

Swimming & Diving Meet
Kernersville Family YMCA
Thursday, January 24, 2024

Girls	Total
Bishop McGuinness Villains	131
Forsyth Home Educators Hawks	89
Wheatmore Warriors	33
Burlington Spartans	20
Phoenix Academy Firebirds	0
Boys	
Bishop McGuinness Villains	103
Forsyth Home Educators Hawks	101
Wheatmore Warriors	24
Burlington Spartans	15
Phoenix Academy Firebirds	0

- *SQ3 NCISAA DIV3 State Standards
- *RQ2 NCHSAA 1A/2A Regional Standards
- *RC2 NCHSAA 1A/2A Regional Consideration Standards

Meet Results

Place	Athlete	Team	Time	DQ	EXH	Pts	Q
Girls 200 Yards Medley Relay (5 results)							
1	Lindsay Sanger (FR) Sara Coffey (JR) Lauren Sanger (FR) Kyla Hare (SO)	Forsyth Home Educators Hawks (A)	2:04.16			10	
2	Em Harrell (SR) Mary Gaylord (SO) Emma Ballenger (SO) Alexia Dancausse (SO)	Bishop McGuinness Villains (A)	2:18.78			5	RC2
3	Samantha Gregory (FR) Jenna Connolly (FR) Malia Nunn (SR) Mallory Denton (SO)	Forsyth Home Educators Hawks (B)	2:25.72			3	
4	Anna Almond (FR) Caroline Bowen (FR) Tacey Miles (JR) Riley Pearce (JR)	Bishop McGuinness Villains (B)	2:28.38				RC2
5	Emory Miller () Alex Eguren () Shelby Kistler (08) Gracie Cohen ()	Burlington Spartans (A)	2:34.34				SQ3
Boys 200 Yards Medley Relay (5 results)							
1	William Matrazzo (SR) Tanner Flippin (JR) Michael Yamashita (FR) Adam Lawson (JR)	Forsyth Home Educators Hawks (A)	1:53.04			10	
2	Allessandro Lopez-Morales (SR) Adrian Dancausse (SO) Sam Fielden (JR) Spencer Borden (FR)	Bishop McGuinness Villains (A)	1:53.54			5	RQ2
3	Caden Mott (FR) Ryan Oxendine (FR) Caleb Clark (FR) Simon Spencer (FR)	Forsyth Home Educators Hawks (B)	2:13.00			3	
4	Alexis Vega-Torres (SO) Zachary Hazelwood (SR) Colten Osborne (FR) William York (SO)	Wheatmore Warriors (A)	2:20.57				RC2
5	John Dennison () Blake Clayton () Bennett Gould () Gabe Houston ()	Burlington Spartans (A)	2:33.87				SQ3
Girls 200 Yards Freestyle (7 results)							
1	Amelia Wolff (SO)	Bishop McGuinness Villains	2:03.69			8	RQ2
2	Lauren Sanger (FR)	Forsyth Home Educators Hawks	2:07.17			6	
3	Sydney Hall (JR)	Wheatmore Warriors	2:18.28			5	RQ2
4	Alexia Dancausse (SO)	Bishop McGuinness Villains	2:28.75			4	RC2
5	Sophie Williamson (FR)	Wheatmore Warriors	2:48.32			3	RC2
6	Mallory Denton (SO)	Forsyth Home Educators Hawks	2:51.32			2	
7	Katelyn Cruthirds (SR)	Wheatmore Warriors	3:21.87			1	

Boys 200 Yards Freestyle (4 results)

1	Spencer Borden (FR)	Bishop McGuinness Villains	2:01.62	8	RQ2
2	Colten Osborne (FR)	Wheatmore Warriors	2:04.95	6	RQ2
3	Simon Spencer (FR)	Forsyth Home Educators Hawks	2:28.89	5	
4	Alexis Vega-Torres (SO)	Wheatmore Warriors	2:59.42	4	

Girls 200 Yards Individual Medley (5 results)

