

3A Central NCHSAA Regional Championships
Greensboro Aquatic Center
February 3, 2023

Team Scores	Total	Team Scores	Total
Girls		Boys	
Carrboro Jaguars	338	Carrboro Jaguars	376
Northwood Chargers	218	Orange Panthers	252
DSA Bulldogs	212	Rockingham County Cougars	212
Orange Panthers	202	Union Pines Vikings	174
Asheboro Blue Comets	142	DSA Bulldogs	170
Western Alamance Warriors	123	North Davidson Knights	135
Ledford Panthers	123	Oak Grove Grizzlies	127
Eastern Alamance Eagles	110	Atkins Camels	109
Oak Grove Grizzlies	100	Central Davidson Spartans	108
Cedar Ridge Red Wolves	99	Northwood Chargers	103
Union Pines Vikings	94	Cedar Ridge Red Wolves	95
Rockingham County Cougars	85	Ledford Panthers	80
North Davidson Knights	84	Eastern Alamance Eagles	60
Scotland Fighting Scots	68	Asheboro Blue Comets	51
High Point Central Bison	62	Western Alamance Warriors	45
Williams Bulldogs	36	High Point Central Bison	37
Atkins Camels	32	Montgomery Central Timberwolves	22
Eastern Guilford Wildcats	28		
Montgomery Central Timberwolves	18	Ben L Smith Golden Eagles	2
Central Davidson Spartans	13		

Meet Results

Pl	Athlete	Team	Time	DQ	Pts	Q
Girls 200 Yards Medley Relay (19 results)						
1	Alexis Krzyzaniak (JR) Claire Ramsey (SR) Jordan Marley (SR) Megan Healey (SR)	DSA Bulldogs (A)	1:56.41		40	RQ3
2	Riley White (JR) Ainsley Rasinske (FR) Piper White (FR) Katherine Sikes (JR)	Orange Panthers (A)	1:56.53		34	RQ3
3	Maya Sipper (JR) Lauren Emrich (SR) Abigail Emrich (SO) Bianca Perez (SR)	Northwood Chargers (A)	1:59.82		32	RQ3
4	Madelyn Brown () Jenna Koh () Brea White () Lily Peele ()	Ledford Panthers (A)	2:03.76		30	RQ3
5	Braylee Carter (SR) Sydney Leventhal (SR) Chloe Scott (SR) Audrey Hupman (SR)	Eastern Alamance Eagles (A)	2:03.83		28	RQ3
6	Anna Wesley (FR) Kyla Conner (FR) Avery Brown (SO) Frances Reed (JR)	Carrboro Jaguars (A)	2:04.10		26	RQ3
7	Isabelle Everhart (FR) Claire Weld (SO) Ava Milkowich (FR) Emma Post (SO)	Union Pines Vikings (A)	2:04.80		24	RQ3
8	Kensley Gasaway (FR) Chelsea Quinn (SR) Elizabeth Merlette (FR) Lyndsey Heathcote (SR)	Western Alamance Warriors (A)	2:06.35		22	RQ3
9	Madison Pryor (SR) Carole-Ann Page (SR) Brooke Parker (JR) Kenzie Tate (SR)	Rockingham County Cougars (A)	2:10.81		18	RQ3
10	Mattie Berrier (JR) Baylei Burgess (SO) Ella Artrip () Abigail Meuser ()	North Davidson Knights (A)	2:12.72		14	RQ3
11	Laura Wlodarczak (JR) Emma Houg () Taylor Johnson () Caycee Bert (SO)	Scotland Fighting Scots (A)	2:21.52		12	RC3
12	Sara Cornelison (SR) Addison Trogdon () Fiona Wolfe-Roberts () Madison Burnette (SR)	Asheboro Blue Comets (A)	2:22.43		10	RC3
13	Maggie Richard () Katherine Maddock (SR)	Oak Grove Grizzlies (A)	2:25.18		8	RC3

	Camille Lambert () Kinsey Meador (SR) Allison Wiebking (SR)				
14	Kaleigh Altman (SO) Caitlin Davis (SR) Anna Wiebking (SO)	Atkins Camels (A)	2:25.44	6	RC3
15	Jilliann Turner () Eva Doyle () Catherine Miller () Abigail Earl ()	High Point Central Bison (A)	2:29.73	4	RC3
16	Gracie Hartle (JR) Lauren Turner (SO) Abi Robinson (JR) Grace Gabrielli (JR)	Williams Bulldogs (A)	2:29.93	2	RC3
17	Sierra Godfrey (SO) Sophia Feken (SO) Catherine Latham (JR) Sarah Latham (SO)	Cedar Ridge Red Wolves (A)	2:31.17		RC3
18	Abi Sams (FR) Emma Regan (JR) Kendall Abbott (FR) Callie Freeman (JR)	Central Davidson Spartans (A)	2:43.68		RC3
19	Jessica Freeman () Abigail Salazar-Santander () Emily Aguilar-Santiago () Kristina Lemonds ()	Montgomery Central Timberwolves (A)	2:44.01		RC3

Boys 200 Yards Medley Relay (15 results)

1	William Gray (JR) Dreizin Ginsberg (SR) Lucca Battaglini (JR) Carson Sheehan (JR)	DSA Bulldogs (A)	1:46.07	40	RQ3
2	Andrew Weeks (SR) Evan Phillips (SR) Alexander Andre (SO) Luke Roman (SO)	Orange Panthers (A)	1:46.96	34	RQ3
3	Sam McCallion (SR) Jan Brynda (JR) Matt Strada (JR) Oliver Normand (JR)	Carrboro Jaguars (A)	1:48.63	32	RQ3
4	Tay Tranel (FR) Cullen Cox (FR) Daniel Park (SR) Brody Tranel (SR)	Union Pines Vikings (A)	1:53.19	30	RQ3
5	Cooper Berrier (SO) Grayson Byrd (SR) Lane Cooke (SR) Jacob Meuser ()	North Davidson Knights (A)	01:53.20	28	RQ3
6	William Sikes (SR) Jacob Garrett (SR) Morgan Turner (JR) Jesse Sikes (SO)	Northwood Chargers (A)	1:54.30	26	RQ3

