

## 2014 Mid-Piedmont Conference Championship

Apr 30, 2014  
Southern Guilford  
Greensboro, NC

### Women - Team Rankings - 18 Events Scored

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1) Western Guilford	144
2) Ledford	101
3) Asheboro	88
4) Southern Guilford	87
5) Central Davidson	76
6) North Forsyth	39
7) Southwestern Randolph	16

### Results

#### Event 1 Girls Shot Put

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Name	Year	School	Seed	FINALS	Points
<b>FINALS</b>					
1 Nolan, Cassidy	11	Western Guil	33-07.00	34-08.00	10
2 Mabry, Olivia	10	Asheboro	31-00.75	34-03.00	8
3 Everett, Deja	12	Western Guil	30-03.50	31-10.00	6
4 Dawson, Ania	11	Southern Gui	31-10.00	30-08.50	4
5 Russell, Sidney	11	Ledford	31-09.50	29-06.50	2
6 Hughes, Emilie	11	Ledford	27-02.00	27-04.00	1
7 Nichols, Amber	12	Central Davi	27-01.00	27-03.00	
8 Ellison, Sarah	9	Southwestern	26-09.00	27-01.50	
9 Allen, Ashley	10	Asheboro	24-08.00	26-09.00	
10 Trexler, Kaitlyn	9	Central Davi	26-04.00	26-08.00	
11 Davidson, Kirsten	9	Asheboro	24-06.00	25-05.50	
12 Skeen, Kamber	10	Central Davi	24-11.00	25-05.00	
13 Hyman, Sydney	11	Western Guil	24-02.50	23-10.00	
14 Smith, Summer	11	Ledford	24-02.50	19-03.50	
15 Garner, Hannah	11	Southern Gui	18-06.00	18-02.00	

#### Event 3 Girls Discus Throw

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Name	Year	School	Seed	FINALS	Points
1 Dawson, Ania	11	Southern Gui	100-09	103-01	10
2 Russell, Sidney	11	Ledford	99-02	91-00	8
3 Trexler, Kaitlyn	9	Central Davi	86-05	87-09	6

4 Ellison, Sarah	9	Southwestern	72-01	83-03	4
5 Nolan, Cassidy	11	Western Guil	76-06	82-08	2
6 Everett, Deja	12	Western Guil	90-01	80-02	1
7 Nichols, Amber	12	Central Davi	82-03	79-06	
8 Mabry, Olivia	10	Asheboro	76-03	77-01	
9 Mcmath, Melissa	11	Central Davi		75-10	
10 Allen, Ashley	10	Asheboro	62-08	67-00	
11 Lattimore, Ariel	10	Western Guil	70-05	64-11	
12 Williams, Hannah	10	Ledford	68-10	63-01	
13 Smith, Summer	11	Ledford	67-06	62-07	
14 Davidson, Kirsten	9	Asheboro	71-07	58-00	
15 Garner, Hannah	11	Southern Gui	51-02	50-07	

#### Event 5 Girls Long Jump

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Name	Year	School	Seed	FINALS	Points
1 Cefalo, Courtney	11	Ledford	17-04.00	16-08.00	10
2 Jordan, MKayla	11	Asheboro	14-11.50	15-09.50	8
3 Powell, Sydney	10	Ledford	15-06.50	15-06.00	6
4 Trogdon, Jasmine	12	Asheboro	17-02.00	15-04.00	4
5 Gray, Mya	10	Southern Gui	16-01.00	15-03.25	2
6 Evans, SyKonza	10	North Forsyt	14-08.00	15-02.50	1
7 Brake, I'Anndia	12	Western Guil	15-04.00	J15-02.50	
8 Bennett, Imani	10	Southern Gui		14-11.50	
9 Martinez, Rosa	10	North Forsyt		14-07.50	
10 Washington, Sydney	9	Western Guil	14-08.50	12-08.00	
11 Hudson, Sydney	9	Ledford	12-06.50	11-07.50	
-- Davis, Ivana	12	Western Guil	16-01.00	FOUL	

#### Event 7 Girls Triple Jump

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Name	Year	School	Seed	FINALS	Points
1 Trogdon, Jasmine	12	Asheboro	36-10.00	35-10.00	10
2 King, Peolandria	12	Western Guil	34-11.00	34-00.00	8
3 Jordan, MKayla	11	Asheboro	33-07.00	33-03.50	6
4 Cooper, Chantell	12	Southern Gui	33-04.00	33-02.00	4
5 Cefalo, Courtney	11	Ledford	32-09.00	32-07.00	2
6 Brake, I'Anndia	12	Western Guil	31-11.00	31-09.00	1
7 Legrande, Keela	10	Asheboro	30-03.50	29-02.00	
8 Wilson, Courtney	11	Central Davi	27-08.50	25-11.50	
9 Hudson, Sydney	9	Ledford	24-05.75	24-04.00	

