake Norman Charter	A	10:47.97
5	North Davidson	A	10:51.00
6	Oak Grove High	A	10:54.38
7	Jay M Robinson	A	11:29.93
8	Atkins	A	11:30.29
9	Northwest Cabarrus	A	11:38.04
10	Central Cabarrus	A	11:39.19
11	Jesse Carson	A	11:39.30
12	Rockingham County	A	11:53.23
13	Southern Guilford	A	12:26.47
14	Parkwood	A	12:29.90
15	East Rowan	A	12:50.53

Girls 100m Hurdles Prelims

ran	#	Name	Yr Team	Time
1	187	RANKIN, Senadzi	SR Dudley	14.01
2	86	EZEIGBO, Ogechi	JR Atkins	14.59
3	329	DEEN, Elizabeth	JR Southern Guilford	14.63
4	190	CROWDER, Madison	JR Dudley	14.94
5	208	JOHNSON, Jordan	JR Dudley	15.00
6	283	JONES, Layla	JR Lake Norman Charter	15.04
7	49	JOHNSON, Alexia	SR Jay M Robinson	15.56
8	400	FEATHERSTONE, Sadie	JR East Rowan	15.60
9	596	KRAUSE, Sydney	SR Central Cabarrus	15.73
10	455	BURNETT, Zaria	JR Ben L. Smith	15.74
11	15	TYSON, Kaela	SO Piedmont	15.81
12	74	MAYES, Molly	SO Central Academy of Tech	16.18
13	115	WOMACK, Raven	JR Eastern Guilford High	16.73
14	438	PRICE, Nyla	SO Asheboro	16.94
15	291	WATSON, Samaria	JR Lake Norman Charter	17.12
16	23	OLAN RODRIGUEZ, Laiz	SO Piedmont	17.26

Girls 100 Meters Prelims

ran	#	Name	Yr Team	Time
1	222	BROWN, Jalee	JR Dudley	11.79
2	201	DARDEN, Nilijah	JR Dudley	11.82
3	43	TUCKER, Coryn	SO Jay M Robinson	12.20
4	137	GWYNN, Kristian	SR Northeast Guilford	12.24
5	437	SHOWERS, Jalaya	SO Asheboro	12.24
6	317	SPINKS, Tianna	JR Southern Guilford	12.29
7	361	BROWN, Natalie	JR Northwest Cabarrus	12.31
8	184	CHEEK, Gabrielle	SR Dudley	12.39
9	89	LINDER, Ja'Naya	SR Atkins	12.40
10	142	COLES, Navia	SO Northeast Guilford	12.44
11	333	PRICE, Taylor	FR Southern Guilford	12.44
12	583	ALLISON, Breana	SO Montgomery Central	12.48
13	619	HOWELL, Mesiyah	SR South Rowan	12.48
14	354	BARRINGER, Ceaire	JR Northwest Cabarrus	12.58
15	330	TIMBO, Rachel	SO Southern Guilford	12.64

Girls 4 x 200m Relay Finals

ran	Team	Sq	Time
1	Dudley	A	1:39.69
2	Eastern Guilford High	A	1:45.35
3	Jay M Robinson	A	1:46.59
4	Northwest Cabarrus	A	1:48.16
5	Southern Guilford	A	1:48.90
6	Rockingham County	A	1:49.60
7	Montgomery Central	A	1:49.89
8	Piedmont	A	1:51.65
9	Concord	A	1:51.95
10	North Davidson	A	1:52.22
11	Lake Norman Charter	A	1:53.40
12	Oak Grove High	A	1:53.72
13	East Rowan	A	1:53.97
14	Parkwood	A	1:55.75