7	Dalton Collins (JR) Myers McCulloch (SR) Connor Cayer (SR) Rance Jackson (FR)	Central Davidson Spartans (A)	1:56.15	24	RQ3
8	Shepherd Causby (JR) Aaron Reyes (SR) Everett Padgett (SO) Connor Danelson (SR)	Atkins Camels (A)	1:56.25	22	RQ3
9	Chase Sheffield () Adan Conte () Tucker Queen () Logan Thoma ()	Ledford Panthers (A)	1:56.54	18	RQ3
10	Wesley Blankenship (SO) Gavin Goots (SO) Dawson Benton (SO) Zachary Lewis (SR)	Rockingham County Cougars (A)	1:58.23	14	RC3
11	Brett Hupman (SR) Connor Waters (SR) Owen Sawyer (SR) Jacob Coble (SO)	Eastern Alamance Eagles (A)	2:02.01	12	RC3
12	Xavier Lodle () Eli Fulcher () Owen Gearren () Connor Lee ()	Oak Grove Grizzlies (A)	2:03.74	10	RC3
13	Brenden Weis () Garrett Richardson () Lance Hensley () Caleb Gonzales ()	Montgomery Central Timberwolves (A)	2:15.13	8	RC3
14	Will Stimpson (SO) Alex Anderson (JR) Eamon Hipps (FR) Jacob Miles (JR)	Western Alamance Warriors (A)	2:15.89	6	RC3
	Gustavo Organista (SO) Nicholas Williams () Nicolas Garcia DeLuna () Kevin Rodriguez ()	Asheboro Blue Comets (A)	2:29.09		DQ

* Stroke Infraction swimmer #3

Girls 200 Yards Freestyle (24 results)

1	Abigail Emrich (SO)	Northwood Chargers	1:56.58	20	RQ3
2	Megan Becker ()	Asheboro Blue Comets	1:57.67	17	RQ3
3	Avery Shuping (SO)	Carrboro Jaguars	2:01.26	16	RQ3
4	Sophia Stinnett (SO)	Cedar Ridge Red Wolves	2:02.84	15	RQ3
5	Bianca Perez (SR)	Northwood Chargers	2:03.01	14	RQ3
6	Holly Thesing (SO)	Northwood Chargers	2:08.49	13	RQ3
7	Maya Peterson (SR)	Carrboro Jaguars	2:09.34	12	RQ3
8	Ava Milkowich (FR)	Union Pines Vikings	2:11.17	11	RQ3
9	Brooke Parker (JR)	Rockingham County Cougars	2:11.85	9	RQ3
10	Caycee Bert (SO)	Scotland Fighting Scots	2:19.97	7	RQ3
11	Megan Healey (SR)	DSA Bulldogs	2:20.22	6	RQ3
12	Caroline Goodnight (FR)	Carrboro Jaguars	2:21.30	5	RC3

13	Mina Coers (SO)	DSA Bulldogs	2:21.96	4	RC3
14	Madelyn Wilson ()	Oak Grove Grizzlies	2:23.53	3	RC3
15	Emily Davies (SO)	North Davidson Knights	2:25.59	2	RC3
16	Sierra Godfrey (SO)	Cedar Ridge Red Wolves	2:28.63	1	RC3
17	Eleanor Wileman (SR)	Orange Panthers	2:35.94		RC3
18	Abbygale Pearce (SR)	Cedar Ridge Red Wolves	2:36.93		RC3
19	Audrey Luben (SR)	DSA Bulldogs	2:39.10		RC3
20	Kirsten Hall (SO)	Atkins Camels	2:41.64		RC3
21	Claudia Sadgrove (FR)	Orange Panthers	2:42.96		RC3
22	Molly Kruse (FR)	Orange Panthers	2:42.98		RC3
23	Sophia Feken (SO)	Cedar Ridge Red Wolves	2:43.78		RC3
24	Kinsley Odum (JR)	North Davidson Knights	2:46.05		RC3

Boys 200 Yards Freestyle (24 results)

1	Andrew Commins (JR)	Carrboro Jaguars	1:44.00	20	RQ3
2	Luke Roman (SO)	Orange Panthers	1:47.43	17	RQ3
3	Nikhil Agans (JR)	Cedar Ridge Red Wolves	1:47.77	16	RQ3
4	Alexander Andre (SO)	Orange Panthers	1:51.54	15	RQ3
5	Samuel Schmitz (FR)	Union Pines Vikings	1:57.15	14	RQ3
6	Joshua Vogl ()	Oak Grove Grizzlies	1:57.45	13	RQ3
7	Lane Blankenship (SR)	Rockingham County Cougars	1:57.97	12	RQ3
8	Zachary Maiorana (FR)	Carrboro Jaguars	1:59.94	11	RQ3
9	Philip Cauwels (SO)	Cedar Ridge Red Wolves	2:01.89	9	RQ3
10	Ryan Becker (JR)	Carrboro Jaguars	2:03.26	7	RC3
11	Aiden Fleming ()	Oak Grove Grizzlies	2:06.57	6	RC3
12	Christian Smith Pumalpa (SO)	Northwood Chargers	2:07.91	5	RC3
13	Vinton Euler (SR)	DSA Bulldogs	2:08.00	4	RC3
14	Logan Glaubitz (SO)	Union Pines Vikings	2:11.57	3	RC3
15	Greyson Brummer (SR)	Orange Panthers	2:12.10	2	RC3
16	Klay Blue (FR)	Union Pines Vikings	2:12.11	1	RC3
17	Hatcher Williams (JR)	Carrboro Jaguars	2:12.53		RC3
18	Robert Gale (SO)	Atkins Camels	2:14.45		RC3
19	Noah Jones (SO)	Orange Panthers	2:17.95		RC3
20	Dylan Lodle ()	Oak Grove Grizzlies	2:21.09		RC3
21	Graham Hurst (JR)	Atkins Camels	2:24.40		RC3
22	Elijah Mayle (FR)	Eastern Alamance Eagles	2:25.60		RC3
23	Dalton Collins (JR)	Central Davidson Spartans	2:30.24		RC3
	Noah Wiggs (JR)	Eastern Alamance Eagles	2:37.81		

Girls 200 Yards Individual Medley (23 results)

1	Maya Lambert (JR)	Carrboro Jaguars	2:09.75	20	RQ3
2	Braylee Carter (SR)	Eastern Alamance Eagles	2:16.22	17	RQ3
3	Quinn McCrimmon (SO)	Cedar Ridge Red Wolves	2:23.61	16	RQ3
4	Avery Brown (SO)	Carrboro Jaguars	2:27.69	15	RQ3
5	Taylor Johnson ()	Scotland Fighting Scots	2:29.27	14	RQ3
6	Sofia Guaman (SO)	Carrboro Jaguars	2:32.63	13	RQ3
7	Lauren Emrich (SR)	Northwood Chargers	2:33.39	12	RQ3
8	Ainsley Rasinske (FR)	Orange Panthers	2:33.68	11	RQ3
9	Elizabeth Merlette (FR)	Western Alamance Warriors	2:34.13	9	RQ3
10	Betty Buckley (JR)	Carrboro Jaguars	2:40.34	7	RC3
11	Paige Kern ()	Montgomery Central Timberwolves	2:42.88	6	RC3
12	Grace Dunzo (SR)	DSA Bulldogs	2:49.24	5	RC3
13	Baylei Burgess (SO)	North Davidson Knights	2:49.76	4	RC3
14	Mattie Berrier (JR)	North Davidson Knights	2:52.67	3	RC3
15	Gracie Eanes ()	Oak Grove Grizzlies	3:00.86	2	RC3
16	Ryen Gibbs (SO)	Eastern Alamance Eagles	3:02.75	1	RC3
17	Claudia Foushee (JR)	DSA Bulldogs	3:04.92		RC3
18	Sara Cornelison (SR)	Asheboro Blue Comets	3:05.02		RC3
19	Addison Trogdon ()	Asheboro Blue Comets	3:09.83		RC3
20	Lily Phillips ()	Oak Grove Grizzlies	3:10.83		RC3
21	Allison Wiebking (SR)	Atkins Camels	3:15.61		RC3
22	Claire Kimball (SO)	Cedar Ridge Red Wolves	3:17.11		RC3
	Caitlin Davis (SR)	Atkins Camels	3:02.77	DQ	
	* Other - Misc				