1	Iara Silvagnoli (FR)	Bishop McGuinness Villains	2:35.19	8	RQ2
2	Sara Coffey (JR)	Forsyth Home Educators Hawks	2:40.88	6	
3	Caroline Bowen (FR)	Bishop McGuinness Villains	2:51.07	5	RQ2
4	Emma Ballenger (SO)	Bishop McGuinness Villains	2:56.66	4	RC2
5	Emily Cribbs (SR)	Wheatmore Warriors	3:13.93	3	RC2

Boys 200 Yards Individual Medley (2 results)

1	Adrian Dancausse (SO)	Bishop McGuinness Villains	2:31.04	8	RC2
2	Adam Lawson (JR)	Forsyth Home Educators Hawks	2:33.25	6	

Girls 50 Yards Freestyle (22 results)

1	Lindsay Sanger (FR)	Forsyth Home Educators Hawks	26.25	8	
2	Iara Silvagnoli (FR)	Bishop McGuinness Villains	27.54	6	RQ2
3	Sydney Hall (JR)	Wheatmore Warriors	28.16	5	RC2
4	Ashlyn Showers (SR)	Bishop McGuinness Villains	28.20	4	RC2
5	Lizzie Beck (JR)	Bishop McGuinness Villains	32.10	3	RC2
6	Alex Eguren ()	Burlington Spartans	32.73	2	
7	Susannah Frail (SO)	Bishop McGuinness Villains	32.99		RC2
7	Lilly Angyal ()	Burlington Spartans	32.99	1	
9	Samantha Gregory (FR)	Forsyth Home Educators Hawks	33.41		
10	Gabriella Turner (FR)	Wheatmore Warriors	37.26		
11	Trista Tobey (SR)	Wheatmore Warriors	37.87		
12	Katelyn Cruthirds (SR)	Wheatmore Warriors	38.97		
13	Caitlyn Barrow (FR)	Wheatmore Warriors	43.31		
14	Geko Neal ()	Phoenix Academy Firebirds	48.25		
15	Kayden Huneycutt (SO)	Wheatmore Warriors	52.06		
16	Sarah Graham ()	Phoenix Academy Firebirds	57.80		
	Emory Miller ()	Burlington Spartans	32.65		EXH
	Mandy Cabigting ()	Burlington Spartans	37.02		EXH
	Kali Powers ()	Burlington Spartans	39.91		EXH
	Gracie Cohen ()	Burlington Spartans	40.27		EXH
	Evalyn Surratt ()	Burlington Spartans	41.25		EXH
	Nancy Martindale ()	Burlington Spartans	49.40		EXH

Boys 50 Yards Freestyle (16 results)

1	Tanner Flippin (JR)	Forsyth Home Educators Hawks	24.09	8	
2	Sam Fielden (JR)	Bishop McGuinness Villains	24.76	6	RC2
3	Allessandro Lopez-Morales (SR)	Bishop McGuinness Villains	25.33	5	RC2
4	Blake Clayton ()	Burlington Spartans	27.05	4	SQ3
5	Caden Mott (FR)	Forsyth Home Educators Hawks	28.49	3	
6	Alexander Crnjak (FR)	Bishop McGuinness Villains	28.85	2	RC2
7	John Skoteiniadis (SO)	Bishop McGuinness Villains	29.24		RC2
8	John Dennison ()	Burlington Spartans	29.58	1	
9	Bennett Gould ()	Burlington Spartans	29.71		
10	Adam Lawson (JR)	Forsyth Home Educators Hawks	29.95		
11	William York (SO)	Wheatmore Warriors	32.17		
12	Zachary Hazelwood (SR)	Wheatmore Warriors	34.61		
13	Jack Tobey (SO)	Wheatmore Warriors	36.59		

14	Angel Ibarra-Sanchez (FR)	Bishop McGuinness Villains	53.78	
15	Christian Esquivel-Vidal (XX)	Phoenix Academy Firebirds	1:01.06	
	Aurora Dyar ()	Burlington Spartans	42.16	EXH