Girls 1600 Meters Finals

ran	#	Name	Yr Team	Time
1	282	YAMPOLSKY, Lily	SR Lake Norman Charter	5:11.08
2	87	KIESLING, Paige	SO Atkins	5:25.36
3	56	METZ, Hannah	SO Central Academy of Tech	5:38.02
4	307	WILLIAMS, MC	FR Lake Norman Charter	5:48.46
5	7	TEPERA, Dylan	JR Piedmont	5:50.24
6	260	CREECH, Hannah	SO Oak Grove High	5:50.96
7	597	NOEL, Adrien	JR Central Cabarrus	5:54.07
8	62	PALMER, Julia	FR Central Academy of Tech	5:55.98
9	18	OSBORNE, Tessa	SO Piedmont	5:57.93
10	165	CROTTS, Kara	FR Jesse Carson	6:00.42
11	257	HELMS, Elsa	FR Oak Grove High	6:00.62
12	160	BURLESON, Julia	SO Jesse Carson	6:01.00
13	258	RILING, Addison	FR Oak Grove High	6:01.70
14	47	COPELAND, Callie	FR Jay M Robinson	6:06.49
15	472	CLODFELTER, Sarah	JR Central Davidson	6:08.92
16	495	CRITZER, Skyler	SO Rockingham County	6:19.34

Girls 4 x 100m Relay Finals

ran	Team	Sq	Time
1	Dudley	A	46.83
2	Jay M Robinson	A	49.74
3	Northwest Cabarrus	A	50.59
4	Asheboro	A	50.64
5	Eastern Guilford High	A	50.65
6	Lake Norman Charter	A	51.18
7	Concord	A	51.28
8	Central Cabarrus	A	51.51
9	Southern Guilford	A	51.61
10	Montgomery Central	A	52.16
11	East Rowan	A	52.21
12	Rockingham County	A	52.39
13	Piedmont	A	53.24
14	North Davidson	A	53.69
15	Oak Grove High	A	54.24
16	Parkwood	A	54.44

Girls 400 Meters Finals

ran	#	Name	Yr Team	Time
1	317	SPINKS, Tianna	JR Southern Guilford	55.01
2	89	LINDER, Ja'Naya	SR Atkins	56.54
3	43	TUCKER, Coryn	SO Jay M Robinson	58.08
4	142	COLES, Navia	SO Northeast Guilford	59.59
5	60	GREEN, Aaliyah	SR Central Academy of Tech	1:00.14
6	207	MASSEY, Aa'Niyah	JR Dudley	1:00.27
7	619	HOWELL, Mesiyah	SR South Rowan	1:01.71
8	459	BOYD-LINDSAY, Cayla	FR Ben L. Smith	1:01.91
9	458	GREGG, MyKala	SO Ben L. Smith	1:02.31
10	507	KNIGHT, Jazziah	SO Rockingham County	1:03.42
11	90	NIANG, Amy	SO Atkins	1:03.71
12	359	SELMER, Elly	JR Northwest Cabarrus	1:04.00
13	202	WRIGHT, Amaya	JR Dudley	1:04.15
14	121	PETTIFORD, Aniyah	JR Eastern Guilford High	1:04.34
15	112	GATTIS, Khaleah	JR Eastern Guilford High	1:04.54
16	69	REED-WILLIAMS, Kasye	SO Central Academy of Tech	1:04.77

Girls 300m Hurdles Finals

ran	#	Name	Yr Team	Time
1	137	GWYNN, Kristian	SR Northeast Guilford	47.26
2	400	FEATHERSTONE, Sadie	JR East Rowan	47.30
3	86	EZEIGBO, Ogechi	JR Atkins	47.41
4	49	JOHNSON, Alexia	SR Jay M Robinson	47.42
5	361	BROWN, Natalie	JR Northwest Cabarrus	47.51
6	329	DEEN, Elizabeth	JR Southern Guilford	47.93
7	208	JOHNSON, Jordan	JR Dudley	48.04
8	283	JONES, Layla	JR Lake Norman Charter	48.04
9	311	CHAMPION, Kate	FR Lake Norman Charter	49.02
10	187	RANKIN, Senadzi	SR Dudley	49.12
11	15	TYSON, Kaela	SO Piedmont	49.18

