

MID-PIEDMONT ATHLETIC 3A
TRACK & FIELD
ALL-CONFERENCE - 2023

WOMEN'S ALL-CONFERENCE

Emma Hadley	Oak Grove	Jillian Parks	Central Davidson
Chloe Koper	Oak Grove	Riley Horne	Central Davidson
Cora Hadley	Oak Grove	Riley Elliott	Central Davidson
Rebecca Wilson	Asheboro	Alex Myers	Central Davidson
Jalaya Showers	Asheboro	Addy Cranfill	Central Davidson
Lia George	Asheboro	Azaria Martin	Montgomery Central
Sion Murrain	Asheboro	Breanna Allison	Montgomery Central
Annabelle Evans	Ledford	Mattie Berrier	North Davidson
Brea White	Ledford	Sydney Craver	North Davidson

Oak Grove	4x100 Relay Team, 4x400 Relay Team, 4x800 Relay Team
Asheboro	4x100 Relay Team, 4x200 Relay Team
Central Davidson	4x400 Relay Team, 4x800 Relay Team
Ledford	4x200 Relay Team

Sprint Events MVP - Azaria Martin - Montgomery Central

Distance Events MVP - Jillian Parks - Central Davidson

Field Events Co-MVP - Rebecca Wilson - Asheboro
- Emma Hadley Oak Grove

Coach of the Year - Shawn Loggins - Oak Grove

MEN'S ALL-CONFERENCE

Hunter Creech	Oak Grove	Austin DeGeorge	Central Davidson
Connor Creech	Oak Grove	Jaylyn Smith	Central Davidson
Aiden Edwards	Oak Grove	Brecken Crotts	Central Davidson
Nathan Welborn	Oak Grove	Caleb Lopez	Montgomery Central
Sean McNerney	Oak Grove	Jamari Pemberton	Montgomery Central
Valentino Mark	Asheboro	Cameron Walker	Ledford
Connor Adams	Asheboro	Sawyer Dobbins	Ledford
Nicolas Chavez	Asheboro	Peter Simpson	North Davidson
Lance Everhart	Asheboro	Alston White	North Davidson

Oak Grove	4x100 Relay Team, 4x200 Relay Team, 4x400 Relay Team
Montgomery Central	4x200 Relay Team, 4x800 Relay Team
Ledford	4x100 Relay Team, 4x800 Relay Team
Asheboro	4x400 Relay Team

Sprint Events MVP - Valentino Mark - Asheboro

Distance Events MVP - Hunter Creech - Oak Grove

Field Events MVP - Brecken Crotts - Central Davidson

Coach of the Year - Calvin Keller - Oak Grove