Boys 200 Yards Individual Medley (24 results)

1	William Sikes (SR)	Northwood Chargers	2:01.23	20	RQ3
2	Rowan Cridlebaugh ()	High Point Central Bison	2:03.17	17	RQ3
3	Evan Phillips (SR)	Orange Panthers	2:07.25	16	RQ3
4	Matt Strada (JR)	Carrboro Jaguars	2:07.95	15	RQ3
5	Jeremy Everitt (SR)	Rockingham County Cougars	2:10.48	14	RQ3
6	Alex Delgadillo (FR)	Carrboro Jaguars	2:13.04	13	RQ3
7	Jan Brynda (JR)	Carrboro Jaguars	2:16.51	12	RQ3
8	Nicholas Baczara (SO)	Orange Panthers	2:21.50	11	RQ3
9	Andrew Weeks (SR)	Orange Panthers	2:22.31	9	RQ3
10	Chase Sheffield ()	Ledford Panthers	2:22.63	7	RQ3
11	Cullen Cox (FR)	Union Pines Vikings	2:25.64	6	RQ3
12	Cooper Berrier (SO)	North Davidson Knights	2:27.15	5	RC3
13	Tay Tranel (FR)	Union Pines Vikings	2:27.96	4	RC3
14	Daniel Park (SR)	Union Pines Vikings	2:28.25	3	RC3

15	Benjamin Sirgany (JR)	Orange Panthers	2:32.21	2	RC3
16	Tigue Higgs (SR)	Western Alamance Warriors	2:32.42	1	RC3
17	Charles McDonell ()	Oak Grove Grizzlies	2:36.67		RC3
18	Vincent Ardia (FR)	Carrboro Jaguars	2:36.94		RC3
19	Eli Fulcher ()	Oak Grove Grizzlies	2:37.32		RC3
20	Xavier Lodle ()	Oak Grove Grizzlies	2:39.46		RC3
21	Everett Padgett (SO)	Atkins Camels	2:42.73		RC3
22	Spencer Postle (FR)	Atkins Camels	2:47.04		RC3
	Dawson Benton (SO)	Rockingham County Cougars	2:25.18	DQ	
	* Scissors kick - breast				
	Gavin Goots (SO)	Rockingham County Cougars	2:31.94	DQ	
	* Multiple strokes - back				

Girls 50 Yards Freestyle (24 results)

1	Katherine Sikes (JR)	Orange Panthers	22.88	20	RQ3
2	Cassidy Grubb (SR)	Oak Grove Grizzlies	25.10	17	RQ3
3	Eva Doyle ()	High Point Central Bison	25.67	16	RQ3
4	Kaley White ()	Eastern Guilford Wildcats	25.68	15	RQ3
5	Brea White ()	Ledford Panthers	25.98	14	RQ3
6	Piper White (FR)	Orange Panthers	26.11	13	RQ3
7	Abi Robinson (JR)	Williams Bulldogs	26.15	12	RQ3
8	Kyla Conner (FR)	Carrboro Jaguars	27.52	11	RC3
9	Kinsey McCubbin (FR)	Carrboro Jaguars	27.63	9	RC3
10	Madison Burnette (SR)	Asheboro Blue Comets	27.68	7	RC3
11	Isabelle Everhart (FR)	Union Pines Vikings	27.76	6	RC3
12	Anna Wesley (FR)	Carrboro Jaguars	28.00	5	RC3
13	Anna Wiebking (SO)	Atkins Camels	28.55	4	RC3
14	Peyton Yuan (SO)	DSA Bulldogs	28.77	3	RC3
15	Abbygale Pearce (SR)	Cedar Ridge Red Wolves	28.90	2	RC3
16	Chelsea Quinn (SR)	Western Alamance Warriors	28.99	1	RC3
17	Audrey Hupman (SR)	Eastern Alamance Eagles	29.37		RC3
18	Rachel Hartsell (SO)	North Davidson Knights	29.43		RC3
19	Emmerson Topete (FR)	DSA Bulldogs	29.71		RC3
20	Lily Peele ()	Ledford Panthers	30.24		RC3
21	Aylin McGowan (FR)	Carrboro Jaguars	30.28		RC3
22	Abby Brinker (SO)	Eastern Alamance Eagles	30.57		RC3
23	Molly Widderich (SR)	Eastern Alamance Eagles	30.60		RC3
24	Sarah McLaughlin (SO)	Western Alamance Warriors	30.67		RC3

Boys 50 Yards Freestyle (24 results)

1	Lucca Battaglini (JR)	DSA Bulldogs	20.26	20	RQ3
2	Connor Cayer (SR)	Central Davidson Spartans	21.86	17	RQ3
3	Lawson McMichael (SR)	Rockingham County Cougars	22.61	16	RQ3
4	Wyatt Wilson (JR)	Rockingham County Cougars	23.67	15	RQ3
5	Oliver Normand (JR)	Carrboro Jaguars	23.87	14	RQ3
6	Tyler Smith (JR)	Asheboro Blue Comets	23.89	13	RQ3
7	Brody Tranel (SR)	Union Pines Vikings	23.94	12	RQ3
8	Connor Danelson (SR)	Atkins Camels	24.05	11	RQ3
9	Jesse Sikes (SO)	Northwood Chargers	24.23	9	RQ3
10	Jacob Meuser ()	North Davidson Knights	24.47	7	RQ3
11	Evan Messer ()	Oak Grove Grizzlies	24.55	6	RC3
12	Ryan Becker (JR)	Carrboro Jaguars	24.93	5	RC3
13	Rance Jackson (FR)	Central Davidson Spartans	25.17	4	RC3
14	Logan Thoma ()	Ledford Panthers	25.41	3	RC3
15	Seth Hydzik (SR)	Asheboro Blue Comets	25.43	2	RC3
16	Wylie Kline (JR)	Western Alamance Warriors	25.47	1	RC3
17	Landon James (SO)	North Davidson Knights	25.68		RC3
18	Eamon Higgs (FR)	Western Alamance Warriors	25.93		RC3
19	Matthew Norman (JR)	North Davidson Knights	25.99		RC3
20	Jeffery Dang ()	Ben L Smith Golden Eagles	26.10		RC3
21	Dreizin Ginsberg (SR)	DSA Bulldogs	26.24		RC3
22	Tucker Queen ()	Ledford Panthers	26.61		RC3
23	Aiden Simmons (SO)	Union Pines Vikings	27.06		RC3
24	Jacob Coble (SO)	Eastern Alamance Eagles	27.43		RC3