#### Event 9 Girls High Jump

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Name	Year	School	Seed	FINALS	Points
1 King, Peolandria	12	Western Guil	5-02.00	5-00.00	10
2 Settle, Makira	12	Asheboro	5-00.00	J5-00.00	8
3 Kauffman, Allison	9	Asheboro	4-10.00	4-10.00	6

4 Bennett, Imani	10	Southern Gui	4-10.00	J4-10.00	4
5 Kirksey, Desia	10	Western Guil	4-08.00	J4-10.00	2
6 Mcmath, Melissa	11	Central Davi	4-08.00	4-08.00	1
-- Berry, Rachel	12	Western Guil	4-08.00	NH	
-- Wilson, Courtney	11	Central Davi	4-08.00	NH	
-- Gray, Mya	10	Southern Gui	4-10.00	NH	

#### Event 11 Girls Pole Vault

Name	Year	School	Seed	FINALS	Points
1 Wilson, Courtney	11	Central Davi	9-00.00	8-06.00	10
2 Hughes, Courtney	11	Central Davi	7-06.00	8-00.00	8
3 Taylor, Melanie	12	Southern Gui	7-06.00	7-00.00	6
4 Skeen, Kamber	10	Central Davi	8-00.00	J7-00.00	4
5 Crumby, Rebekah	12	Southern Gui		5-06.00	2
-- Bullins, Emily	10	Asheboro	NH		
-- Perez, Consuelo	9	Asheboro	NH		

#### Event 13 Girls 4x800 Meter Relay

School	Seed	FINALS	Points
1 Western Guilford	10:54.30	10:52.38	10
1) Branch, Amanda 12 2) Davis, Kayla 9 3) Craven, Alexandria 11 4) Walden, Cheyenne 9			
2 Ledford	11:20.60	10:59.17	8
1) Gross, Tally 10 2) Curran, Samantha 10 3) McGhee, Ashton 10 4) Carter, Allison 10			
3 Southern Guilford	11:08.73	11:06.40	6
1) Gray, Mya 10 2) Mcqueen, D'Miya 9 3) Crumby, Rebekah 12 4) Walden, Daijah 12			
4 Central Davidson	11:15.90	11:08.83	4
1) Holder, Maddison 10 2) Bruff, Olivia 12 3) Mcmath, Melissa 11 4) Bowen, Ali 11			
5 Asheboro	11:51.00	12:18.05	2
1) Callahan, Mattison 12 2) Ascencio, Raquel 11 3) Park, Ashlyn 12 4) Hurley, Carter 9			

#### Event 15 Girls 100 Meter Hurdles

Name	Year	School	Seed	FINALS	H#	Points
1 Mcmillan, Kylie	11	Southern Gui	14.20	14.66	2	10
2 Cefalo, Courtney	11	Ledford	15.94	15.75	2	8
3 King, Peolandria	12	Western Guil	15.94	16.41	2	6
4 Martinez, Rosa	10	North Forsyt	18.23	18.69	2	4
5 Laws, Alivia	10	Central Davi	21.04	20.50	1	2
6 Kauffman, Allison	9	Asheboro	21.41	20.67	1	1
7 Freeman, Delaney	9	Southwestern	20.74	20.95	2	
8 Nichols, Amber	12	Central Davi	20.44	21.19	2	
9 Howie, Ladsha	9	Asheboro	21.34	21.50	1	

#### Event 17 Girls 100 Meter Dash

Name	Year	School	Seed	FINALS	H#	Points
1 Crawford, Courtney	12	Western Guil	12.11	12.61	3	10
2 Evans, SyKonza	10	North Forsyt	12.86	12.97	3	8

3 Foster, June Lisa	12	North Forsyt	12.67	12.98	3	6
4 Copening, Kev'via	10	Ledford	12.74	13.27	3	4
5 Mitchell, Shakoria	10	Asheboro	13.24	13.32	3	2
6 Ramay, Devyn	11	Southern Gui	13.34	13.61	3	1
7 Johnson, Quatierra	11	Asheboro	13.44	13.65	2	
8 Thomas, Tyra	9	Southern Gui	13.64	13.68	2	
9 Legrande, Keela	10	Asheboro	13.34	14.14	2	
10 Terry, Kiana	9	Western Guil	14.44	14.40	1	
11 Pruitt, Jordan	9	North Forsyt	14.14	14.53	2	
12 Freeman, Delaney	9	Southwestern	16.49	15.87	1	
13 Bidlespacher, Sara	9	Southwestern	16.34	15.94	1	