Girls 100 Yards Butterfly (8 results)

1	Kyla Hare (SO)	Forsyth Home Educators Hawks	1:13.70	8
2	Malia Nunn (SR)	Forsyth Home Educators Hawks	1:16.37	6
3	Em Harrell (SR)	Bishop McGuinness Villains	1:17.88	5 RC2
4	Mary Gaylord (SO)	Bishop McGuinness Villains	1:17.90	4 RC2
5	Emma Ballenger (SO)	Bishop McGuinness Villains	1:20.10	3 RC2
6	Paislee Hollifield (JR)	Wheatmore Warriors	1:24.51	2 RC2
7	Tacey Miles (JR)	Bishop McGuinness Villains	1:24.82	RC2
8	Ava Williamson (SR)	Wheatmore Warriors	1:40.79	1 RC2

Boys 100 Yards Butterfly (4 results)

1	William Matrazzo (SR)	Forsyth Home Educators Hawks	1:02.05	8
2	Michael Yamashita (FR)	Forsyth Home Educators Hawks	1:03.21	6
3	Sam Fielden (JR)	Bishop McGuinness Villains	1:04.71	5 RQ2
4	Jake Cornatzer (SO)	Bishop McGuinness Villains	1:15.09	4 RC2

Girls 100 Yards Freestyle (21 results)

1	Lindsay Sanger (FR)	Forsyth Home Educators Hawks	58.87	8
2	Shelby Kistler (08)	Burlington Spartans	1:01.09	6 SQ3
3	MacKenzie Bowen (JR)	Bishop McGuinness Villains	1:02.13	5 RQ2
4	Sara Coffey (JR)	Forsyth Home Educators Hawks	1:06.33	4
5	Lizzie Beck (JR)	Bishop McGuinness Villains	1:11.09	3 RC2
6	Mallory Denton (SO)	Forsyth Home Educators Hawks	1:13.96	2
7	Jenna Connolly (FR)	Forsyth Home Educators Hawks	1:15.13	
8	Susannah Frail (SO)	Bishop McGuinness Villains	1:15.37	1 RC2
9	Sophie Williamson (FR)	Wheatmore Warriors	1:15.50	RC2
10	Alex Eguren ()	Burlington Spartans	1:16.68	
11	Riley Pearce (JR)	Bishop McGuinness Villains	1:17.85	
12	Lilly Angyal ()	Burlington Spartans	1:18.32	
13	Anna Almond (FR)	Bishop McGuinness Villains	1:18.39	
14	Trista Tobey (SR)	Wheatmore Warriors	1:30.86	
15	Kayden Huneycutt (SO)	Wheatmore Warriors	1:56.94	
	Emory Miller ()	Burlington Spartans	1:14.35	EXH
	Mandy Cabigting ()	Burlington Spartans	1:26.49	EXH
	Gracie Cohen ()	Burlington Spartans	1:31.89	EXH
	Kali Powers ()	Burlington Spartans	1:34.01	EXH
	Evalyn Surratt ()	Burlington Spartans	1:37.03	EXH
	Nancy Martindale ()	Burlington Spartans	2:01.38	EXH

Boys 100 Yards Freestyle (10 results)

1	Colten Osborne (FR)	Wheatmore Warriors	55.30	8 RQ2
2	Adrian Dancausse (SO)	Bishop McGuinness Villains	1:00.57	6 RC2
3	Caleb Clark (FR)	Forsyth Home Educators Hawks	1:01.52	5
4	Simon Spencer (FR)	Forsyth Home Educators Hawks	1:03.25	4
5	Caden Mott (FR)	Forsyth Home Educators Hawks	1:03.30	3
6	Alexander Crnjak (FR)	Bishop McGuinness Villains	1:07.09	2 RC2
7	Bennett Gould ()	Burlington Spartans	1:09.41	1
8	John Dennison ()	Burlington Spartans	1:10.31	
9	Jack Tobey (SO)	Wheatmore Warriors	1:29.03	
	Aurora Dyar ()	Burlington Spartans	1:36.50	EXH