Girls 1m Diving (11 dives) (1 result)

1	Rachel Vandersea (SR)	Carrboro Jaguars	365.45	20	
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Girls 100 Yards Butterfly (16 results)

1	Maya Lambert (JR)	Carrboro Jaguars	58.16	20	RQ3
2	Riley White (JR)	Orange Panthers	59.71	17	RQ3
3	Jordan Marley (SR)	DSA Bulldogs	59.72	16	RQ3
4	Abigail Emrich (SO)	Northwood Chargers	1:01.13	15	RQ3
5	Quinn McCrimmon (SO)	Cedar Ridge Red Wolves	1:03.31	14	RQ3
6	Kaley White ()	Eastern Guilford Wildcats	1:03.89	13	RQ3
7	Ava Milkowich (FR)	Union Pines Vikings	1:04.28	12	RQ3
8	Avery Brown (SO)	Carrboro Jaguars	1:06.03	11	RQ3
9	Chloe Scott (SR)	Eastern Alamance Eagles	1:06.37	9	RQ3
10	Ella Artrip ()	North Davidson Knights	1:16.11	7	RC3
11	Caitlin Davis (SR)	Atkins Camels	1:26.55	6	RC3
12	Kendall Abbott (FR)	Central Davidson Spartans	1:28.20	5	RC3

13	Callie Freeman (JR)	Central Davidson Spartans	1:31.54	4	RC3
14	Catherine Latham (JR)	Cedar Ridge Red Wolves	1:38.22	3	RC3
	Camille Lambert ()	Oak Grove Grizzlies	1:23.66	DQ	
	* Alternating Kick				
	Rachel Hartsell (SO)	North Davidson Knights	1:26.64	DQ	
	* Alternating Kick				

Boys 100 Yards Butterfly (23 results)

1	Lucca Battaglini (JR)	DSA Bulldogs	48.39	20	RQ3
2	William Sikes (SR)	Northwood Chargers	54.20	17	RQ3
3	Owen Sawyer (SR)	Eastern Alamance Eagles	56.94	16	RQ3
4	Daniel Park (SR)	Union Pines Vikings	59.76	15	RQ3
5	Connor Danelson (SR)	Atkins Camels	1:00.60	14	RQ3
6	Lane Cooke (SR)	North Davidson Knights	1:00.95	13	RQ3
7	Zachary Maiorana (FR)	Carrboro Jaguars	1:01.06	12	RQ3
8	Nicholas Baczara (SO)	Orange Panthers	1:01.64	11	RQ3
9	Everett Padgett (SO)	Atkins Camels	1:04.72	9	RC3
10	Morgan Turner (JR)	Northwood Chargers	1:05.87	7	RC3
11	Aiden Simmons (SO)	Union Pines Vikings	1:07.09	6	RC3
12	Judah Steinberg ()	North Davidson Knights	1:07.92	5	RC3
13	Hatcher Williams (JR)	Carrboro Jaguars	1:08.71	4	RC3
14	Matthew Norman (JR)	North Davidson Knights	1:09.47	3	RC3
15	Tucker Queen ()	Ledford Panthers	1:11.68	2	RC3
16	Luke Riddle ()	Ledford Panthers	1:12.77	0.5	RC3
16	Adan Conte ()	Ledford Panthers	1:12.77	0.5	RC3
18	Devon Bronson (JR)	North Davidson Knights	1:13.78		RC3
19	Grayson Messer ()	Oak Grove Grizzlies	1:13.97		RC3
20	Abraham Williard ()	Oak Grove Grizzlies	1:14.78		RC3
21	Benjamin Pudlo (FR)	Union Pines Vikings	1:19.14		RC3
22	William Dishmon (SR)	Rockingham County Cougars	1:20.34		RC3
23	Andrew Morris ()	Oak Grove Grizzlies	1:21.21		RC3

Girls 100 Yards Freestyle (23 results)

1	Katherine Sikes (JR)	Orange Panthers	50.99	20	RQ3
2	Megan Becker ()	Asheboro Blue Comets	53.87	17	RQ3
3	Jenna Koh ()	Ledford Panthers	54.28	16	RQ3
4	Cassidy Grubb (SR)	Oak Grove Grizzlies	55.25	15	RQ3
5	Alexis Krzyzaniak (JR)	DSA Bulldogs	56.08	14	RQ3
6	Piper White (FR)	Orange Panthers	58.18	13	RQ3
7	Abi Robinson (JR)	Williams Bulldogs	58.48	12	RQ3
8	Catherine Miller ()	High Point Central Bison	59.29	11	RQ3
9	Brea White ()	Ledford Panthers	1:00.71	9	RQ3

10	Lyndsey Heathcote (SR)	Western Alamance Warriors	1:01.14	7	RQ3
11	Kyla Conner (FR)	Carrboro Jaguars	1:01.31	6	RQ3
12	Frances Reed (JR)	Carrboro Jaguars	1:01.74	5	RQ3
13	Claire Weld (SO)	Union Pines Vikings	1:02.20	4	RQ3
14	Elizabeth Merlette (FR)	Western Alamance Warriors	1:02.54	3	RQ3
15	Kinsey McCubbin (FR)	Carrboro Jaguars	1:02.57	2	RQ3
16	Madelyn Wilson ()	Oak Grove Grizzlies	1:02.89	1	RQ3
17	Claire Ramsey (SR)	DSA Bulldogs	1:03.44		RQ3
18	Sydney Leventhal (SR)	Eastern Alamance Eagles	1:04.80		RC3
19	Aylin McGowan (FR)	Carrboro Jaguars	1:06.66		RC3
20	Emily Davies (SO)	North Davidson Knights	1:07.34		RC3
21	Sarah McLaughlin (SO)	Western Alamance Warriors	1:08.85		RC3
22	Grace Dunzo (SR)	DSA Bulldogs	1:10.03		RC3
	Grace Gabrielli (JR)	Williams Bulldogs	1:22.27		

Boys 100 Yards Freestyle (24 results)

