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ASHEBORO - Apply pressure. Create Chaos.

That's the philosophy new Asheboro High School baseball coach Jamey May will bring when he begins workouts for the 2025-26 season.

May was recently named the new head varsity baseball coach for the Blue Comets after he spent the last season as head coach at Atkins High School in Winston-Salem.

This will be the second year of being a high school head coach, but he has plenty of experience in travel ball, high school ball and now in summer collegiate ball. He is currently the head coach of the High Point Hush Puppies.

"I'm super excited," said May, who knows the Randolph baseball community well after playing for Kernersville Post 36 in the summer and now coaching former Asheboro High School standouts Davis Gore and Connor Adams. "The number one thing I say is the community of Asheboro and how rich the baseball history is in Randolph County. And the passion Athletic Director Wes Berrier and Owen George have for Asheboro athletics."

May graduated from East Forsyth and played collegiately at Belmont Abbey, Rockingham Community College and William Peace University, where he graduated in 2019. He played baseball at all three schools.

While in college, he began coaching the Kernersville Post 36 Senior Legion team.

Upon graduation, he began coaching Showcase and travel ball with the Muddogs organization. May had played baseball with Alec Allred in college and the two became friends.

His first taste of high school ball came as an assistant coach at Walkertown High School before he spent two years as an assistant coach at Atkins High School before taking that program over for the 2025 season. May, who also served as assistant athletic director at both schools, was 9-16, including an 8-7 record in the Mid-State Conference at Atkins.

"Coach May brings a powerful blend of experience, energy, and player development to the program," Berrier said in a statement. "Coach May also leads the High Point Hushpuppies, a collegiate summer league team, where he's continued to sharpen his ability to develop elite talent and manage high-level competition."



*Jamey May is the new head baseball coach at Asheboro High School. Photos provided.*

Berrier added that "Coach May's arrival marks a new chapter for Asheboro Baseball — one filled with high expectations, renewed energy, and a commitment to Blue Comet excellence. Under his leadership, expect hustle, accountability, and a culture of pride in wearing the blue and white."

Asheboro has had just two winning seasons in the past eight campaigns, finishing 13-12 overall in 2023 and 13-3 in 2021.

"Overall, my philosophy is to turn young men into good fathers and into good husbands and good community members when they grow up, so what leads to that is high attention to detail and focus," May said. "It starts with practice and how you prepare. I don't like a lot of standing around. I like fast-paced practices and competing. Those are things that help kids with not just baseball, but with life in the future. Compete and prepare for games."

May said he has an old school approach to the game.

"I'm a young coach (28), but an old-school guy," May said. "I guess that's because I've taken a little from all the coaches I have had in my playing career. I am heavy into pitching and defense. Fill up the strike zone. And on offense, it's put the ball in play. The more you put the ball in play, the more you are going to be successful."



*Coach May while in his previous position at Atkins High School.*

May is fairly familiar with the new Triad Area Athletic Conference, a split 5-A/6-A league Asheboro will join this season. The teams include 6-A schools Asheboro, Eastern Guilford, Northern Guilford and Southeast Guilford with 5-A schools Southern Guilford and Northeast Guilford. EG, NEG and SG were all in the same conference as Atkins.

"I know they haven't had a lot of outstanding records over the past couple of years, but their conference was a gauntlet," May said of the old Mid-Piedmont Conference.. "They certainly have in the past and they have had great talent. I'm looking forward to this. It will be great to showcase the talent we have in Asheboro to the teams in Guilford County."

May is married to his wife Rachel.