#### Event 19 Girls 4x200 Meter Relay

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School	Seed	FINALS	Points
1 Western Guilford	1:43.81	1:47.02	10
1) Washington, Sydney 9 2) King, Peolandria 12 3) Davis, Ivana 12 4) Crawford, Courtney 12			
2 Asheboro	1:59.20	1:50.08	8
1) Trogdon, Jasmine 12 2) Johnson, Quatierra 11 3) Legrande, Keela 10 4) Mitchell, Shakoria 10			
3 Southern Guilford	1:47.90	1:55.09	6
1) Ramay, Devyn 11 2) Brewer, Micheala 10 3) Thomas, Tyra 9 4) Walden, Daijah 12			
4 Central Davidson	2:01.10	2:05.54	4
1) Skeen, Kamber 10 2) Harvey, Taylor 9 3) Hall, Cameron 11 4) Laws, Alivia 10			
5 Southwestern Randolph	2:10.17	2:26.74	2
1) Currington, erin 9 2) Long, Laura 9 3) Freeman, Delaney 9 4) Kuehl, Madison 9			

#### Event 21 Girls 1600 Meter Run

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Name	Year	School	Seed	FINALS	Points
1 Boger, Emily	10	Ledford	5:40.00	5:36.84	10
2 Bowen, Ali	11	Central Davi	5:46.00	5:38.43	8
3 Branch, Amanda	12	Western Guil	5:50.00	5:50.89	6
4 Cernava, Katy	10	Asheboro	6:03.00	5:52.71	4
5 Walden, Cheyenne	9	Western Guil	5:51.00	5:59.77	2
6 Bruff, Olivia	12	Central Davi	6:14.00	6:11.84	1
7 Godfrey, Lacey	10	Southwestern	6:07.27	6:15.39	
8 Curran, Samantha	10	Ledford	6:32.00	6:27.61	
9 McGhee, Ashton	10	Ledford	6:42.60	6:30.81	
10 Park, Ashlyn	12	Asheboro	6:17.00	6:32.22	
11 Murales, Madlin	9	Asheboro	7:01.00	6:35.51	
12 Bidlespacher, Sara	9	Southwestern	6:41.00	6:47.22	
13 Long, Laura	9	Southwestern	7:21.00	7:36.92	
-- Crumby, Rebekah	12	Southern Gui	5:45.93	DNF	

#### Event 23 Girls 4x100 Meter Relay

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School	Seed	FINALS	Points
1 Asheboro	51.34	52.39	10
1) Legrande, Keela 10 2) Mitchell, Shakoria 10 3) Johnson, Quatierra 11 4) Trogdon, Jasmine 12			

2 Western Guilford 53.54 53.67 8  
 1) Kirksey, Desia 10 2) Terry, Kiana 9 3) Washington, Sydney 9 4) Eller, Briana 10  
 3 Central Davidson 59.94 59.54 6  
 1) Rathmell, Anna 11 2) Harvey, Taylor 9 3) Nichols, Amber 12 4) Hall, Cameron 11  
 4 Southwestern Randolph 57.24 1:03.27 4  
 1) Kuehl, Madison 9 2) Bidlespacher, Sara 9 3) Currington, erin 9 4) Freeman, Lauren 11  
 -- Southern Guilford 51.24 DNF  
 1) Ramay, Devyn 11 2) Bennett, Imani 10 3) Thomas, Tyra 9 4) Mcmillan, Kylie 11

#### Event 25 Girls 400 Meter Dash

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Name	Year	School	Seed	FINALS	H#	Points
1 Davis, Ivana	12	Western Guil	59.89	59.99	3	10
2 Evans, SyKonza	10	North Forsyt	1:02.58	1:02.17	3	8
3 Copening, Kev'via	10	Ledford	59.74	1:02.42	3	6
4 Brewer, Micheala	10	Southern Gui	1:03.27	1:03.42	3	4
5 Mcqueen, D'Miya	9	Southern Gui	1:03.24	1:04.81	3	2
6 Powell, Sydney	10	Ledford	1:03.84	1:05.03	2	1
7 Cooper, Chantell	12	Southern Gui	1:03.29	1:06.34	3	
8 Kirksey, Desia	10	Western Guil	1:03.92	1:07.33	2	
9 Marion, Morgan	11	Ledford	1:07.74	1:09.79	2	
10 Jordan, MKayla	11	Asheboro	1:06.14	1:11.03	2	
11 Dhlamini, Anesu	10	Western Guil	1:13.27	1:14.21	2	
12 Hulin, Haleigh	10	Central Davi	1:13.04	1:15.75	2	
13 Howie, Ladsha	9	Asheboro	1:19.06	1:17.56	1	
14 Brown, Resha	10	North Forsyt	1:24.24	1:25.49	1	