12	185	BROWN, Kaelin	SR Dudley	49.55
13	141	SHERMAN, Kiyah	JR Northeast Guilford	50.00
14	115	WOMACK, Raven	JR Eastern Guilford High	50.10
15	438	PRICE, Nyla	SO Asheboro	50.33
16	74	MAYES, Molly	SO Central Academy of Tech	50.48

Girls 800 Meters Finals

ran	#	Name	Yr Team	Time
1	282	YAMPOLSKY, Lily	SR Lake Norman Charter	2:16.75
2	467	PARKS, Jillian	JR Central Davidson	2:19.71
3	87	KIESLING, Paige	SO Atkins	2:28.51
4	270	SHAW, Lindsey	SO High Point Central	2:30.02
5	56	METZ, Hannah	SO Central Academy of Tech	2:31.56
6	211	PENNIEGRAFT, Kendall	SO Dudley	2:31.63
7	78	ANTHONY, Morgan	SR Atkins	2:33.15
8	621	GULLEDGE, Madalynn	SO South Rowan	2:34.50
9	653	NEBRICH, Natalie	JR Concord	2:35.49
10	352	MANION, Lily	JR Northwest Cabarrus	2:36.01
11	7	TEPERA, Dylan	JR Piedmont	2:36.04
12	260	CREECH, Hannah	SO Oak Grove High	2:37.63
13	1	TYSON, Makenna	SR Piedmont	2:37.78
14	468	BUSSE, Anjali	SR Central Davidson	2:38.55
15	225	STOCKTON, Knylah	SO Dudley	2:38.90
16	13	HUMPHREY, Adelyn	SO Piedmont	2:39.20

Girls 200 Meters Finals

ran	#	Name	Yr Team	Time
1	222	BROWN, Jalee	JR Dudley	23.75
2	317	SPINKS, Tianna	JR Southern Guilford	24.31
3	201	DARDEN, Nilijah	JR Dudley	24.36
4	137	GWYNN, Kristian	SR Northeast Guilford	24.84
5	43	TUCKER, Coryn	SO Jay M Robinson	25.08
6	89	LINDER, Ja'Naya	SR Atkins	25.28
7	437	SHOWERS, Jalaya	SO Asheboro	25.58
8	184	CHEEK, Gabrielle	SR Dudley	25.61
9	583	ALLISON, Breana	SO Montgomery Central	25.72
10	401	WISE, Savannah	JR East Rowan	25.76
11	619	HOWELL, Mesiyah	SR South Rowan	25.85
12	142	COLES, Navia	SO Northeast Guilford	26.04
13	115	WOMACK, Raven	JR Eastern Guilford High	26.34
14	60	GREEN, Aaliyah	SR Central Academy of Tech	26.38
15	421	HILL, Lelu	FR East Rowan	26.52

Girls 3200 Meters Finals

ran	#	Name	Yr Team	Time
1	56	METZ, Hannah	SO Central Academy of Tech	12:06.09
2	366	CHINIWALLA, Shaina	SO Northwest Cabarrus	12:52.47
3	306	FREELAND, Mikayla	FR Lake Norman Charter	13:06.35
4	257	HELMS, Elsa	FR Oak Grove High	13:15.22
5	465	KIRK, Chelsea	SR Central Davidson	13:20.53

6	258 RILING, Addison	FR Oak Grove High	13:23.18
7	174 LASHMIT, Melody	SR North Davidson	13:25.74
8	172 HICKS, Bailey	JR North Davidson	13:26.44
9	627 ROBERTS, Katie	JR West Rowan	13:32.87
10	478 BOWER, Rachel	SO Central Davidson	13:42.99
11	160 BURLERSON, Julia	SO Jesse Carson	13:43.87
12	14 TEPERA, Andy	JR Piedmont	13:53.38
13	165 CROTTS, Kara	FR Jesse Carson	13:55.77
14	47 COPELAND, Callie	FR Jay M Robinson	13:58.40
15	495 CRITZER, Skyler	SO Rockingham County	14:05.22
16	227 EVERHART, Natalia	SR Oak Grove High	14:13.41