1	Will Thompson (SR)	Carrboro Jaguars	46.44	20	RQ3
2	William Gray (JR)	DSA Bulldogs	47.30	17	RQ3
3	Connor Cayer (SR)	Central Davidson Spartans	48.47	16	RQ3
4	Nikhil Agans (JR)	Cedar Ridge Red Wolves	49.92	15	RQ3
5	Lawson McMichael (SR)	Rockingham County Cougars	50.52	14	RQ3
6	Wyatt Wilson (JR)	Rockingham County Cougars	50.68	13	RQ3
7	Aaron Reyes (SR)	Atkins Camels	52.43	12	RQ3
8	Sam McCallion (SR)	Carrboro Jaguars	52.46	11	RQ3
9	Oliver Normand (JR)	Carrboro Jaguars	52.51	9	RQ3
10	Tyler Smith (JR)	Asheboro Blue Comets	53.75	7	RQ3
11	Vinton Euler (SR)	DSA Bulldogs	54.84	6	RQ3
12	Brody Tranel (SR)	Union Pines Vikings	55.21	5	RC3
13	Evan Messer ()	Oak Grove Grizzlies	56.60	4	RC3
14	Jacob Meuser ()	North Davidson Knights	56.61	3	RC3
15	Ayden Twiddy (SO)	Orange Panthers	56.67	2	RC3
16	Tigue Higgs (SR)	Western Alamance Warriors	57.45	1	RC3
17	Rylan Brummer (JR)	Orange Panthers	58.26		RC3
18	Dalton McMichael (FR)	Rockingham County Cougars	58.92		RC3
19	Jason Pattison (SR)	Cedar Ridge Red Wolves	59.22		RC3
20	Robert Gale (SO)	Atkins Camels	59.26		RC3
21	Landon James (SO)	North Davidson Knights	1:00.08		RC3
22	Greyson Brummer (SR)	Orange Panthers	1:00.09		RC3
23	Wesley Blankenship (SO)	Rockingham County Cougars	1:01.04		RC3
24	Will Simpson (SR)	Atkins Camels	1:01.65		RC3

Girls 500 Yards Freestyle (21 results)

1	Avery Shuping (SO)	Carrboro Jaguars	5:19.13	20	RQ3
2	Braylee Carter (SR)	Eastern Alamance Eagles	5:20.49	17	RQ3
3	Sophia Stinnett (SO)	Cedar Ridge Red Wolves	5:26.76	16	RQ3
4	Bianca Perez (SR)	Northwood Chargers	5:27.87	15	RQ3
5	Maci Columbia (SO)	Asheboro Blue Comets	5:39.87	14	RQ3
6	Maya Peterson (SR)	Carrboro Jaguars	5:44.45	13	RQ3
7	Holly Thesing (SO)	Northwood Chargers	5:48.42	12	RQ3
8	Taylor Johnson ()	Scotland Fighting Scots	5:49.80	11	RQ3
9	Kensley Gasaway (FR)	Western Alamance Warriors	5:52.83	9	RQ3
10	Maya Sipper (JR)	Northwood Chargers	5:53.34	7	RQ3
11	Ainsley Rasinske (FR)	Orange Panthers	6:07.42	6	RQ3
12	Chloe Scott (SR)	Eastern Alamance Eagles	6:10.66	5	RQ3
13	Caycee Bert (SO)	Scotland Fighting Scots	6:20.88	4	RQ3
14	Caroline Goodnight (FR)	Carrboro Jaguars	6:21.35	3	RQ3
15	Hala Zafar (FR)	Cedar Ridge Red Wolves	6:47.42	2	RC3
16	Mattie Berrier (JR)	North Davidson Knights	6:49.71	1	RC3
17	Kinsey Meador (SR)	Oak Grove Grizzlies	6:57.80		RC3
18	Sarah Latham (SO)	Cedar Ridge Red Wolves	7:10.04		RC3
19	Kirsten Hall (SO)	Atkins Camels	7:16.51		RC3
20	Eleanor Wileman (SR)	Orange Panthers	7:19.53		RC3
	Sara Cornelison (SR)	Asheboro Blue Comets	7:39.17		

Boys 500 Yards Freestyle (22 results)

1	Andrew Commins (JR)	Carrboro Jaguars	4:41.69	20	RQ3
2	Luke Roman (SO)	Orange Panthers	4:52.23	17	RQ3
3	Matt Strada (JR)	Carrboro Jaguars	4:56.02	16	RQ3
4	Alexander Andre (SO)	Orange Panthers	5:05.20	15	RQ3
5	Grey DeWalt (FR)	Carrboro Jaguars	5:10.36	14	RQ3
6	Alex Delgadillo (FR)	Carrboro Jaguars	5:14.85	13	RQ3
7	Samuel Schmitz (FR)	Union Pines Vikings	5:23.16	12	RQ3
8	Philip Cauwels (SO)	Cedar Ridge Red Wolves	5:34.58	11	RQ3
9	Ayden Twiddy (SO)	Orange Panthers	5:43.76	9	RQ3
10	Lane Cooke (SR)	North Davidson Knights	5:45.18	7	RQ3
11	Aiden Fleming ()	Oak Grove Grizzlies	5:45.65	6	RQ3
12	Christian Smith Pumalpa (SO)	Northwood Chargers	5:56.75	5	RC3
13	Eamon Higgs (FR)	Western Alamance Warriors	6:10.91	4	RC3
14	Owen Gearren ()	Oak Grove Grizzlies	6:30.06	3	RC3
15	Dylan Lodle ()	Oak Grove Grizzlies	6:43.44	2	RC3
16	Julio Santillan ()	Ledford Panthers	6:56.23	1	RC3

17	Spencer Postle (FR)	Atkins Camels	6:57.29	RC3
18	Rylan Brummer (JR)	Orange Panthers	6:59.24	RC3
19	Noah Wiggs (JR)	Eastern Alamance Eagles	7:07.54	RC3
20	Gustavo Diaz ()	Asheboro Blue Comets	7:11.17	RC3
21	Jayden Wagner ()	Oak Grove Grizzlies	7:13.15	RC3
22	Zach Hartup (FR)	Atkins Camels	7:16.98	RC3

Girls 200 Yards Freestyle Relay (18 results)

1	Riley White (JR) Piper White (FR) Ainsley Rasinske (FR) Katherine Sikes (JR)	Orange Panthers (A)	1:44.50	40	RQ3
2	Jordan Marley (SR) Peyton Yuan (SO) Megan Healey (SR) Alexis Krzyzaniak (JR)	DSA Bulldogs (A)	1:46.83	34	RQ3
3	Avery Shuping (SO) Frances Reed (JR) Anna Wesley (FR) Maya Lambert (JR)	Carrboro Jaguars (A)	1:46.98	32	RQ3
4	Madison Burnette (SR) Fiona Wolfe-Roberts () Maci Columbia (SO) Megan Becker ()	Asheboro Blue Comets (A)	1:48.99	30	RQ3
5	Jenna Koh () Ally Stevens () Lily Peele () Brea White ()	Ledford Panthers (A)	1:52.62	28	RQ3
6	Madelyn Wilson () Maggie Richard () Gracie Eanes () Cassidy Grubb (SR)	Oak Grove Grizzlies (A)	1:53.91	26	RQ3
7	Kenzie Tate (SR) Madison Pryor (SR) Carole-Ann Page (SR) Brooke Parker (JR)	Rockingham County Cougars (A)	1:55.72	24	RQ3
8	Rachel Hartsell (SO) Emily Davies (SO) Abigail Meuser () Baylei Burgess (SO)	North Davidson Knights (A)	1:56.73	22	RQ3
9	Audrey Hupman (SR) Abby Brinker (SO) Molly Widderich (SR) Braylee Carter (SR)	Eastern Alamance Eagles (A)	1:57.73	18	RQ3
10	Maya Sipper (JR) Reyvadee Godehn (SR) Savannah Matthews (SR) Holly Thesing (SO)	Northwood Chargers (A)	2:01.77	14	RC3
11	Isley Melton (SR) Madeline Moore (JR) Reese Kline (FR)	Western Alamance Warriors (A)	2:06.46	12	RC3