Girls 500 Yards Freestyle (3 results)

1	Amelia Wolff (SO)	Bishop McGuinness Villains	5:42.12	8	RQ2
2	Kyla Hare (SO)	Forsyth Home Educators Hawks	5:48.18	6	
3	Tacey Miles (JR)	Bishop McGuinness Villains	7:33.34	5	RC2

Boys 500 Yards Freestyle (3 results)

1	Michael Yamashita (FR)	Forsyth Home Educators Hawks	6:08.09	8	
2	Salvatore Strafaci (FR)	Bishop McGuinness Villains	6:17.87	6	RQ2
3	Ryan Oxendine (FR)	Forsyth Home Educators Hawks	6:24.03	5	

Girls 200 Yards Freestyle Relay (8 results)

1	Iara Silvagnoli (FR) Ashlyn Showers (SR) MacKenzie Bowen (JR) Amelia Wolff (SO)	Bishop McGuinness Villains (A)	1:48.57	10	RQ2
2	Lindsay Sanger (FR) Kyla Hare (SO) Sara Coffey (JR) Lauren Sanger (FR)	Forsyth Home Educators Hawks (A)	1:49.83	5	
3	Em Harrell (SR) Alexia Dancausse (SO) Emma Ballenger (SO) Caroline Bowen (FR)	Bishop McGuinness Villains (B)	2:04.68	3	RC2
4	Sydney Hall (JR) Emily Cribbs (SR) Sophie Williamson (FR) Paislee Hollifield (JR)	Wheatmore Warriors (A)	2:07.75		RC2
5	Jenna Connolly (FR) Mallory Denton (SO) Samantha Gregory (FR) Malia Nunn (SR)	Forsyth Home Educators Hawks (B)	2:13.08		
6	Riley Pearce (JR) Susannah Frail (SO) Tacey Miles (JR) Lizzie Beck (JR)	Bishop McGuinness Villains (C)	2:15.44		RC2
7	Ava Williamson (SR) Caitlyn Barrow (FR) Katelyn Cruthirds (SR) Trista Tobey (SR)	Wheatmore Warriors (B)	2:41.64		RC2
8	Mandy Cabigting () Nancy Martindale () Evalyn Surratt () Kali Powers ()	Burlington Spartans (A)	2:50.85		SQ3

Boys 200 Yards Freestyle Relay (5 results)

1	Allessandro Lopez-Morales (SR) Sam Fielden (JR) Adrian Dancausse (SO) Spencer Borden (FR)	Bishop McGuinness Villains (A)	1:44.62	10	RQ2
2	Ryan Oxendine (FR) Simon Spencer (FR) Caden Mott (FR) Michael Yamashita (FR)	Forsyth Home Educators Hawks (B)	1:52.90	5	
3	Jake Cornatzer (SO) John Skoteiniadis (SO) Alexander Crnjak (FR) Salvatore Strafaci (FR)	Bishop McGuinness Villains (B)	1:56.72	3	RC2

4	Jack Tobey (SO) William York (SO) Zachary Hazelwood (SR) Alexis Vega-Torres (SO)	Wheatmore Warriors (A)	2:20.44		RC2
	William Matrazzo (SR) Adam Lawson (JR) Caleb Clark (FR) Tanner Flippin (JR)	Forsyth Home Educators Hawks (A)	1:42.01	DQ	

Girls 100 Yards Backstroke (7 results)

1	Ashlyn Showers (SR)	Bishop McGuinness Villains	1:11.10	8	RQ2
2	Em Harrell (SR)	Bishop McGuinness Villains	1:13.27	6	RC2
3	MacKenzie Bowen (JR)	Bishop McGuinness Villains	1:15.38	5	RC2
4	Malia Nunn (SR)	Forsyth Home Educators Hawks	1:17.22	4	
5	Samantha Gregory (FR)	Forsyth Home Educators Hawks	1:26.90	3	
6	Ava Williamson (SR)	Wheatmore Warriors	1:31.22	2	RC2
7	Gabriella Turner (FR)	Wheatmore Warriors	1:38.30	1	

