

MID-PIEDMONT 3A CONFERENCE
WINTER SPORTS ALL-CONFERENCE
2024-2025 WOMENS WRESTLING

Delana Gibson	Oak Grove
Amaya Hariston	Oak Grove
Bella Wilson	Oak Grove
Elise Wilson	Oak Grove
Elise Heidman	Oak Grove
Ally Mock	Oak Grove
Vonna Nikki Cartrette	Oak Grove
Aubrey Bartlett	Central Davidson
Alyssa Miller	Central Davidson
Carissa Ticconni	Central Davidson
Ashley Acuna	Central Davidson
Emma Redding	Asheboro
Andrea Thornton	Asheboro
DeAysa Lathem	North Davidson
Lydia Alley	North Davidson
Sadie Reid	North Davidson

WRESTLER OF THE YEAR: Delana Gibson, Oak Grove

COACH OF THE YEAR: Jason Smith, Oak Grove