	Sarah McLaughlin (SO)				
	Grace Gabrielli (JR)				
12	Dorothy Gale McKinney (FR)	Williams Bulldogs (A)	2:09.53	10	RC3
	Gracie Hartle (JR)				
	Abi Robinson (JR)				
	Ceilidh Clendenin (SO)				
13	Maddy Lehman (SR)	Union Pines Vikings (A)	2:10.72	8	RC3
	Avery Armstrong (SO)				
	Emma Post (SO)				
	Mykaela Newsome (JR)				
14	Kaleigh Altman (SO)	Atkins Camels (A)	2:15.08	6	RC3
	Katherine Zwiener (JR)				
	Taylor Lazenby (SO)				
	Kaelyn Davis ()				
15	Jessica Freeman ()	Montgomery Central	2:16.29	4	RC3
	River Seawell ()	Timberwolves (A)			
	Paige Kern ()				
	Bailey Brink (SO)				
16	Emma Houg ()	Scotland Fighting Scots (A)	2:16.88	2	RC3
	Gabby Norton ()				
	Faith Dockery (JR)				
	Kendall Abbott (FR)				
17	Harley Lanning (FR)	Central Davidson Spartans (A)	2:19.04		RC3
	Hannah Sams (JR)				
	Callie Freeman (JR)				
	Quinn McCrimmon (SO)				
	Hala Zafar (FR)				
	Abbygale Pearce (SR)	Cedar Ridge Red Wolves (A)	1:51.81		DQ
	Sophia Stinnett (SO)				
	* Early take-off swimmer #4				

Boys 200 Yards Freestyle Relay (17 results)

	William Gray (JR)				
1	Dreizin Ginsberg (SR)	DSA Bulldogs (A)	1:29.79	40	RQ3
	Vinton Euler (SR)				
	Lucca Battaglini (JR)				
	Will Thompson (SR)				
2	Oliver Normand (JR)	Carrboro Jaguars (A)	1:30.32	34	RQ3
	Ryan Becker (JR)				
	Andrew Commins (JR)				
	Wyatt Wilson (JR)				
3	Lawson McMichael (SR)	Rockingham County Cougars (A)	1:31.25	32	RQ3
	Lane Blankenship (SR)				
	Jeremy Everitt (SR)				
	Evan Messer ()				
4	Connor Lee ()	Oak Grove Grizzlies (A)	1:39.26	30	RQ3
	Aiden Fleming ()				
	Joshua Vogl ()				
	Matthew Norman (JR)				
5	Kyle James (SR)	North Davidson Knights (A)	1:41.55	28	RQ3
	Landon James (SO)				
	Jacob Meuser ()				

6	Adan Conte () Tucker Queen () Chase Sheffield () Logan Thoma ()	Ledford Panthers (A)	1:42.03	26	RQ3
7	Nicholas Baczara (SO) Greyson Brummer (SR) Ayden Twiddy (SO) Andrew Weeks (SR)	Orange Panthers (A)	1:43.75	24	RC3
8	Jacob Olmstead (SO) Philip Cauwels (SO) Jason Pattison (SR) Nikhil Agans (JR)	Cedar Ridge Red Wolves (A)	1:43.97	22	RC3
9	Klay Blue (FR) Logan Glaubitz (SO) Daniel Park (SR) Aiden Simmons (SO)	Union Pines Vikings (A)	1:44.05	18	RC3
10	Zackery Ollis (JR) Jacob Miles (JR) Tigue Hipps (SR) Wylie Kline (JR)	Western Alamance Warriors (A)	1:45.05	14	RC3
11	Seth Hydzik (SR) Gustavo Organista (SO) Tyler Smith (JR) Kevin Rodriguez ()	Asheboro Blue Comets (A)	1:47.62	12	RC3
12	Alejandro Prado (SO) Will Simpson (SR) Bradley Jiang () Robert Gale (SO)	Atkins Camels (A)	1:48.31	10	RC3
13	Myers McCulloch (SR) Will Coltrane (SO) Dalton Collins (JR) Rance Jackson (FR)	Central Davidson Spartans (A)	1:51.17	8	RC3
14	Brenden Weis () Lance Hensley () Caleb Gonzales () Garrett Richardson ()	Montgomery Central Timberwolves (A)	1:53.10	6	RC3
15	Connor Waters (SR) Noah Wiggs (JR) Elijah Mayle (FR) Jacob Coble (SO)	Eastern Alamance Eagles (A)	1:57.27	4	RC3
16	Jeffery Dang () Kevin Mendez () Derek Viera (SR) Emmanuel Molina (SO)	Ben L Smith Golden Eagles (A)	2:06.30	2	RC3
17	Jack Herr () Andrew Nor () Kishawn Pate () Elisha Dockery (SO)	Scotland Fighting Scots (A)	2:10.38		RC3

Girls 100 Yards Backstroke (23 results)

1	Jordan Marley (SR)	DSA Bulldogs	1:00.29	20	RQ3
2	Alexis Krzyzaniak (JR)	DSA Bulldogs	1:01.40	17	RQ3

3	Riley White (JR)	Orange Panthers	1:01.65	16	RQ3
4	Catherine Miller ()	High Point Central Bison	1:05.22	15	RQ3
5	Isabelle Everhart (FR)	Union Pines Vikings	1:06.66	14	RQ3
6	Brooke Parker (JR)	Rockingham County Cougars	1:06.75	13	RQ3
7	Megan Healey (SR)	DSA Bulldogs	1:07.75	12	RQ3
8	Anna Wesley (FR)	Carrboro Jaguars	1:07.86	11	RQ3
9	Kensley Gasaway (FR)	Western Alamance Warriors	1:08.29	9	RQ3
10	Maya Sipper (JR)	Northwood Chargers	1:08.82	7	RQ3
11	Frances Reed (JR)	Carrboro Jaguars	1:09.32	6	RQ3
12	Betty Buckley (JR)	Carrboro Jaguars	1:10.90	5	RQ3
13	Peyton Yuan (SO)	DSA Bulldogs	1:11.44	4	RQ3
14	Rowan Hunsberger (JR)	Carrboro Jaguars	1:11.88	3	RQ3
15	Ella Artrip ()	North Davidson Knights	1:12.18	2	RQ3
16	Madison Pryor (SR)	Rockingham County Cougars	1:13.40	1	RQ3
17	Paige Kern ()	Montgomery Central Timberwolves	1:13.59		RQ3
18	Lillian Bacigalupo (JR)	Eastern Alamance Eagles	1:15.67		RC3
19	Sierra Godfrey (SO)	Cedar Ridge Red Wolves	1:15.96		RC3
20	Kinsey Meador (SR)	Oak Grove Grizzlies	1:16.70		RC3
21	Lily Peele ()	Ledford Panthers	1:17.68		RC3
22	Reese Kline (FR)	Western Alamance Warriors	1:19.14		RC3
23	Maddy Lehman (SR)	Union Pines Vikings	1:22.99		RC3