Boys 100 Yards Backstroke (8 results)

1	Spencer Borden (FR)	Bishop McGuinness Villains	1:03.90	8	RQ2
2	Allessandro Lopez-Morales (SR)	Bishop McGuinness Villains	1:04.11	6	RQ2
3	William Matrazzo (SR)	Forsyth Home Educators Hawks	1:10.46	5	
4	Caleb Clark (FR)	Forsyth Home Educators Hawks	1:15.98	4	
5	Jake Cornatzer (SO)	Bishop McGuinness Villains	1:17.19	3	RC2
6	John Skoteiniadis (SO)	Bishop McGuinness Villains	1:20.96		RC2
7	Alexis Vega-Torres (SO)	Wheatmore Warriors	1:32.65	2	RC2
8	William York (SO)	Wheatmore Warriors	1:45.72	1	

Girls 100 Yards Breaststroke (9 results)

1	Lauren Sanger (FR)	Forsyth Home Educators Hawks	1:11.25	8	
2	Shelby Kistler (08)	Burlington Spartans	1:22.25	6	SQ3
3	Mary Gaylord (SO)	Bishop McGuinness Villains	1:24.94	5	RC2
4	Paislee Hollifield (JR)	Wheatmore Warriors	1:27.70	4	RC2
5	Emily Cribbs (SR)	Wheatmore Warriors	1:28.08	3	RC2
6	Caroline Bowen (FR)	Bishop McGuinness Villains	1:28.81	2	RC2
7	Alexia Dancausse (SO)	Bishop McGuinness Villains	1:30.36	1	RC2
8	Jenna Connolly (FR)	Forsyth Home Educators Hawks	1:37.76		
9	Caitlyn Barrow (FR)	Wheatmore Warriors	1:50.81		

Boys 100 Yards Breaststroke (5 results)

1	Tanner Flippin (JR)	Forsyth Home Educators Hawks	1:07.46	8	
2	Salvatore Strafaci (FR)	Bishop McGuinness Villains	1:14.78	6	RC2
3	Ryan Oxendine (FR)	Forsyth Home Educators Hawks	1:18.24	5	
4	Blake Clayton ()	Burlington Spartans	1:22.41	4	SQ3
5	Zachary Hazelwood (SR)	Wheatmore Warriors	1:34.35	3	RC2

Girls 400 Yards Freestyle Relay (5 results)

1	Iara Silvagnoli (FR) Ashlyn Showers (SR) MacKenzie Bowen (JR) Amelia Wolff (SO)	Bishop McGuinness Villains (A)	4:15.43	10	RQ2
2	Alex Eguren () Lilly Angyal () Emory Miller () Shelby Kistler (08)	Burlington Spartans (A)	4:52.48	5	SQ3
3	Ava Williamson (SR) Sophie Williamson (FR) Paislee Hollifield (JR) Sydney Hall (JR)	Wheatmore Warriors (A)	5:00.36	3	RC2
4	Mary Gaylord (SO) Anna Almond (FR) Susannah Frail (SO) Lizzie Beck (JR)	Bishop McGuinness Villains (B)	5:01.51		RC2
5	Trista Tobey (SR) Katelyn Cruthirds (SR) Gabriella Turner (FR) Emily Cribbs (SR)	Wheatmore Warriors (B)	5:52.33		RC2

Boys 400 Yards Freestyle Relay (2 results)

1	Jake Cornatzer (SO) Alexander Crnjak (FR) John Skoteiniadis (SO) Salvatore Strafaci (FR)	Bishop McGuinness Villains (A)	4:29.66	10	RC2
2	Aurora Dyar () John Dennison () Bennett Gould () Blake Clayton ()	Burlington Spartans (A)	4:59.44	5	SQ3