#### Event 27 Girls 300 Meter Hurdles

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Name	Year	School	Seed	FINALS	H#	Points
1 Mcmillan, Kylie	11	Southern Gui	47.77	47.72	2	10
2 Walden, Daijah	12	Southern Gui	47.99	49.24	2	8
3 Cefalo, Courtney	11	Ledford	50.04	49.98	2	6
4 Martinez, Rosa	10	North Forsyt	54.07	54.02	2	4
5 Davis, Kayla	9	Western Guil	55.16	55.11	2	2
6 Kauffman, Allison	9	Asheboro	56.04	55.33	1	1
7 Brake, I'Anndia	12	Western Guil	52.90	55.53	2	
8 Laws, Alivia	10	Central Davi	55.74	56.74	1	
9 Hudson, Sydney	9	Ledford	56.44	58.29	1	

#### Event 29 Girls 800 Meter Run

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Name	Year	School	Seed	FINALS	Points
1 Boger, Emily	10	Ledford	2:34.00	2:31.07	10
2 Branch, Amanda	12	Western Guil	2:31.42	2:33.94	8
3 Godfrey, Lacey	10	Southwestern	2:35.40	2:35.45	6
4 Bowen, Ali	11	Central Davi	2:41.00	2:40.88	4
5 Cernava, Katy	10	Asheboro	2:41.12	2:45.72	2
6 Marion, Morgan	11	Ledford	2:43.02	2:52.63	1

7 Gray, Mya	10	Southern Gui	2:44.00	2:57.35
8 James, Codi	12	North Forsyt	2:56.00	2:57.66
9 Gross, Tally	10	Ledford	2:53.00	3:00.80
10 Craven, Alexandria	11	Western Guil	2:58.34	3:01.53
11 Park, Ashlyn	12	Asheboro	2:56.00	3:02.11
12 Holder, Maddison	10	Central Davi	2:59.00	3:03.79
13 Romero, Karen	9	North Forsyt	3:08.48	3:14.72
14 Long, Laura	9	Southwestern	3:21.75	3:32.06
-- Callahan, Mattison	12	Asheboro	3:08.45	DNF

#### Event 31 Girls 200 Meter Dash

Name	Year	School	Seed	FINALS	H#	Points
1 Crawford, Courtney	12	Western Guil	24.90	25.75	3	10
2 Mcmillan, Kylie	11	Southern Gui	25.32	26.48	3	8
3 Davis, Ivana	12	Western Guil	25.86	26.71	3	6
4 Evans, SyKonza	10	North Forsyt	27.34	26.72	3	4
5 Foster, June Lisa	12	North Forsyt	27.08	27.22	3	2
6 Copening, Kev'via	10	Ledford	26.04	27.23	3	1
7 Mitchell, Shakoria	10	Asheboro	27.84	27.95	2	
8 Cooper, Chantell	12	Southern Gui	28.30	27.98	2	
9 Johnson, Quatierra	11	Asheboro	28.64	28.52	1	
10 Washington, Sydney	9	Western Guil	28.40	28.98	1	
11 Pruitt, Jordan	9	North Forsyt	30.54	29.79	1	

#### Event 33 Girls 3200 Meter Run

Name	Year	School	Seed	FINALS	Points
1 Bowen, Ali	11	Central Davi	12:32.00	12:09.02	10
2 Boger, Emily	10	Ledford	12:34.00	12:28.72	8
3 Walden, Cheyenne	9	Western Guil	12:41.00	12:32.68	6
4 Bruff, Olivia	12	Central Davi	13:26.00	13:39.24	4
5 Callahan, Mattison	12	Asheboro	14:29.36	14:18.08	2
6 Carter, Allison	10	Ledford	14:19.00	14:30.34	1
7 Hurley, Carter	9	Asheboro	14:28.94	14:37.26	
8 Ascencio, Raquel	11	Asheboro	13:57.19	14:53.65	

#### Event 35 Girls 4x400 Meter Relay

School	Seed	FINALS	Points
1 Western Guilford	4:23.40	4:18.99	10
1) Branch, Amanda 12 2) Brake, I'Anndia 12 3) Kirksey, Desia 10 4) Crawford, Courtney 12			
2 Ledford	4:20.00	4:25.76	8
1) Powell, Sydney 10 2) Marion, Morgan 11 3) Boger, Emily 10 4) Copening, Kev'via 10			
3 Asheboro	5:03.80	4:50.72	6
1) Cernava, Katy 10 2) Kauffman, Allison 9 3) Park, Ashlyn 12 4) Jordan, MKayla 11			
4 Central Davidson	4:43.70	4:52.57	4
1) Holder, Maddison 10 2) Harvey, Taylor 9 3) Hulin, Haleigh 10 4) Mcmath, Melissa 11			
5 North Forsyth	4:39.62	5:06.95	2
1) Martinez, Rosa 10 2) Brown, Resha 10 3) Foster, June Lisa 12 4) James, Codi 12			