Girls 4 x 400m Relay Finals

ran	Team	Sq	Time
1	Jay M Robinson	A	4:09.23
2	Dudley	A	4:13.77
3	Northwest Cabarrus	A	4:14.71
4	Central Academy of Tech	A	4:18.96
5	Lake Norman Charter	A	4:19.46
6	South Rowan	A	4:22.66
7	East Rowan	A	4:23.71
8	Piedmont	A	4:24.05
9	Eastern Guilford High	A	4:24.98
10	Ben L. Smith	A	4:28.97
11	Concord	A	4:38.87
12	Rockingham County	A	4:42.00
13	Southern Guilford	A	4:42.73
14	Oak Grove High	A	4:45.73
15	Montgomery Central	A	4:50.83

Girls High Jump Finals

ran	#	Name	Yr Team	Mark
1	618	MILLER, Macy	SR South Rowan	5-6"
2	141	SHERMAN, Kiyah	JR Northeast Guilford	5-4"
3	341	HILL, Kiara	FR Southern Guilford	5-1"
4	448	WILSON, Rebecca	JR Asheboro	5-1"
5	162	JOYNER, Cadi	SO Jesse Carson	5-0"
6	361	BROWN, Natalie	JR Northwest Cabarrus	5-0"
7	15	TYSON, Kaela	SO Piedmont	4-10"
8	171	BALDWIN, Leana	FR Jesse Carson	4-10"
9	185	BROWN, Kaelin	SR Dudley	4-10"
10	213	TERRY, Janiah	SO Dudley	4-10"
11	446	GEORGE, Lia	SO Asheboro	4-10"
12	461	WILKINS, Kama'ya	FR Ben L. Smith	4-10"
13	670	NIX, Myajah	SO Concord	4-10"

Girls Long Jump Finals

ran	#	Name	Yr Team	Mark
1	187	RANKIN, Senadzi	SR Dudley	19-4"
2	596	KRAUSE, Sydney	SR Central Cabarrus	19-2"
3	329	DEEN, Elizabeth	JR Southern Guilford	18-7"
4	367	LOGAN, Mariah	SO Northwest Cabarrus	17-10.2
5	196	JOHNSON, Serenitie	JR Dudley	17-1"
6	455	BURNETT, Zaria	JR Ben L. Smith	16-10.5
7	498	WILSON, Karsyn	JR Rockingham County	16-9"
8	243	BEERS, Makinley	JR Oak Grove High	16-7.50
9	421	HILL, Lelu	FR East Rowan	16-7.25
10	600	SIFFORD, Leila	JR Central Cabarrus	16-7"
11	199	SPEIGHT, Logan	JR Dudley	16-6"
12	437	SHOWERS, Jalaya	SO Asheboro	16-5.75
13	356	HOUSTON, Lily	SR Northwest Cabarrus	16-2.75
14	422	KYLE, Lexi	FR East Rowan	16-0"
15	407	LYNCH BERRY, Iyanna	JR East Rowan	15-11"

Girls Triple Jump Finals

ran	#	Name	Yr Team	Mark
1	596	KRAUSE, Sydney	SR Central Cabarrus	39-3"
2	196	JOHNSON, Serenitie	JR Dudley	38-7"
3	208	JOHNSON, Jordan	JR Dudley	38-2"
4	329	DEEN, Elizabeth	JR Southern Guilford	37-3"
5	187	RANKIN, Senadzi	SR Dudley	37-0"
6	367	LOGAN, Mariah	SO Northwest Cabarrus	35-5.50
7	407	LYNCH BERRY, Iyanna	JR East Rowan	34-10"
8	52	YORK, Zarriya	FR Jay M Robinson	34-4.25
9	600	SIFFORD, Leila	JR Central Cabarrus	34-2.50
10	358	SMITH, Nevaeh	JR Northwest Cabarrus	34-2"
11	636	CARTER, Jayden	JR West Rowan	32-10.5
12	684	DUKES, Nevaeh	FR High Point Central	32-7.50
13	13	HUMPHREY, Adelyn	SO Piedmont	32-1.50
14	651	ALEXANDER, Donye	JR Concord	32-0.50
15	23	OLAN RODRIGUEZ, Laiz	SO Piedmont	32-0"
16	379	DUNN, Sierra	SO Northwest Cabarrus	31-10"