Boys 100 Yards Backstroke (22 results)

1	Will Thompson (SR)	Carrboro Jaguars	50.23	20	RQ3
2	William Gray (JR)	DSA Bulldogs	56.18	17	RQ3
3	Jeremy Everitt (SR)	Rockingham County Cougars	59.35	16	RQ3
4	Andrew Weeks (SR)	Orange Panthers	1:00.29	15	RQ3
5	Owen Sawyer (SR)	Eastern Alamance Eagles	1:00.47	14	RQ3
6	Chase Sheffield ()	Ledford Panthers	1:00.65	13	RQ3
7	Grey DeWalt (FR)	Carrboro Jaguars	1:00.96	12	RQ3
8	Sam McCallion (SR)	Carrboro Jaguars	1:02.45	11	RQ3
9	Cooper Berrier (SO)	North Davidson Knights	1:02.73	9	RQ3
10	Tay Tranel (FR)	Union Pines Vikings	1:07.81	7	RQ3
11	Dawson Benton (SO)	Rockingham County Cougars	1:07.88	6	RQ3
12	Benjamin Sirgany (JR)	Orange Panthers	1:08.33	5	RC3
13	Brett Hupman (SR)	Eastern Alamance Eagles	1:09.68	4	RC3
14	Owen Johnson ()	North Davidson Knights	1:10.02	3	RC3
15	Klay Blue (FR)	Union Pines Vikings	1:11.26	2	RC3
16	Wesley Blankenship (SO)	Rockingham County Cougars	1:11.62	1	RC3
17	Owen Gearren ()	Oak Grove Grizzlies	1:12.07		RC3

18	Colin Wuthrich (FR)	Orange Panthers	1:12.38	RC3
19	William Dishmon (SR)	Rockingham County Cougars	1:13.33	RC3
20	Shepherd Causby (JR)	Atkins Camels	1:13.51	RC3
21	Xavier Lodle ()	Oak Grove Grizzlies	1:14.57	RC3
22	Marshall Brown ()	Ledford Panthers	1:18.67	RC3

Girls 100 Yards Breaststroke (23 results)

1	Jenna Koh ()	Ledford Panthers	1:07.51	20	RQ3
2	Lauren Emrich (SR)	Northwood Chargers	1:13.69	17	RQ3
3	Eva Doyle ()	High Point Central Bison	1:14.19	16	RQ3
4	Claire Weld (SO)	Union Pines Vikings	1:14.73	15	RQ3
5	Lyndsey Heathcote (SR)	Western Alamance Warriors	1:14.95	14	RQ3
6	Sydney Leventhal (SR)	Eastern Alamance Eagles	1:15.96	13	RQ3
7	Maci Columbia (SO)	Asheboro Blue Comets	1:16.83	12	RQ3
8	Chelsea Quinn (SR)	Western Alamance Warriors	1:17.27	11	RQ3
9	Claire Ramsey (SR)	DSA Bulldogs	1:17.86	9	RQ3
10	Sofia Guaman (SO)	Carrboro Jaguars	1:17.95	7	RQ3
11	Carole-Ann Page (SR)	Rockingham County Cougars	1:20.49	6	RQ3
12	Baylei Burgess (SO)	North Davidson Knights	1:21.28	5	RQ3
13	Mina Coers (SO)	DSA Bulldogs	1:21.42	4	RQ3
14	Fiona Wolfe-Roberts ()	Asheboro Blue Comets	1:22.00	3	RQ3
15	Addison Bartlett (SO)	DSA Bulldogs	1:23.83	2	RC3
16	Rowan Hunsberger (JR)	Carrboro Jaguars	1:24.06	1	RC3
17	Abigail Meuser ()	North Davidson Knights	1:25.88		RC3
18	Hala Zafar (FR)	Cedar Ridge Red Wolves	1:26.44		RC3
19	Ally Stevens ()	Ledford Panthers	1:28.43		RC3
20	Katherine Maddock (SR)	Oak Grove Grizzlies	1:29.21		RC3
21	Savannah Matthews (SR)	Northwood Chargers	1:29.73		RC3
22	Molly Kruse (FR)	Orange Panthers	1:31.17		RC3
23	Claudia Sadgrove (FR)	Orange Panthers	1:33.15		RC3

Boys 100 Yards Breaststroke (24 results)

1	Rowan Cridlebaugh ()	High Point Central Bison	1:00.93	20	RQ3
2	Aaron Reyes (SR)	Atkins Camels	1:02.37	17	RQ3
3	Evan Phillips (SR)	Orange Panthers	1:03.40	16	RQ3
4	Joshua Vogl ()	Oak Grove Grizzlies	1:08.03	15	RQ3
5	Jesse Sikes (SO)	Northwood Chargers	1:08.27	14	RQ3
6	Lane Blankenship (SR)	Rockingham County Cougars	1:09.03	13	RQ3
7	Gavin Goots (SO)	Rockingham County Cougars	1:09.14	12	RQ3
8	Jan Brynda (JR)	Carrboro Jaguars	1:10.44	11	RQ3
9	Myers McCulloch (SR)	Central Davidson Spartans	1:11.54	9	RQ3
10	Cullen Cox (FR)	Union Pines Vikings	1:12.23	7	RQ3

11	Dreizin Ginsberg (SR)	DSA Bulldogs	1:14.85	6	RC3
12	Seth Hydzik (SR)	Asheboro Blue Comets	1:17.23	5	RC3
13	Eli Fulcher ()	Oak Grove Grizzlies	1:17.25	4	RC3
14	Adan Conte ()	Ledford Panthers	1:17.34	3	RC3
15	Jayden Wagner ()	Oak Grove Grizzlies	1:17.41	2	RC3
16	Logan Glaubitz (SO)	Union Pines Vikings	1:17.89	1	RC3
17	Charles McDonell ()	Oak Grove Grizzlies	1:18.60		RC3
18	Grayson Byrd (SR)	North Davidson Knights	1:18.65		RC3
19	Vincent Ardia (FR)	Carrboro Jaguars	1:18.91		RC3
20	Wylie Kline (JR)	Western Alamance Warriors	1:19.66		RC3
21	Garrett Richardson ()	Montgomery Central Timberwolves	1:20.13		RC3
22	Iain Nicol (JR)	Union Pines Vikings	1:21.70		RC3
23	Henry Gage (SR)	Atkins Camels	1:21.84		RC3
	Jacob Garrett (SR)	Northwood Chargers	1:20.51	DQ	
	* Alternating Kick				