Girls Shot Put Finals

ran	#	Name	Yr Team	Mark
1	186	MILLNER, Noelle	SR Dudley	38-9.50
2	100	DAVIS, Maddison	FR Atkins	37-5"
3	188	WATKINS, Lyric	SR Dudley	35-8"
4	66	PRINGLE, Jadah	JR Central Academy of Tech	34-9.75
5	556	BELL, Nevaeh	JR Parkwood	34-6.50
6	24	PRIVETTE, Ava	FR Piedmont	34-4"
7	11	SMITH, Landry	FR Piedmont	34-0"
8	223	SMALL, Nathalia	FR Dudley	33-10"
9	635	RUBEN, Skyy	JR West Rowan	33-6"
10	364	WALTON, Re'Ale	SR Northwest Cabarrus	33-4.50
11	148	HUNTER, Tamya	SR Northeast Guilford	33-1.50
12	247	HADLEY, Emma	SO Oak Grove High	32-6"
13	294	BARKLEY, Clara	SR Lake Norman Charter	32-6"
14	5	BLACK, Aniyah	SR Piedmont	32-1.75
15	298	KELLY, Milani	JR Lake Norman Charter	32-1.50
16	548	FERGUSON, Caliyah	SO Parkwood	31-11.7

Girls Discus

Finals

ran	#	Name	Yr Team	Mark
1	186	MILLNER, Noelle	SR Dudley	147-5"
2	100	DAVIS, Maddison	FR Atkins	113-7"
3	79	BRADSHER, Amara	SR Atkins	106-1.5
4	635	RUBEN, Skyy	JR West Rowan	101-3"
5	246	HADLEY, Cora	SO Oak Grove High	100-9"
6	223	SMALL, Nathalia	FR Dudley	98-2"
7	66	PRINGLE, Jadah	JR Central Academy of Tech	97-6"
8	556	BELL, Nevaeh	JR Parkwood	97-3"
9	188	WATKINS, Lyric	SR Dudley	96-9"
10	5	BLACK, Aniyah	SR Piedmont	94-10"
11	247	HADLEY, Emma	SO Oak Grove High	94-5"
12	113	MIXON, Neine	JR Eastern Guilford High	92-8"
13	148	HUNTER, Tamyia	SR Northeast Guilford	92-2"
14	11	SMITH, Landry	FR Piedmont	91-7"
15	505	DIGGS, Leylah	SO Rockingham County	90-2"
16	301	OXENDINE, TreZure	JR Lake Norman Charter	88-10"

Girls Pole Vault

Finals

ran	#	Name	Yr Team	Mark
1	356	HOUSTON, Lily	SR Northwest Cabarrus	12-0"
2	175	SMITH, Hadley	JR North Davidson	9-9"
3	173	BERRIER, Mattie	SR North Davidson	9-6"
4	408	BROWN, Jasmyne	JR East Rowan	9-6"
5	355	HARVEY, Kaylyn	JR Northwest Cabarrus	9-0"
6	45	LOFTIS, Kayla	FR Jay M Robinson	8-0"
7	261	HRICAY, Ann	FR Oak Grove High	8-0"
8	536	PEARSON, Ivey	SO Parkwood	8-0"
9	671	WHITE, Brea	SR Ledford	8-0"
10	397	FEATHERSTONE, Jadya	SR East Rowan	7-6"
11	473	ELLIOTT, Riley	SO Central Davidson	7-6"
12	535	MORGAN, Shiyah	SR Parkwood	7-6"
13	259	MADDOCK, Maggie	FR Oak Grove High	7-0"
14	430	WILSON, Rebecca	JR Asheboro	7-0"
15	342	WILLIAMS, Olivia	FR Southern Guilford	4-6"