Girls 400 Yards Freestyle Relay (17 results)

1	Bianca Perez (SR) Holly Thesing (SO) Lauren Emrich (SR) Abigail Emrich (SO)	Northwood Chargers (A)	3:53.12	40	RQ3
2	Avery Shuping (SO) Kyla Conner (FR) Maya Peterson (SR) Maya Lambert (JR)	Carrboro Jaguars (A)	3:55.51	34	RQ3
3	Fiona Wolfe-Roberts () Madison Burnette (SR) Maci Columbia (SO) Megan Becker ()	Asheboro Blue Comets (A)	4:03.35	32	RQ3
4	Quinn McCrimmon (SO) Hala Zafar (FR) Abbygale Pearce (SR) Sophia Stinnett (SO)	Cedar Ridge Red Wolves (A)	4:11.54	30	RQ3
5	Gracie Eanes () Kinsey Meador (SR) Madelyn Wilson () Cassidy Grubb (SR)	Oak Grove Grizzlies (A)	4:14.86	28	RQ3
6	Kensley Gasaway (FR) Elizabeth Merlette (FR) Chelsea Quinn (SR) Lyndsey Heathcote (SR)	Western Alamance Warriors (A)	4:15.82	26	RQ3
7	Emily Davies (SO) Rachel Hartsell (SO) Ella Artrip () Mattie Berrier (JR)	North Davidson Knights (A)	4:22.10	24	RQ3
8	Peyton Yuan (SO) Mina Coers (SO) Grace Dunzo (SR) Claire Ramsey (SR)	DSA Bulldogs (A)	4:24.97	22	RQ3

9	Taylor Johnson () Emma Houg () Laura Wlodarczak (JR) Caycee Bert (SO)	Scotland Fighting Scots (A)	4:30.63	18	RQ3
10	Kenzie Tate (SR) Rylee Walker (JR) Madison Pryor (SR) Carole-Ann Page (SR)	Rockingham County Cougars (A)	4:39.41	14	RQ3
11	Molly Kruse (FR) Harper Trost (JR) Claudia Sadgrove (FR) Eleanor Wileman (SR)	Orange Panthers (A)	4:48.12	12	RQ3
12	Ashley Wang (SO) Kirsten Hall (SO) Caitlin Davis (SR) Anna Wiebking (SO)	Atkins Camels (A)	4:48.17	10	RQ3
13	Kaelyn Davis () Jessica Freeman () River Seawell () Paige Kern ()	Montgomery Central Timberwolves (A)	5:09.97	8	RC3
14	Madelyn Brown () Elizabeth Johnston () Katherine Goodman () Ally Stevens ()	Ledford Panthers (A)	5:17.91	6	RC3
15	Hannah Sams (JR) Abi Sams (FR) Harley Lanning (FR) Callie Freeman (JR)	Central Davidson Spartans (A)	5:17.95	4	RC3
16	Carson Story (SO) Quincie Loy (JR) Catherine Parker (SO) Mackenzie Webber (SR)	Eastern Alamance Eagles (A)	5:38.62	2	RC3
	Ava Milkowich (FR) Isabelle Everhart (FR) Zaina Threet (SO) Claire Weld (SO)	Union Pines Vikings (A)	4:13.88		DQ
	* Early take-off swimmer #3				

Boys 400 Yards Freestyle Relay (16 results)

1	Andrew Commins (JR) Matt Strada (JR) Sam McCallion (SR) Will Thompson (SR)	Carrboro Jaguars (A)	3:18.84	40	RQ3
2	Wyatt Wilson (JR) Lawson McMichael (SR) Lane Blankenship (SR) Jeremy Everitt (SR)	Rockingham County Cougars (A)	3:25.54	34	RQ3
3	Luke Roman (SO) Alexander Andre (SO) Nicholas Baczara (SO) Evan Phillips (SR)	Orange Panthers (A)	3:28.23	32	RQ3
4	Rance Jackson (FR) Dalton Collins (JR) Myers McCulloch (SR) Connor Cayer (SR)	Central Davidson Spartans (A)	3:42.41	30	RQ3

5	Tay Tranel (FR) Cullen Cox (FR) Samuel Schmitz (FR) Brody Tranel (SR)	Union Pines Vikings (A)	3:44.07	28	RQ3
6	Evan Messer () Dylan Lodle () Aiden Fleming () Joshua Vogl ()	Oak Grove Grizzlies (A)	3:46.32	26	RQ3
7	Matthew Norman (JR) Landon James (SO) Cooper Berrier (SO) Lane Cooke (SR)	North Davidson Knights (A)	3:48.23	24	RQ3
8	Willem Crittenden (SO) Philip Cauwels (SO) Jason Pattison (SR) Nikhil Agans (JR)	Cedar Ridge Red Wolves (A)	3:55.76	22	RQ3
9	Zackery Ollis (JR) Eamon Hipps (FR) Tigue Hipps (SR) Wylie Kline (JR)	Western Alamance Warriors (A)	3:58.29	18	RQ3
10	Robert Gale (SO) Graham Hurst (JR) Will Simpson (SR) Connor Danelson (SR)	Atkins Camels (A)	4:02.21	14	RC3
11	Gustavo Diaz () Kevin Rodriguez () Tyler Smith (JR) Seth Hydzik (SR)	Asheboro Blue Comets (A)	4:08.24	12	RC3
12	Noah Wiggs (JR) Elijah Mayle (FR) Brett Hupman (SR) Owen Sawyer (SR)	Eastern Alamance Eagles (A)	4:15.25	10	RC3
13	Brenden Weis () Caleb Gonzales () Lance Hensley () Garrett Richardson ()	Montgomery Central Timberwolves (A)	4:27.18	8	RC3
14	Sawyer Dobbins () Julio Santillan () Luke Riddle () Emiliano Santillan ()	Ledford Panthers (A)	4:28.65	6	RC3
	Christian Smith Pumalpa (SO) Morgan Turner (JR) Jesse Sikes (SO) William Sikes (SR) * Early take-off swimmer #2	Northwood Chargers (A)	3:36.94		DQ
	Jeffery Dang () Kevin Mendez () Derek Viera (SR) Emmanuel Molina (SO) * Early take-off swimmer #3	Ben L Smith Golden Eagles (A)	5:12.92		DQ